IN THE NEWS

Anthony Keitt of Ashland is one of the County’s 2019 “Spirit of Volunteerism” award winners. These annual awards recognize some of the County’s most outstanding volunteers. Other winners are pictured on pages 3 and 4.

This little girl was one of many to enjoy the children’s activities at the 2019 Hanover Tomato Festival on a beautiful summer day in July.
Youth

Arts & Crafts

- **Acrylic Santa Painting Workshop for Kids**
  
  Ages: 5 to 17. Tis the season to paint a Santa! Learn how to draw and paint a Santa with a step by step lesson just in time for the holidays! We will be using acrylic paint. All materials included! Aprons will be provided, but please wear appropriate clothing as we may get messy!
  
  **Instructor:** Bee Kreative  
  **Fee:** $35
  
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<td>10:00a-12:00p</td>
<td>Taylor Park</td>
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- **Afterschool Art Club!**
  
  Ages: 5 to 10. Does your child love to watch “DIY” YouTube videos and then try to make what they see...do they make little creative messes...do they enjoy using everyday materials in non-conventional ways? Then sign them up for The Afterschool Art Club! Students will sculpt, glaze, and decorate fairy gnome homes and dreamcatchers out of raw clay, create a handprint bowl, paint pottery pieces, and design a mosaic piece.
  
  **Instructor:** Handy Treasures LLC  
  **Fee:** $95
  
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<td>2:30-3:30p</td>
<td>Rural Point ES</td>
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- **Art for Kids**
  
  Ages: 5 to 15. Calling all kids! Come make some art with Bee Kreative. Learn how to make art with a lot of different art materials. Some projects include acrylic pour art, clay frame weaving, bubble gum self portraits, painted leaves mobiles, acrylic painting on canvas and more! All materials are included! Aprons will be provided, but please wear appropriate clothing as we may get messy!
  
  **Instructors:** Bee Kreative  
  **Fee:** $80
  
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<td>5:30-6:30p</td>
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- **Fall Art Fun with Young Rembrandts**
  
  Ages: 5 to 12. Back-to-school is in full swing at Young Rembrandts, as we present drawing lessons that encompass a fascinating world of color, pattern, and design. Students will strengthen their marker rendering skills as they draw a detailed gumball machine. A drawing of a sandwich will make them hunger for more art. We’ll travel back in time to the age of the pharaohs as we illustrate a decorative, Egyptian headdress. An illustration celebrating the fall season will introduce our colorists to warm and cool colors. All this and more await your child in a Young Rembrandts class! Classes run immediately after school for 1 hour.
  
  **Instructor:** Young Rembrandts  
  **Fee:** $50
  
  Check online at [www.hanoverparksrec.com](http://www.hanoverparksrec.com) for locations and dates.

- **Fall Y’all! Paint Brunch**
  
  Ages: 5 and up. Come paint some bisque pumpkins, leaf dishes, turkeys, owls, acorn jars, and gourd dishes while enjoying some mile and cookies. Listen to a fall story (Wear your pj’s) All supplies are included, just come ready to be creative!
  
  **Instructor:** Handy Treasures LLC  
  **Fee:** $20
  
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<td>3:00-5:00p</td>
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- **Fall Food Favorites**
  
  Ages: 6 to 11. From apple pie muffins to sweet potato frittaffles (fritter marries waffles), students will enjoy learning to prepare Virginia’s finest fall foods!
  
  **Instructor:** Edible Education  
  **Fee:** $107
  
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- **Monster Mash Paint Party**
  
  Ages: 5 and up. Come paint two small Halloween critters, monsters, zombies, football bisque, jack-o-lanterns, witches, and more! Listen to a holiday story, eat some doughnut munchkins, while drinking milk! (wear your pj’s) All supplies are included, just come ready to be creative!
  
  **Instructor:** Handy Treasures LLC  
  **Fee:** $20
  
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<td>10:00a-12:00p</td>
<td>Taylor Park</td>
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- **Winter Wonderland Paint Party**
  
  Ages: 5 and up. Come paint two ornaments or one Santa cookie plate. Listen to some holiday stories and music. Enjoy some milk and cookies while designing your own unique ornaments or cookie plate while eating cookies. (Wear your winter pj’s) All supplies are included, just come ready to be creative!
  
  **Instructor:** Handy Treasures LLC  
  **Fee:** $20
  
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<td>8114 S</td>
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**Cooking**

- **Build a Better Breakfast**
  
  Ages: 6 to 14. Nothing better on a cold autumn morning than a delicious hot breakfast! Students will prepare Power Pumpkin Pancakes with cinnamon pear syrup, turkey sausage rolls and hot apple cider.
  
