



the **hanover** *review*

HANOVER COUNTY: PEOPLE, TRADITION AND SPIRIT

WINTER 2019



IN THE NEWS



Aubrey "Bucky" Stanley was re-elected to his record 10th term on the Board of Supervisors last month. Mr. Stanley was first elected in 1983

and is the longest-serving Board member.

Nearly 8,000 kids of all ages attended "Taylor's SpookieFUN Fest" at Pole Green Park and Poor Farm Park just before Halloween, including this cute kid who had a very creative costume! This activity is one of the most popular events offered by Hanover County Parks & Recreation and is in its 6th year.

Hanover County VA
PARKS & RECREATION

**Discover
Recreation!**

See page 11 for
winter programs
and events.

Hanover County VA PARKS & RECREATION

Register online: hanoverparksrec.com

Social Media: Search
HanoverParksRec on



Administrative Office & Mailing Address:

Hanover Parks & Recreation
13017 Taylor Complex Lane
Ashland, VA 23005

Monday - Friday 8:30 a.m. to 5:00 p.m.
(804) 365-7150 • Fax (804) 365-4696
E-mail: parksandrec@hanovercounty.gov

Pole Green Community Center
8996 Pole Green Park Lane
Mechanicsville, VA 23116
Mon & Tues 8:30 a.m.-4:30 p.m.

Athletic Field Weather Hotline:
(804) 365-4698

Hearing Impaired:
Dial 711 (Virginia Relay) for assistance

Youth

Arts & Crafts

► Afterschool Art Club



K-5th graders. Does your child love to watch "DIY" YouTube videos and then try to make what they see? Do they make little creative messes and use everyday materials in non-conventional ways? Then sign them up for Afterschool Art Club!

Instructor: Bee Kreative

Fee: \$75

Classes meet immediately after school for 60 minutes

1668 Tu 1/28-3/10, except 2/25, 3/3
Kersey Creek ES

1669 W 1/29-3/11 Rural Point ES

1750 Tu 1/28-3/10, except 2/25, 3/3
Henry Clay ES

Look online at www.hanoverparksrec.com for more sessions starting in April.

► Art for Kids



Age: 5-16. Learn how to make art with different art materials. Some projects include bleeding tissue paper self portraits, yarn mosaics, melted crayon mixed media art, beaded spring trees, and faux stained glass painting! All materials are included and aprons will be provided, but please wear appropriate clothing as we may get messy!

Instructor: Bee Kreative **Fee:** \$80

1684 Th 3/26-5/7, except 4/9
5:30p-6:30p Pole Green Park CC

► Young Rembrandts Winterrific Draw-tooning



K-5th graders. Start 2020 off with a bang! Funny expressions and hilarious animals are just a few cartoon pieces students will create. Students will master perspective and personality as they complete challenging drawings. There's no better way to shake the winter blues.

Instructor: Young Rembrandts **Fee:** \$75

Classes meet immediately after school for 60 minutes

1704 Tu 1/28-3/17, except 2/25, 3/3
Laurel Meadow ES

1705 M 2/3-3/9 Henry Clay ES

1706 W 2/5-3/18, except 2/26

Elmont ES

1707 Th 2/6-3/12 Mechanicsville ES

1708 Th 2/6-3/12 South Anna ES

1709 F 2/7-3/13 Cool Spring ES

Look online at www.hanoverparksrec.com for more Young Rembrandts sessions starting in April.

Cooking

► Adult/Child Cooking



Ages: 6 and up, parent required to participate with registered child. It's more fun to cook with someone you love! Our adult/child cooking classes are for parents, grandparents, aunts, uncles, older siblings, anyone that wants to cook up some memories with a child.

Instructor: Edible Education
Fee: \$50, per child (parent participation required)

1749 Sa 2/8 12:00p-2:00p
Pole Green Park

► Donut Wars



Ages: 8-14. Bring your competitive baking game, as you will compete with your classmates to see who makes the most creative donuts!

Instructor: Edible Education **Fee:** \$25

1752 Sa 1/25 10:00a-12:00p
Pole Green Park

► Spectacular Snowman Snacks



Ages: 6-14. Celebrating all things frozen! Come and make fun snowman inspired recipes like snowman shaped pizzas to melted snowman veggies and dip to snowdrop cookies.

Instructor: Edible Education **Fee:** \$30

1753 Sa 2/1 10:00a-12:00p
Taylor Park

► Sweet Heart Baking



Ages: 6-14. It's not too late to celebrate love in food form! Come and bake valentine cookies and tarts to share with the ones you love.