  **Instructor:** Edible Education  
  **Fee:** $30
  
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- **Cooking**
  
  Ages: 6 to 11. From apple pie muffins to sweet potato frittaffles (fritter marries waffles), students will enjoy learning to prepare Virginia’s finest fall foods!
  
  **Instructor:** Edible Education  
  **Fee:** $107
  
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- **Holiday Happenings**
  
  Ages: 6 to 15. Begin your holiday celebrations learning to make an easy cranberry brie bite, skip to dessert and create a Black Forest Triffle Cake (must be eaten on day of preparation—we are sure that will happen) and make a new family holiday favorite drink creating our Guatemalan Spiced Fruit Punch.
  
  **Instructor:** Edible Education  
  **Fee:** $30
  
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<tr>
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**Registration deadline**

is two weeks before the start of all programs.

*Don’t let your favorite class get cancelled – register early!*
Education Enrichment

✦ Bricks 4 Kidz: Brick Royale
Ages: 6 to 10. Skydive down from a flying bus into a world of brick building! Imagine living in this brick world for a fortnight, and working on a fun mission while you’re here. Students will love building popular game characters, llamas and motorized character models that really dance! This fun game-based program focuses on the fun of building, navigating, and teamwork.
Instructor: Geometric Shapes, LLC
Fee: $16
8057 Sa 9/21 9:00-11:00
Taylor Park
8058 Sa 9/21 3:00-5:00
Pole Green CC

✦ Bricks 4 Kidz: Mining & Crafting
Ages: 6 to 10. Minecraft is a popular game about placing blocks to create anything you can imagine. Students will use LEGO Bricks to build 3-D character models and mosaics including Steve and Creeper and use our Bricks 4 Kidz technical brick kits to build motorized key elements from the world of Minecrafts. Join Bricks 4 Kidz for this fun, hands-on S.T.E.M based program and see how the game of Mindcraft reinforces architecture and engineering.
Instructor: Geometric Shapes, LLC
Fee: $16
8059 Sa 11/9 11:00a-1:00p
Pole Green CC
8060 Sa 11/9 3:00-5:00
Taylor Park

✦ Bricks 4 Kidz: Pocket Brick Monsters
Ages: 6 to 10. Get ready for an adventure in the world of Pokémon®! Capture wild Pokémon® creatures and train them for battle. Improve your accuracy and power as you learn new moves and use special abilities. Tap into your inner engineer as we build Dratini, Pikachu, Poké Balls, and more. Bring your own Pokémon® trading cards if you wish to play and trade at the end of each session. Do you have what it takes to become a Pokémon® Master?
Instructor: Geometric Shapes, LLC Vernon Waller
Fee: $16
8055 Sa 10/12 11:00a-1:00p
Pole Green CC
8056 Sa 10/12 3:00-5:00
Taylor Park

✦ Jr. Robotics WE DO Wild Animals Workshop
Ages: 6 to 12. Using LEGO® bricks and motors, children investigate the behaviors of wild animals as they build and program their creations to move. Students join the LEGO® story characters of Max and Mia and find themselves encountering various animals in their natural habitats. Using the WeDo® software, children will build and program drumming monkey, and dancing birds that move and make sounds. Everyone in this class will have a ROARING good time!
Instructor: Engineering For Kids
Fee: $30
8068 Sa 10/19 9:30-11:30
Taylor Park
8069 Sa 10/19 1:30-3:30
Montpelier CC
8070 Sa 11/6 1:30-3:30
Pole Green CC

✦ Pre-K STEMed Fun
Ages: 3 to 5. Start building those math and science skills with fun and educational hands-on activities. Children will get the opportunity to use problem-solving and critical-thinking skills through science experiments, cooking, LEGO challenges and more! Classes run immediately after school for 1 hour.
Instructor: STEMed, LLC
Fees: $45, additional sibling $36
8124 Th 10/10-11/21* 5:30-6:15
Pole Green CC
*No class 10/31

Go online at www.hanoverparksrec.com
**Petite Feet**

*804 Dance Place*

Ages: 3 to 5. Children will explore movement through music while developing skills and emphasizing growth in kinesthetic awareness, social interaction, concentration, self-esteem, basic dance technique and creative expression. Classes held at 804 Dance Place, located at 10180 Lakerridge Parkway, Ashland.

**Instructor:** 804 Dance Place, LLC  
**Fees:** $60, additional sibling fee $55

8084 T 10/1-10/29 10:45-11:30a  
8085 W 10/2-10/30 10:00-10:45a  
8086 W 10/2-11/6* 5:15-6:00p  
*No class 10/30  
8087 W 11/6-12/11* 5:15-6:00p  
*No class 11/27

**Martial Arts**

**AIM Safety Awareness**

Self-discipline, safety awareness and self-defense instruction by a certified black belt instructor geared to promoting safety, self confidence and when necessary self-defense.

This is a fully belted program offering continued skill building and rank advancement. Each session builds on this foundation and it is recommended that you continue to enroll in subsequent sessions to get the full benefit of the program.

Classes held at Cold Harbor ES.  
*No class 11/27, 12/25 & 1/1  
**Instructor:** Terri Woodruff, AIM  
**Fee:** $35  

**Beginner:** Ages: 4 to 6.  
**6:00-6:40p**

8089 W 10/9-10/30  
8092 W 11/6-12/4*  
8095 W 12/11-1/15*  

**Beginner:** Ages: 7 to 15.  
**6:45-7:25p**

8090 W 10/9-10/30  
8093 W 11/6-12/4*  
8096 W 12/11-1/15*  

**Yellow Belt and above:** Ages: 4 to 15.  
**7:30-8:15p**

8091 W 10/9-10/30  
8094 W 11/6-12/4*  
8097 W 12/11-1/15*

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**Sports & Athletics**

**Tennis: Beginning & Intermediate Tennis**

Come and learn the lifetime sport of tennis! Kids will have a blast as they learn/develop tennis skills though a wide variety of games and drills, in a positive environment of encouragement and laughter. Kids will also have the opportunity to participate in our Challenge Program, an exciting incentive for them to work on their skills. Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor. Classes held at Atlee HS.

**Instructor:** Play Tennis Hanover  
**Fees:** $115, additional sibling fee $100  

**Ages:** 6 to 9  
**6:00-7:10p**

8073 T 9/24-11/12*  
8074 W 9/25-11/6  

**Ages:** 9 to 16  
**7:10-8:20p**

8075 T 9/24-11/12*  
*No class 11/5

**Fees:**

8076 W 9/25-11/6

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**Educational Enrichment**

**Teach My Teen to Speak**

Ages: 14 to 19. Do you notice your teen having difficulty holding conversations, with downcast eyes and mumbled one word answers? Or electronics controlling their daily lives? Students will learn how to make dynamic first impressions, enhance their communications skills, learn to project their voice and control their body mechanics. Personal development helping socially, in class and to nail job and college interviews!

**Instructor:** Cathy Motley-Fitch  
**Fee:** $125  

8111 Sa 10/19 1:00-5:00p

8112 Sa 10/26 9:00a-2:00p

**Intermediate Tennis**

Come and learn the lifetime sport of tennis! Kids will have a blast as they learn/develop tennis skills though a wide variety of games and drills, in a positive environment of encouragement and laughter. Kids will also have the opportunity to participate in our Challenge Program, an exciting incentive for them to work on their skills. Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor. Classes held at Atlee HS.

**Instructor:** Play Tennis Hanover  
**Fees:** $115, additional sibling fee $100  

**Ages:** 6 to 9  
**6:00-7:10p**

8073 T 9/24-11/12*  
8074 W 9/25-11/6  

**Ages:** 9 to 16  
**7:10-8:20p**

8075 T 9/24-11/12*  
*No class 11/5

**Fees:**

8076 W 9/25-11/6

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**Health & Wellness**

**Child and Babysitting Safety with CPR**

Ages: 11 and up. Designed for young people who offer babysitting and child care services in their community. Complete CPR with AED for adult, child and infant will be taught along with everything you need to know regarding babysitting—from getting started to dealing with parents and children, to key safety, caregiving and first aid tips. We will issue your student manual via email prior to you attending class. This program is certified by The American Safety and Health Institute.

**Instructor:** A&J Training Solutions  
**Fees:** $65, additional sibling fee $60  

**8023 Sa 10/26 9:00a-2:00p**

**Taylor Park**

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**Adult**

**Arts & Crafts**

**Angel Acrylic Painting Workshop**

Ages: 16 and up. Tis the season to paint an angel! Learn how to paint an angel with a step by step lesson just in time for the holidays! All materials included! Aprons will be provided, but please wear appropriate clothing as we may get messy!

**Instructors:** Bee Kreative  
**Fee:** $45  

8043 Sa 12/14 1:00-3:00p

**Taylor Park**

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**Chain Maille-Celtic Line Bracelet**

Ages: 18 and up. Fun to make and easy to wear! Chain maille is the interlocking of metal jump rings in a specific pattern to create a beautiful bracelet. This design has a floater ring that goes around other rings but not through any. It is beautiful in a solid color, but we will be doing the bracelet in two tone (sterling silver and gold filled). This is a beginner chain maille weave. All materials included.