Instructor: Edible Education **Fee:** \$30

1754 Sa 2/15 10:00a-12:00p
Pole Green Park

Educational Enrichment

► Bricks 4 Kidz



K-5th graders. Using axles, gears, motors and bricks, our project kits educate children by reinforcing STEM-based principles. We will build models that have been planned and designed by engineers and architects to help self-esteem, improve fine motor skills and teach important classroom lessons. Of course the most important part, our fully motorized models are fun!

Instructor: Bricks 4 Kidz **Fee:** \$75

Classes meet immediately after school for 60 minutes

1714 Tu 1/28-3/17, except 2/25, 3/3
South Anna ES

Look online at www.hanoverparksrec.com for more sessions starting in April.

Spring Break Fun!

► Little Kookers Spring Break Camp



Ages 5-12. Spend the morning with Little Kookers whipping up delicious meals. Menus for the week include homemade pancakes, french toast, pizza, chicken stir fry and much more.

Instructor: Little Kookers **Fee:** \$160

1764 M-F 4/6-4/10 8:00a-1:30p
Taylor Complex

► Spring Break Sampler Camp

Join us for a fun filled week of activities that will make Spring Break your favorite time of year. An entire week of the same topic can get old by day 3, so we are building a schedule that will give campers a wide variety of activities. Sports, arts and crafts, science, outdoors, cooking/baking and more! Your child will have plenty to share with you everyday at this cornucopia of a camp!

Fee: \$185

M-F 4/6-4/10 9:00a-5:00p
Pole Green Park CC

Ages: 6-9 1742 | **Ages: 10-12** 1751

► **Engineering Adventures**



K-5th graders. So you want to be an engineer or architect? Join us as we put our engineering skills to the test to build bridges, buildings, vehicles and more. We'll learn about different types of careers for you to explore. Do you like to design cities? You might become an urban architect one day! Do you want to build bridges? Then civil engineering might be the job for you!

Instructor: Bricks 4 Kidz **Fee:** \$55

Classes meet immediately after school for 60 minutes

1737 F 1/31-2/21/2 Kersey Creek ES
1738 F 3/6-4/3, except 3/27, 4/10 Washington-Henry ES

► **Laws of Motion**



K-5th graders. Learn about "Laws of Motion" made famous by Sir Isaac Newton through inertia and mass by launching paper footballs

at targets with the catapult model, give mini-figures a ride on motorized see-saw and swing-o-rama rides, and practice telling time by building the clock model.

Instructor: Bricks 4 Kidz **Fee:** \$55

Classes meet immediately after school for 60 minutes

1736 Tu 1/28-2/18 Battlefield Park ES

Look online at www.hanoverparksrec.com for more sessions starting in May.

► **LEGO Spectacular Sports**



Get "sporty" by focusing on the importance of physical fitness and different aspects of fitness, such as stamina and strength. Your models will move as

they're built-hitting a plastic golf ball with the mini-golf model, the gymnast spins around the bar, and shoot bricks in the hoop on the basketball model.

Instructor: Bricks 4 Kidz **Fee:** \$55

Classes meet immediately after school for 60 minutes

1716 M 1/27-2/17 Cold Harbor ES

Look online at www.hanoverparksrec.com for more sessions starting in May.

► **Nature Explorers**

Ages: 8-12. Enjoy this introduction to nature and the environment around us with fun, interactive activities and nature-based crafts and projects. Children will gain a greater familiarity with the natural world and environment around them, be more knowledgeable and have an appreciation for the natural world, and develop an understanding of how we can protect nature and the environment.

Instructor: Christopher Cowan **Fee:** \$40

1760 Sa 2/29 9:00a-12:00p Pole Green Park

1761 Sa 3/21 9:00a-12:00p Montpelier Park

RECRUITING INSTRUCTORS FOR SUMMER CAMPS AND CLASSES

parksandrec@hanovercounty.gov

► **STEMed Club**



K-5th graders. Join your friends for a weekly STEM Challenge! Enhance math

and science skills through exciting hands-on educational activities. Children will get the opportunity to use problem-solving and critical-thinking skills through science experiments, LEGO challenges and more!

Instructor: STEMed **Fee:** \$75, additional sibling \$67.50

Classes meet immediately after school for 60 minutes

1695 F 2/7-3, except 2/28

Battlefield Park ES

1687 M 2/10-3/23, except 2/24

Elmont ES

1689 M 2/10-3/23, except 2/24

Laurel Meadow ES

1690 Tu 2/11-3/31, except 2/25, 3/3

Cold Harbor ES

1691 Tu 2/11-3/31, except 2/25, 3/3

Mechanicsville ES

1692 W 2/12-3/25, except 2/26

Cool Spring ES

1693 W 2/12-3/25, except 2/26

South Anna ES

1694 Th 2/6-3/19, except 2/27

Kersey Creek ES

1696 F 2/7-3, except 2/28

Rural Point ES

Look online at www.hanoverparksrec.com for more sessions starting in April.

Fitness & Exercise

► **Parent and Me Dance**



Ages: 1yr 6m-3 years.

Introduce your little one to dance class with you by their side! Your dancer will

begin to learn the basics of dance, along with rhythm work, listening and social skills, all while having fun! Mom or dad, grandparents or babysitter is required to attend with child. Classes held at 804 Dance Place, located at 10180 Lakeridge Parkway, Ashland.

Instructor: 804 Dance Place

Fees: \$45, additional sibling \$40

1566 Tu 2/11-3/10 10:00a-10:30a

1575 Tu 2/11-3/10 5:45p-6:15p

1579 W 2/12-3/11 11:30a-12:00p

1611 Tu 3/17-4/21 10:00a-10:30a

1612 Tu 3/17-4/21 5:45p-6:15p

1613 W 3/18-4/22 11:00a-11:30a

► **Petite Feet Dance**



Ages: 3-5. Children will explore movement through music while developing skills and emphasizing

growth in kinesthetic awareness, social interaction, concentration, self esteem, basic dance technique and creative expression. Classes held at 804 Dance Place, located at 10180 Lakeridge Parkway, Ashland.

Instructor: 804 Dance Place

Fees: \$60, additional sibling \$55

1570 W 2/12-3/11 10:00a-10:45a

1614 W 2/12-3/11 5:15p-6:00p

1615 W 3/18-4/22 10:00a-10:45a

1616 W 3/18-4/22 5:15p-6:00p

► **Tutu Duo - Jazz/Tap**



Ages 6-8. Your child will be introduced to basic jazz techniques and tap skills, explore movement through

music, and get dancing to the latest upbeat tempo music. No experience necessary. Classes held at 804 Dance Place, located at 10180 Lakeridge Parkway, Ashland.

Instructor: 804 Dance Place

Fees: \$70, additional sibling \$65

1619 M 2/10-3/9 6:00p-7:00p

1621 M 3/16-4/20 6:00p-7:00p



GET UP AND GO!

HEALTHY KIDS RUNNING SERIES

MECHANICSVILLE, VA

Sundays: April 5, 19, 26, May 3, 17

4:30pm - 5:30pm

Pole Green Park

Details and registration online at www.healthykidsrunningseries.org

\$35 registration fee for the 5 week series

Single race \$10 options available on site

For more information, please contact Michael Hobson at 804.442.6460 or hkrsmechanicsville@gmail.com

Martial Arts

► AIM Safety Awareness



Self-discipline, safety awareness and self-defense instruction by a certified black belt instructor geared to promoting safety, self-confidence and when necessary

self-defense. This is a fully belted program offering continued skill building and rank advancement. Each session builds on this foundation and it is recommended that you continue to enroll in subsequent sessions to get the full benefit of the program. Classes held at Cold Harbor ES.

Instructor: AIM USA **Fee:** \$35

Beginner: Ages: 4-6. 6:00-6:40p

1672 W 1/29-2/19

1675 W 3/4-3/25

1678 W 4/1-4/29

Beginner: Ages: 7-15. 6:45-7:25p

1673 W 1/29-2/19

1676 W 3/4-3/25

1679 W 4/1-4/29

Yellow Belt and above: Ages: 4-15.

7:30-8:10p

1674 W 1/29-2/19

1677 W 3/4-3/25

1680 W 4/1-4/29

Look online at www.hanoverparksrec.com for more sessions starting in May.

Sports & Athletics

► Sports Spectacular



K-5th graders. Let's play! Save the best for last by finishing up the school day with Sports Spectacular,

featuring the best "to-do" list ever: basketball, soccer, flag football, kickball, capture the flag, wiffle ball, bump and bite, knights and dragons, numbers game, tag games, safe base and more! OTA covers all the bases with our emphasis on playing, teamwork, sportsmanship, and fitness.