**Instructors:** By Celeste LLC  
**Fee:** $95  

8020 T 11/19-11/26 7:00-9:00p

**Pole Green CC**
Intermediate Stained Glass
Ages: 18 and up. This is the perfect class to finish a stained glass project or start a new one. This class allows students to expand/improve their base skills—cutting, grinding, soldering, and finishing. Help is available for designing your own project or for fitting small windows. Projects are limited to those fitting on 2’ x 2’ boards unless approved by instructor. Grinders provided—all other tools/supplies provided by student. Prerequisite: Participants must have completed a beginner’s stained glass class.
Instructor: By Celeste LLC Fee: $90
8021 T 10/1-11/12 7:00-9:00p Pole Green CC

Leaded Stained Glass Panels
Ages: 18 and up. Want to learn the traditional leaded stained glass method? While working on your 8” x 10” panel, you’ll learn how to prepare your pattern, stretch and size lead, and solder your masterpiece together. Join us for this special class. Prerequisite: Participants must have completed a beginner’s stained glass class (copper foil method).
Instructor: By Celeste LLC Fee: $90
8022 T 10/1-11/12 7:00-9:00p Pole Green CC

Resin Pour Workshop
Ages: 16 and up. Learn how to create beautiful Resin Pour Art using a wide array of colored resin and glitter. There will be a demonstration, a practice round and a final pour! Pieces will need to be left to cure for two days. Aprons will be provided.
Instructors: Bee Kreative Fee: $45
8040 Sa 10/19 2:00-4:00p Taylor Park

Holiday Happenings
edible education
Ages: 16 and up. Begin your holiday celebrations learning to make an easy cranberry brie bite, skip to dessert and create a Black Forest Trifle Cake (must be eaten on day of preparation—we are sure that will happen!) and make a new family holiday favorite drink creating our Guatemalan Spiced Fruit Punch.
Instructor: Edible Education Fee: $30
8047 Sa 10/26 10:00a-12:00p Montpelier CC

Cooking

Build a Better Breakfast
Ages: 16 and up. Nothing better on a cold autumn morning than a delicious hot breakfast! Students will prepare Power Pumpkin Pancakes with cinnamon pear syrup, turkey sausage rolls and hot apple cider.
Instructor: Edible Education Fee: $30
8045 Sa 10/12 10:00a-12:00p Pole Green CC

Getting Paid to Talk: Making Money with Your Voice
voice coaches
Ages: 18 and up. Ever been told you have a great voice? From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the growing field of voice over. Learn what the pros look for, how to prepare, and where to find work in your area! We will discuss industry pros and cons and play samples from working voice professionals. In addition, you will have an opportunity to record a short professional script under the direction of our teacher. This class is lots of fun, realistic, and a great first step for anyone interested in the voice over field. For more info please visit: http://www.voicecoaches.com/gptt
Instructor: Voice Coaches Fee: $25
8018 W 10/2 6:30-9:00p Taylor Park

Home Firearms Safety
T.A.C.-Solutions
Ages: 18 and up. TAC-Solutions NRA Home Firearm Safety class takes the mystery out of firearms and is designed to help you take charge of your family’s safety while learning about safe gun handling. Get the basic knowledge and skills to safely handle and store firearms and ammunition in the home with this non-shooting course. Topics include the primary causes of firearms accidents, proper loading and unloading, proper ammunition, cleaning and care of your firearm, and safe storage of firearms and ammunition. Participants will receive a Firearms Safety book and course completion certificate. Do not bring your gun to class. There is no test. This class meets requirements for the Virginia Concealed Carry Permit.
Instructor: TAC-Solutions Fee: $75
8035 M 10/14 6:00-9:00p Pole Green CC

Surviving an Active Shooter
T.A.C.-Solutions
Ages: 18 and up. Learn how to survive an active shooter. Consequences from an Active Shooter incident can be fatal. Protect yourself by creating an emergency action plan by incorporating three basic response options: “Run, Hide and Fight”. Safety experts agree the single most important step toward ensuring your personal safety is to develop a safety plan before you need it. Instructor is a retired Richmond Police Office and former SWAT Team Member.
Instructor: TAC-Solutions Fee: $55
8036 Sa 9/21 2:30-4:00p Taylor Park
8037 Sa 11/16 2:30-4:00p Montpelier CC

The deadline to register for a Program is two weeks prior to its start date.
### Utah Concealed Carry Class

**T.A.C. Solutions**

Ages: 18 and up. Qualify for your Utah non-resident permit that gives you all of the states that Virginia gives you for concealed carry, plus three additional states including Vermont, Delaware, and Washington State. This permit will replace any states that would be lost due to reciprocity issues. Topics include Utah self-defense and firearms laws, civil ramifications, caring open or concealed and much more. Be pro-active not re-active. It could take as long as 120 days for the State of Utah to process your application and issue your permit. SWAT veteran for an instructor in this non-shooting course. Do not bring your gun to class. There is no test. Participants will receive a course completion certificate. This class meets and exceeds the requirements for the Utah non-resident Concealed Carry Permit.