Instructor: Overtime Athletics **Fee:** \$85

Classes meet immediately after school for 60 minutes

1743 M 2/3-3/9 Cool Spring ES

1744 Tu 2/4-3/17, except 3/3

Rural Point ES

1745 W 2/5-3/11 Henry Clay ES

1747 Th 2/6-3/12 John M. Gandy ES

1748 F 2/7-3/13 Kersey Creek ES

Pole Green Community Center

will be closed for renovations from November 27 through January 21

► Cardio Tennis



Ages: 6-17. Do you love tennis? Are you sad that you can't play when there is snow on the ground or it is too cold? This fun, active, energy-burning

workout incorporating lots of tennis moves, by playing fun games, using tons of music, and having lots of fun. Get in shape for the spring season, burn off some energy in the cold months, and have a great time doing it! Classes held at Kersey Creek ES.

Instructor: Play Tennis Hanover

Fees: \$100, additional sibling \$90

1717 W 1/15-2/19 6:00p-7:00p

1718 W 1/15-2/19 7:00p-8:00p

► Tennis for Kids



Come and learn the lifetime sport of tennis! Kids will have a blast as they learn/develop tennis skills though a wide variety of games and drills, in a

positive environment of encouragement and laughter. Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor. Classes held at Chickahominy MS.

Instructor: Play Tennis Hanover

Fees: \$115, additional sibling \$100

Ages: 6-9

1719 Tu 4/14-5/26 6:00p-7:10p

1721 Th 4/16-5/28 6:00p-7:10p

Ages: 9-16

1720 Tu 4/14-5/26 7:10p-8:20p

1722 Th 4/16-5/28 7:10p-8:20p

Teen

Arts & Crafts

► Resin Pour Art



Age: 14-19. Learn how to mix resin pigments and epoxy to create a beautiful resin pour piece for your house. All materials provided including gloves and aprons.

Pieces will need to stay and cure for two days.

Instructors: Bee Creative **Fee:** \$45

1664 Sa 2/22 1:00p-2:30p

Pole Green Park CC

Sports & Athletics

► Arena Soccer Tournament

Come out for Futsal fun! Fast paced and strategic, arena soccer (or futsal) is a blast to watch and even more fun to play! No goalies in this game, so everyone get your field game going. Team up with some friends for 3-v-3 games (rosters limited to 4 players), or sign up as free agent and we'll place you with a team. This Arena Soccer Tournament should have you on the edge of your seat.

Teams will play a minimum of 2 pool play games, followed by a single elimination tournament.

Waters, sports drinks and light snacks provided for players.

Fee: \$15 per player, sign up as a free agent or team member

Sa 3/28 Courthouse Park

Ages: 11-14

MS Division 1756 9:00a-1:00p

Ages: 14-18

HS Division 1757 1:00p-5:00p

► Ultimate Frisbee Tournament

Join us, along with Richmond Youth Ultimate Outreach for some Ultimate at Poor Farm Park! One of the fastest growing sports in the nation, Ultimate is fast paced fun for everyone. Grab a few of your friends and make your team of 6 (rosters limited to 8 players) or sign up as free agent and we'll place you with a team.

Teams will play a minimum of 2 pool play games, followed by a single elimination tournament.

Waters, sports drinks and light snacks provided for players.

Fee: \$15 per player, register as a free agent or member of a team

Sa 4/25 9:00a-5:00p Poor Farm Park

Ages: 11-14

Ages: 14-18

MS Division 1758 | HS Division 1759

Adult

Arts & Crafts

► Acrylic Painting



Ages: 18 and up. Learn how to make colorful works of art using the acrylic pour technique. Paintbrushes not needed. Instead, let gravity make your art for you. The result is a stunning canvas full of fluid flows of paint with no brush marks. Aprons will be provided.

Instructors: Bee Creative

Fees: \$40, senior adult (50 and up) \$35

1662 Su 3/29 1:00p-2:30p

Montpelier Park CC

► Beginner Stained Glass

Ages: 18 and up. Have you ever wanted to create a stained glass piece? Here's your chance to learn the introductory skills of working with stained glass using the copper foil method. We'll cover glass selection and cutting, grinding, copper foiling and soldering. You'll take home an 8" x 10" window panel to enjoy. Tools and equipment are provided during class. A list of additional supply needs will be provided at the first class (glass, foil and solder). Plan to spend approximately \$25 - \$30 on glass, depending on your taste.

Instructors: By Celeste LLC **Fee:** \$90

1607 Tu 2/4-3/31, except 3/10, 3/17
7:00p-9:00p Pole Green Park CC

► Chain Maille

Ages: 18 and up. The sterling silver Double Spiral Rope Bracelet is a classic chain maille weave. It is fun to make and works up quickly. It will keep its twist pattern without having to re-twist each time you wear it. Attractive yet subtle, this will definitely make a lasting impression. It is a beginner weave and can be worn by men or women. Bring your good eyesight and a "can do" attitude and leave the class wearing this beautiful bracelet. All materials and tools included.

Instructor: By Celeste LLC **Fee:** \$65

1610 Tu 4/14-4/21 7:00p-9:00p
Pole Green Park CC

► Intermediate Stained Glass

Ages: 18 and up. Expand/improve your base skills - cutting, grinding, soldering and finishing. Help is available for designing your own project or for fitting small windows. Projects are limited to those fitting on 2' x 2' boards unless approved by instructor. Grinder provided - all other tools/supplies provided by student.

Prerequisite: Participants must have completed a beginner's stained glass class.

Instructor: By Celeste LLC **Fee:** \$90

1608 Tu 2/4-3/31, except 3/10, 3/17
7:00p-9:00p Pole Green Park CC

► Watercolor Painting

 Ages: 18 and up. Welcome to the wonderful world of watercolor painting! Learn how to use water to mix colors and apply them to your paper instead of just dipping your brush into paint. Create visually stimulating works of art where water is the key ingredient to your masterpiece. All supplies are included!

Instructor: Bee Kreative

Watercolor for Beginners

Fees: \$50, senior adult (50 and up) \$40

1661 Su 2/23 1:00p-3:30p
Pole Green Park CC

Watercolor Painting Workshop

Fees: \$45, senior adult (50 and up) \$35

1663 Sa 4/11 1:00p-3:00p
Pole Green Park CC

Educational Enrichment

► Concealed Carry Class

T.A.C. - Solutions

Ages: 18 and up. Learn strategies on how to avoid an encounter, how to win if you have to pull your weapon, how to stay safe from harm and most importantly use the muscle memory to implement the strategies. This class meets and exceeds the requirements for the Virginia Concealed Carry Permit.

Instructor: TAC-Solutions **Fee:** \$75

1617 M 1/13 5:30p-9:30p
Taylor Park

1618 Sa 1/25 2:30p-6:30p
Montpelier Park

1620 Sa 2/1 2:30p-6:30p
Pole Green Park

1622 M 2/10 5:30p-9:30p
Montpelier Park

1624 Sa 3/7 2:30p-6:30p
Taylor Park

1625 M 3/9 5:30p-9:30p
Pole Green Park

Check online at www.hanoverparksrec.com for more sessions scheduled in April and May.

► Getting Paid to Talk: Making Money with Your Voice

voicecoaches

Ages: 18 and up. Ever been told you have a great voice? From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the growing field of voice over. Learn what the pros look for, how to prepare, and where to find work in your area!

Instructor: Voice Coaches **Fee:** \$25

1630 Tu 2/11 6:30p-9:00p
Pole Green Park

► Hazardous Materials in the Home

Ages: 16 and up. Many household products contain chemicals which may be considered hazardous. What are these products? How should I handle these products? What do I need to do when it is time to dispose of them? This program discusses these topics, providing attendees with a greater awareness.

Instructor: Christopher Cowan **Fee:** \$10

1658 W 1/15 5:30p-7:00p
Pole Green Park

1659 W 3/18 5:30p-7:00p
Taylor Park

1660 W 4/22 5:30p-7:00p
Montpelier Park

► Home Firearms Safety

T.A.C. - Solutions

Ages: 18 and up. TAC-Solutions NRA Home Firearms Safety class takes the mystery out of firearms. Become familiar with all types of firearms in a relaxed classroom environment. Learn to feel totally at ease in safely handling a gun. Only the instructor brings a firearm to class. It is unloaded.

Instructor: TAC-Solutions **Fee:** \$75

1623 Sa 2/15 2:30p-6:30p
Pole Green Park

► What's in the Water?

Ages: 16 and up. What happens when I pour rinse water or wash water in the ditch in front of my house or pour it down the storm drain? This educational program discusses stormwater pollution, and how people can make a positive difference in our watershed's water quality.

Instructor: Christopher Cowan **Fee:** \$10

1654 Tu 2/11 5:30p-7:00p
Pole Green Park

1655 Tu 3/17 5:30p-7:00p
Montpelier Park

Look online at www.hanoverparksrec.com for more sessions scheduled in April and May.

► Writing Your Way to a Draft

Ages: 18 and up. Do you have a story to tell but don't know where to start? A line of dialog stuck in your brain or a descriptive phrase that haunts you? This creative writing workshop will help you dig into your imagination and produce a refined draft.

Instructor: Elizabeth Rabin **Fee:** \$25

1606 Sa 3/21 12:00p-4:00p
Taylor Park

Cooking

Check out our Adult/Child cooking class with Edible Education listed in the youth cooking section.