**Instructor:** TAC-Solutions  
**Fee:** $75

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<tr>
<td>Montpelier CC</td>
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<td>Pole Green CC</td>
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### Wilderness First Aid

**A&J Training Solutions**

Ages: 12 and up. Designed to meet or exceed the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition and includes a presentation and a greater focus on hands-on skills and scenario practices. Great for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in wilderness first aid knowledge and skills. Participants will learn about wilderness techniques and work on skill scenarios on day one, followed by a day spent outdoors, using the skills learned to save a life in the wilderness. Certified through The American Safety and Health Institute.

**Instructor:** A&J Training Solutions  
**Fee:** $190

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<td>Hanover Fire/EMS Training Center</td>
<td>Sat &amp; Sun 11/2-11/3</td>
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### First Aid & Safety

#### CPR with AED

Ages: 11 and up. Designed for people who are occupationally required or just desire to have CPR and AED knowledge, such as emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, and parents. Most students simply wish to learn this life saving technique. We will issue your student manual via email prior to you attending class. This class covers adult, child, and infant CPR/AED and the new American Heart Association protocols.

**Instructor:** A&J Training Solutions  
**Fees:** $55, additional family member $50

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<tr>
<td>West Hanover VRS</td>
<td>12/11</td>
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#### Pediatric CPR, AED, and First Aid

Ages: 12 and up. Intended for individuals who desire or are required to be certified in pediatric CPR/AED, and first aid, most notably for those who are child care providers. The goal is to help participants develop the knowledge, skills, and confidence to respond in a medical emergency. We will issue your student manual via email prior to you attending class. Designed to include a significant amount of hands-on skill practice.

**Instructor:** A&J Training Solutions  
**Fees:** $65, additional sibling fee $60

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<td>Ashcake Volunteer Rescue Squad</td>
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### Fitness & Exercise

#### Gentle Yoga

Ages: 15 and up. A mat and standing practice (or mat/Chair/standing hybrid) suitable for beginners and those who want the benefits of yoga without impact on knees/wrists. Focus is on balance, flexibility, breathing, relaxation, self-empowerment, and poses/sequences to navigate and regulate the mind, body, and spirit. This sangha (community) is warm and welcoming! Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

**Instructor:** Cynthia Sinanian  
**Fees:** $37.50, additional family member $32.50

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<td>9/24-10/29</td>
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#### Get Zumba Fit

**ZUMBA fitness**

Ages: 10 and up. Looking for a fitness class that is truly addictive? Zumba is for you! It offers the heart pumping, fat burning, energy building fun you need! Using Latin inspired dance moves and up tempo, catchy beats, this fitness class will have you wanting more! Burn hundreds of calories each class while getting a total body toning workout! Anyone can do it, no dance experience necessary. Ditch the workout, join the party! The class is being held at the following locations:

**Instructor:** Lauren Bew  
**Fee:** $30

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<td>Pearson's Corner ES</td>
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#### Yoga: Relax, Refresh, Restore and Rejuvenate

Ages: 7 and up. Curious about Hatha Yoga? Would you like to learn how to connect your mind and body? Explore your inner peace? Rejuvenate your body? Then this class is perfect for you! And there's no such thing as a "yoga body!" This Integral Yoga style class is appropriate for men and women at all levels, as variations of mat and standing poses will be presented. Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

**Instructor:** Cynthia Sinanian  
**Fees:** $48, additional family member $40

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<tr>
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<td>9/17-10/22</td>
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<td>11/12-2/17</td>
<td>6:00-7:15p</td>
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<tr>
<td>Pearson's Corner ES</td>
<td>9/19-10/24</td>
<td>6:00-7:15p</td>
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<tr>
<td>Pearson's Corner ES</td>
<td>11/7-12/19</td>
<td>6:00-7:15p</td>
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**Intermediate Tennis–Ladies Only**

Ages: 18 and up. This course is designed for ladies who have already taken Ladies Only Beginner Tennis, as well as, for any ladies who already have some experience/skill at tennis. This class will focus more on match play (mostly doubles), but still with an emphasis on fun! Come join us as we play tennis, make friends, and laugh a lot! Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor.