Fitness & Exercise

► Adult Ballet

804 DANCE PLACE

Ages: 18 and up. Come learn and enjoy the classic style of ballet. Each class will focus on barre and center work, building confidence, and is perfect for the new dancer or those needing a refresher course. Classes held at 804 Dance Place, located at 10180 Lakeridge Parkway, Ashland.

Instructor: 804 Dance Place **Fee:** \$50

1596 M 2/10-3/9 7:00p-8:00p

The deadline to register for a Program is two weeks prior to its start date.

► **Adult Tap**



Ages: 18 and up. Come learn and enjoy the classic style of tap dancing. Classes cover both rhythm and

Broadway styles of tap to create a well-rounded rhythmic artist. Focusing on the basics and fundamentals of tap, this class is perfect for the new dancer or those needing a refresher course. Classes held at 804 Dance Place, located at 10180 Lakeridge Parkway, Ashland.

Instructor: 804 Dance Place **Fee:** \$50
1595 W 2/12-3/11 7:15p-8:15p

► **Fit Body Burn**

Ages: 13 and up. Transform your body by burning calories, sculpting and toning muscles, increasing cardiovascular endurance and flexibility. Each class will offer something different, so you won't get bored. Beginners are welcome and modifications will be given for those who need it. Classes held at Cold Harbor ES.

Instructor: Tammy Poore

Fees: one day/wk \$48, two days/wk \$65
1641 Tu, Th 1/28-2/20 6:15p-6:45p

Fees: one day/wk \$45, two days/wk \$58
1642 Tu, Th 3/5-4/2, except 3/19
6:15p-6:45p

► **Fit Body Pilates**

Ages: 13 and up. Join us for a strengthening, muscle toning and mind-body work out. We will use a variety of props such as small flexibility balls, resistance bands and light hand weights to enhance and maximize results.

Beginners are welcome and modifications will be given for those who need it. Must be able to get on the floor and do mat work. Classes held at Cold Harbor ES.

Instructor: Tammy Poore

Fees: one day/wk \$48, two days/wk \$65
1644 Tu, Th 1/28-2/20 7:00p-7:30p

Fees: one day/wk \$45, two days/wk \$58
1645 Tu, Th 3/5-4/2, except 3/19
7:00p-7:30p

► **Get Zumba Fit**



Ages: 10 and up. Looking for a fitness class that is truly addictive?

Zumba is for you! It offers the heart pumping, fat burning, energy building fun you need! Using Latin inspired dance moves and up tempo, catchy beats, this fitness class will have you wanting more! Classes held at Kersey Creek ES.

Instructor: Lauren Bew **Fee:** \$35

1600 Th 1/16-2/13 7:00p-7:45p

1601 Th 3/5-4/16, except 3/26, 4/9
7:00p-7:45p

SHARE YOUR PASSION!

NOW ACCEPTING APPLICATIONS FOR SUMMER CAMP STAFF (REC AIDES, THERAPEUTIC AIDES AND LEADERS-IN-TRAINING)

WWW.HANOVERCOUNTYJOBS.COM



► **Line Dancing for Newbies, Beginners and Beyond**

Ages: 16 and up. Get movin' and groovin' to a variety of music. It will be the most fun you've ever had. Open to all levels of dancing! Classes held at Pole Green ES.

Instructor: Betty Weeks **Fee:** \$45
1603 W 1/22-2/26 6:30p-7:30p
1604 W 3/4-4/15, except 4/8
6:30p-7:30p

► **REFIT for the Family**



Ages: 7 and up. REFIT is a life-changing group fitness experience that rocks your body, heart, and soul with powerful moves and positive music, to inspire you from the inside out. Powered by human

connections, we turn boring, have-to workouts into a can't-miss community fitness experience! Adult participation is required with children under 13. Classes held at Washington Henry ES.

Instructor: REFIT by Sarah Renner

Fees: \$36, child with paying parent \$10
1597 Tu 1/14-2/18 6:30p-7:30p
1598 Tu 3/3-4/14, except 4/7 6:30p-7:30p
1599 Tu 4/21-6/2, except 5/19 6:30p-7:30p

► **Gentle Yoga**

Ages: 15 and up. A mat and standing practice suitable for beginners and those who want the benefits of yoga without impact on knees/wrists. Focus is on balance, flexibility, breathing, relaxation, self-empowerment, and poses/sequences to navigate and revitalize the mind, body, and spirit. This sangha (community) is warm and welcoming! Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