**Instructor:** Play Tennis Hanover

**Fees:** $115, additional family member $100

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<tr>
<td>Atlee HS</td>
<td>8002 M 9/23-11/4 6:30-7:30p</td>
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<tr>
<td>Atlee HS</td>
<td>8003 Sa 9/28-11/9 8:30-9:30a</td>
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For updates and additional programs go to hanoverparksrec.com

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**Senior**

**Arts & Crafts**

**Mega Art Workshop**

Ages: 50 and up. We’ll help you find your artistic niche! In this mega workshop we will be exploring-acrylic painting, watercolor painting, resin pour art, and even some pencil drawing. Guided lessons will be available, but you are always encouraged to make your own art! Aprons and all materials will be provided! Resin Pour Art will need to stay overnight to cure and may be picked up during the week.

**Instructors:** Bee Kreative

**Fee:** $65

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<tr>
<th>Location</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Pole Green CC</td>
<td>8051 Sa 10/12 10:00a-3:00p</td>
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<tr>
<td>Montpelier CC</td>
<td>8052 Sa 12/7 10:00a-3:00p</td>
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**Therapeutic Recreation**

Programs for individuals with disabilities

**In-home support personnel are encouraged to attend program with participant at no cost.**

**Aktion Club**

Ages: 18 and up. The Aktion (pronounced Action) Club, sponsored by the Ashland Kiwanis Club, is a club for persons with intellectual disabilities to work together and provide community service as well as promote leadership and self-esteem and have fun.

**Fee:** $5 7996

Program meets on the following dates:
- Monday September 9, 6:30-8p (Pole Green Community Center)
- Monday October 14, 5:30-7p (private location near Hanover Courthouse Complex)
- Monday November 4, 6:30-8p (Pole Green Community Center)
- Sunday, November 24, 1:15-3:30p to participate in the Ashland Kiwanis Olde Time Holiday Parade

**Community Connection Club**

Ages: 18 and up. Join us for fun activities such as guest speakers, crafts, games, music or other programs. The club, co-sponsored by the Arc of Hanover, meets the second Thursday of each month. Program meets at Duncan Memorial Methodist Church, located at 201 Henry Street, Ashland.

**Fee:** $5 7995

Program meets on the following Thursdays: September 12, October 10, November 14 and December 12

**Halloween Bash**

Ages: 14 and up. Boo! Eek! Come dressed in your costume to the Halloween Bash. Dancing, games and more. We’ll have a Halloween fashion show, costume awards and music by a DJ. Light refreshments will be served. Program meets at Church of the Redeemer, 8275 Meadowbridge Road, Mechanicsville.

**Fee:** $7 7998

**Holiday Social**

Ages: 14 and up. Ho! Ho! Ho! Come join us for an evening of crafts, karaoke-singing of holiday carols, light dinner and more.

**Program meets at First Baptist Church, 800 Thompson Street, Ashland.**

**Fee:** $7 7999

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<th>Time</th>
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<td>6:30-8:30p</td>
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**Terrific Tuesday Club**

Ages: 18 and up. Get moving in the morning with this new club designed for adults with special needs or disabilities. Each month the activities will vary but may include exercise, music, games, craft or more. Program held at Messiah Lutheran Church, located at 8154 Atlee Road, Mechanicsville.

**Fee:** $5 7997

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<th>Time</th>
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**Therapeutic Horseback Riding**

Ages: 4 to 23. Equine assisted therapy classes are offered to individuals with some cognitive, physical, or emotional disabilities. Participants will experience a wide range of benefits from increased flexibility, better balance, greater confidence and self-esteem. Classes held at Tall Cedars Farm, located at 11353 Rocky Ridge Rd, Glen Allen.

**Instructor:** Galloping Acres Foundation Inc.

**Fee:** $260

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<th>Dates</th>
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<tr>
<td>Mechanicsville</td>
<td>8000 M 9/9-10/14 5:30-6:30p</td>
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<tr>
<td>Mechanicsville</td>
<td>8001 M 9/9-10/14 6:30-7:30p</td>
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**For updates and additional programs go to hanoverparksrec.com**
Watercolor Workshop
Ages: 50 and up. Welcome to the wonderful world of watercolor painting! Learn how to use various forms of watercolor tools including paints, pencils, and watercolor pens. After learning how to use the materials, you are welcome to draw and paint independently, or make a step by step watercolor painting with the class.

Instructors: Bee Creative  Fee: $35
8041 Sa 11/23 1:00-3:00p
Pole Green CC
8042 S 12/1 2:00-4:00p
Taylor Park

Gentle Chair Yoga
Ages: 50 and up. This yoga practice uses stretching, breathing, and relaxation techniques to increase balance & flexibility, encourage a positive mind-body relationship, and deepen relaxation. Whether fully in the chair or using it for light support, this gentle yoga practice gives the benefits of traditional Hatha Yoga. Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

Instructor: Cynthia Sinanian
Fees: $37.50, additional family member $32.50
8008 T 9/17-10/22 4:30-5:30p
8009 T 11/12-12/17 4:30-5:30p

Fitness & Exercise

Hobbies & Interests

Pole Green Community Center will be closed December 1-January 5. There will be no club meetings during this time.