Instructor: Cynthia Sinanian

Fees: \$37.50, additional family member \$32.50
1585 Th 1/9-2/13 4:30p-5:30p
1586 Th 2/27-4/2 4:30p-5:30p

► **Yoga: Relax, Refresh, Restore and Rejuvenate**

Ages: 15 and up. Curious about Hatha Yoga? Would you like to learn how to connect your mind and body? Explore your inner-peace? Rejuvenate your body? Then this class is perfect for you! This Integral Yoga style class is appropriate for men and women at all levels, as variations of mat and standing poses will be presented. Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

Instructor: Cynthia Sinanian

Fees: \$48, additional family member \$40
1574 Tu 1/7-2/11 6:00p-7:15p
1580 Tu 2/25-4/14, except 3/3, 4/7
6:00p-7:15p
1588 Th 1/9-2/13 6:00p-7:15p
1589 Th 2/27-4/2 6:00p-7:15p

Sports & Athletics

► **Beginner Tennis—Ladies Only**



Ages: 18 and up. If you've always wanted to learn how to play tennis, or wanted to bring back your skills you had in the past, now is your chance! We will learn the basic

strokes (backhand, forehand, volley, overhead, serve), scoring and match play. Learn/re-learn the lifetime sport of tennis - come join us as we play tennis, make friends, and laugh a lot! Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor. Equipment provided, just bring your desire for fun!

Instructor: Play Tennis Hanover

Fees: \$115, additional family member \$100
1591 W 4/15-5/27 6:30p-7:30p
Chickahominy MS

► **Intermediate Tennis—Ladies Only**



Ages: 18 and up. This course is designed for ladies who have already taken Ladies Only Beginner Tennis, as well as, for any ladies who already have some experience/skill

at tennis. This class will focus more on match play (mostly doubles), but still with an emphasis on fun! Come join us as we play tennis, make friends, and laugh a lot! Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor.

Instructor: Play Tennis Hanover

Fees: \$115, additional family member \$100

1592 W 4/15-5/27 7:30p-8:30p

Chickahominy MS

**Join us for
Mechanicsville's**

walk WITH a DOC

educate. exercise. empower.

walkwithadoc.org/our-locations/
Mechanicsville-va



This free walk is hosted monthly by different community providers. Join us the 3rd Tuesday of each month at 5:30pm!

And check out our new online registration website

www.hanoverparksrec.com



Therapeutic Recreation

Programs for individuals with disabilities

In-home support personnel are encouraged to attend program with participant at no cost.

► **Aktion Club**

Ages: 18 and up. The Aktion (pronounced Action) Club, sponsored by the Ashland Kiwanis Club, is a service leadership program for adults with disabilities to work together and provide community service as well as promote self-esteem and fun. Activities may be recreational or service oriented.

Fee: \$5 1563 M 1/27, 2/10, 3/9, 4/13, 5/11

Pole Green Park 6:30p-8:00p

► **Community Connection Club**

Ages: 18 and up. Join us for fun activities such as guest speakers, crafts, games, music, exercises as well as an optional buffet lunch at Estes Dining Hall at Randolph Macon College (\$8.75 at participant's expense). The club, supported by the Arc of Hanover, meets on the 2nd Thursday of each month. In-home support personnel encouraged to attend program with participant at no cost. Activities held at Duncan Memorial Methodist Church, located at 201 Henry Street, Ashland.

Fee: \$5 1573 Th 1/9, 2/13, 3/12, 4/9, 5/14

10:00a-1:00p

► **Game Show**

Ages: 14 and up. Come on down ... we'll capture the fun as seen on TV as we put on our own version of game shows such as The Price is Right, Family Feud and Jeopardy. Win prizes! Refreshments will be provided.

Fee: \$7 1576 Th 3/26 6:30p-8:30p Montpelier Park

► **Prom**

Ages: 14 and up. Dance the night away in this annual spring event, including caricature artist, fashion show. Get dressed up and enjoy a night of fun, food, music, friends and more. Held at Church of the Redeemer, located at 8275 Meadowbridge Road, Mechanicsville.

Fee: \$7 1578 Th 4/23 6:30p-8:30p

► **Terrific Tuesday Club**

Ages: 18 and up. Get moving in the morning with this club designed for adults with special needs or disabilities. Each month the activities will vary but may include exercise, music, games, craft or more. In-home support personnel encouraged to attend program with participant at no cost. Activities held at Messiah Lutheran Church, located at 8154 Atlee Road, Mechanicsville.