Open Art Studio
Red, blue, yellow...What’s on your palette for the day? Grab your canvas and pack your art supplies and join other local artists for fellowship and support while working on your art projects. Artists are self-directed and work independently. Mondays, 10a–2p at Pole Green CC.

Pinochle Club
Playing with two, three or four players and a unique deck of 48 cards, accumulate points by winning tricks or melding a combination of cards.
Club meets on the 2nd and 4th Monday of each month, 9:30a–11:30a at Pole Green Community Center.

Hanover Diners Club
Pre-registration required, as space is limited.
September 3: Anna’s Italian Restaurant, Mechanicsville, 5–6:30p
October 1: Trackside Grill, Ashland, 5–6:30p
November 6: The Federal Club, Glen Allen, 11:30a–1:00p
December 4: Hanover Tavern, Hanover 11:30a–1:00p

Canasta Club
This fun game is a relaxing way to spend time with friends or make some new ones. Club meets each Monday, 12 noon–3:30p at Pole Green Community Center.

Social Bridge
Bridge players with basic knowledge of the game may join fellow players for fun and fellowship. Players will rotate tables throughout the social.
Club meets Tuesdays, 10:00a–3:00p at Pole Green Community Center.

Mah Jongg
Ages: 18 and up. Enjoy the American version of Mah Jongg – a Chinese tile game that is similar to Gin Rummy but uses sets of tiles and score cards that shows sequences needed to compete a winning Mah Jongg hand.
Club meets the 1st Monday of each month, from 9:30–11:30a at Pole Green Park Community Center.

Country School Quilters
The Country School Quilters come together to enjoy, share, learn, and preserve the art of quilting. Meetings are held from 7:00–9:00p on the second Tuesday of each month at Montpelier Park Community Center.
“Sewing Days” are on the second Saturday of each month from 9:00a–4:00p, and the Friday proceeding the second Saturday, from 9:00a–4:00p. The Country School Quilters welcome new members and guests of all skill levels to join them at any time. For more information see http://countryschoolquilters.blogspot.com/.

Euchre Club
Join us for a fun-filled afternoon of playing Euchre. No complicated scoring needed in this action-packed game. All levels of players are welcome.
Club meets at Montpelier Park Community Center the third and fourth Fridays, 1-4p.

Senior Adult Trips

All trips are for active adults, age 50 and older. Bus departs from Courthouse Park. Trip coordinated through SignaTours, Ltd.

Celebrate Fall on Smith Mountain Lake
Trip includes:
Round-trip motorcoach transportation
Sightseeing Boat Ride on the Virginia Dare
Heavy Hors d’oeuvre lunch aboard the Virginia Dare
Visit to Patrick Henry’s Red Hill Home
Admission to Patrick Henry’s Red Hill Visitor Center Museum
Refreshments served aboard the motorcoach
Tax and gratuity on inclusions
Driver gratuity

Fee: $175
Registration deadline: September 27, or as space permits.
8038 F 10/25 7:30a-7:00p

Celebrate the Holidays at The Jefferson Hotel
Trip includes:
Round-trip motorcoach transportation
Delicious Plated Lunch
Tour of our State Capitol Building
Visit to Agecroft Hall
Tax and gratuity on inclusions
Driver gratuity

Fee: $156
Registration deadline: November 8, or as space permits.
8039 W 12/11 9:00a-5:00p
Reserve your free space now for a Hanover Treat or Taylor’s Trick booth. Promote your business/organization while having some SpookieFUN!

**Hanover Treat Booth:** Display pre-approved promotional items about the organization/business and must hand out store-bought individually wrapped candy or novelty promotional items to children visiting booth.

**Taylor’s Tricks Booth:** Provide pre-approved, interactive game(s) with prizes or hand-on activities with take aways for children (i.e. make and take crafts).

All necessary supplies, equipment and staffing are the responsibility of the SpookieFUN Zone participant. Booth information Booth space is 15 x 15. No access to electricity and/or water. Generators are prohibited at this event. All tents, chairs, tables and other items needed for your space are your responsibility, unless otherwise agreed upon. Tent must be weighted/anchored down. Organization is responsible for setting up, staffing the booth for the entire event, and the removal of all items upon the conclusion of the event. The sale of items, including food and beverage is prohibited.

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**SpookieFUN Zone**

**Business/Organization Sign up!**

Pole Green Park Friday, October 18, 5:00 – 8:30 pm

Poor Farm Park Saturday, October 19, 5:00 – 8:30 pm

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**ENROLL AND PAY ONLINE TO GUARANTEE YOUR SPACE**

**HANOVERPARKSREC.COM**

Or submit completed form to Hanover County Parks & Recreation

Mail: 13267 Taylor Complex Lane, Ashland, VA 23005
Fax: (804) 395-4666
Email: parksandrec@hanovercounty.gov

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**Photo Waiver** Initial here

I hereby fully consent to allow Hanover County Parks and Recreation to use photographs taken during this program by publicly purposed.

**Email Communication** Initial here

I would like to receive occasional email communications about Hanover County programs, services and events. By agreeing to receive the above email communication, I understand my email address will NOT be disclosed to any other organization and may be used by the service at any time.

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**Allergies/medical conditions/special accommodations:**

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**Participant or Parent/Guardian Signature:**

**Date:**

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**Program and Participant Information:**

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
<th>Birth Date</th>
<th>Grade</th>
<th>Gender</th>
<th>Program</th>
<th>Program Title</th>
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**Participant Emergency Contact (Name):**

**Home:**

**Cell:**

**Pre-payment required to complete registration**

- [ ] Cash (please bring correct change. cash accepted only at the Taylor Complex Office)
- [ ] Check (Make payable to Hanover County)
- [ ] Credit Card (Please DO NOT provide your card number on this registration form. Please provide us with your contact information where we can call during business hours to securely receive your payment information.)

**Name:**

**Phone Number:**

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**Hanover County Parks & Recreation**

**hanoverparksrec.com**

**parksandrec@hanovercounty.gov**

**Fax: (804) 395-4666**

**Phone: (804) 395-7180**
VROOM! VROOM! Get ready to see the chrome, shine and era glory as the classics come rumbling onto the blacktop. ‘Make the Scene’ as we take a step back in time to the Cruise In days when the parking lots fill with beautiful classic automobiles (pre-1993) while the sounds of the 50’s, 60’s and 70’s play in the background.

Free and open to the public. Sponsored goodie items available to the first 200 classics that Cruise In.

Classic automobile owners: Make sure you claim ‘dibs’ on your space at the Cruise In. Door prize drawings will be held throughout the evening to those owners that drive their classic to the Cruise In.

Register your classic online, program # 7990

$20 registration, includes play in one division, light refreshments throughout the day, lunch and a t-shirt.

The weather outside may be frightful, but inside Cool Spring Recreation Ministry it’s heating up for our Polar Pickleball Tournament! Competition will follow a double elimination format with games played to 11 points. Awards will be presented to the top 3 teams in each division.

Divisions:
- Men’s, Women’s & Mixed Doubles
- Senior (50-69) and Super Senior (70 and up)

Schedule:
- Thursday, December 5
  Men’s and Women’s Doubles
  (program # 7993)
- Friday, December 6
  Mixed Doubles
  (program # 7994)
Disaster plan workshop on Sept. 7

When seconds count, being prepared is critical. Your household may not be together in an emergency, so it is important to plan in advance.

A Plan Safe Disaster Preparedness Workshop will be held at the Hanover Government Building on Saturday, September 7. This highly interactive workshop will teach you how to be better prepared as an individual or family.

The program will begin at 9 a.m. and last approximately 3 hours. Each household will receive a free Plan Safe Kit Preparedness Backpack upon completion.

To register or get more information go to https://planrva.org and search Training and Workshops.

September 9 deadline for Harris Award nominations

Hanover’s Community Services Board is excited to announce that the nomination period for the 2019 Jean C. Harris Award for Excellence is now open.

The “Harris Award” is given annually to Hanover-based individuals, families or groups that demonstrate outstanding contribution in the areas of intellectual/developmental disabilities, mental health, and/or substance use. Since many individuals, families and groups are making a difference in these areas, up to three awards will be given this year.

Go to the website at www.hanovercounty.gov/675/Jean-C-Harris-Award or call 365-4222 to get the nomination form. Nominations are due by September 9.

Please consider nominating those whose work today follows in Mrs. Harris’s footsteps of advocacy and care for those in need in Hanover County. The challenges are great and their work is invaluable.

Join Taylor, the Hanover Parks and Recreation’s lovable mascot, and some of his famous friends for a SpookieFUN time. Come in your best costume and don’t forget to bring your trick or treat bag!

SpookieFun scheduled activities:
- DJ Luke in the Monster Mash Dance area with a special performance by the Richmond Urban Dance group
- Rides and inflatables
- SpookieFUN games
- The Game Patrol
- Casper’s FUN Area (ages 5 and under)
- *Flashlight Candy Hunt (ages 6-12) *requires additional fee

Trick or Treat in Hanover Treats area or do activities/crafts in Taylor’s Tricks area with participating local businesses and organizations.