Fee: \$5 1582 Tu 1/28, 2/25, 3/24, 4/28, 5/26

10:00a-11:30a

► **Winter Beach Party**

Age: 14 and up. Aloha! Join us for a tropical evening of music, food and fun. Scheduled activities include dancing, limbo contests and more. Come dressed in your Hawaiian clothes. Crowd favorite Elvis is also scheduled to appear! Held at Church of the Redeemer, located at 8275 Meadowbridge Road, Mechanicsville.

Fee: \$7 1635 Th 1/30 6:30p-8:30p

► **Youth Therapeutic Horseback Riding**



Ages: 4 to 24. Equine assisted therapy classes are offered to individuals with some cognitive, physical, or emotional disabilities. Participants will experience a wide range of benefits from increased flexibility, better balance, greater confidence and self-esteem. Classes held at Tall Cedars Farm, located at 11353 Rocky Ridge Road, Glen Allen.

Instructor: Galloping Acres Foundation Inc.

Fee: \$260

1584 M 3/9-4/20, except 4/6 5:30p-6:30p

1631 M 3/9-4/20, except 4/6 6:30p-7:30p

1632 M 5/4-6/15, except 5/25 5:30p-6:30p

1633 M 5/4-6/15, except 5/25 6:30p-7:30p

Senior

Cooking

► Crockpot Craze Cooking Class

LITTLE KOOKERS LLC.



Ages: 50 and up. Hear all the talk about Crockpot cooking! We'll make tasty chili, buttery rolls and lemon cake in a Crock Pot. Learn slow cooking and slow-fast cooking

basics. Take home recipes you can include in your pot luck or holiday gatherings!

Instructor: Little Kookers **Fee:** \$18

1593 W 2/12 11:00a-12:30p
Pole Green Park

1594 W 2/26 11:00a-12:30p
Montpelier Park

Fitness & Exercise

► Basic Hula Dancing

Ages: 50 and up. Join in the aloha spirit. Exercise your body and mind by learning the art of hula dancing. Be ready to dance at your next luau. No partner required. The only equipment needed is your bare feet.

Instructor: Mary Smith **Fee:** \$30

1639 W 3/4-4/8 4:30p-5:30p
Taylor Park

► Celebration Station

Ages: 50 and up. Are you looking for a fun way to get some movement into your day? Do you enjoy getting your groove on to classic 50's, 60's, 70's, and 80's music? If so, don't miss Celebration Station! No prior dance experience is required and all fitness levels are welcome. Move at your own pace and have fun! Classes meet at Pole Green Park Community Center.

Instructor: Jodi Cotton **Fee:** \$30

1636 F 1/17-2/14, except 1/23
1:30p-2:15p

1637 F 2/28-3/27 1:30p-2:15p

1638 F 4/17-5/15 1:30p-2:15p

► Gentle Chair Yoga

Ages: 50 and up. This yoga practice uses stretching, breathing, and relaxation techniques to increase balance & flexibility, encourage a positive mind-body relationship, and deepen relaxation. Whether fully in the chair or using it for light support, this gentle yoga practice gives the benefits of traditional Hatha Yoga. Suitable for all men and women, including those with conditions impacting balance/mobility whose doctors have cleared them for a gentle yoga practice. Beginners welcome! Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

Instructor: Cynthia Sinanian

Fees: \$37.50, additional family member \$32.50

1562 Tu 1/7-2/11 4:30p-5:30p

1567 Tu 2/25-4/14, except 3/3, 4/7
4:30p-5:30p

To register for any course:

All classes require online, mail-in, fax or drop-off pre-registration with payment.

Online registration at www.hanoverparksrec.com

Registration deadline is 2 weeks prior to start of program.

Drop boxes are located and payments are accepted at two locations:

8996 Pole Green Park Ln, Mechanicsville 23116

(credit cards only – cash or check payments should be left in drop box), and

13017 Taylor Complex Ln, Ashland 23005

(credit cards, checks and cash – correct change please)

Fax to 804-365-4696

Senior Adult Trips

All trips are for active adults, age 50 and older.

Bus departs from Courthouse Park. Trip coordinated through SignaTours, Ltd.



► Celebrate Spring in Washington, DC

Don't miss this perfect opportunity to celebrate the arrival of spring and see the beautiful cherry blossoms! Trip includes: Guided tour to the National Cathedral, lunch at Tony and Joe's Seafood Place along the Potomac River, 45-minute sightseeing cruise down the Potomac, time to explore the District Wharf, roundtrip motorcoach transportation with refreshments, tax and gratuities on inclusions.

Fee: \$165, registration deadline March 9, or as space permits

1647 Th 4/9 7:30a-6:30p

► Virginia International Military Tattoo Show Trip

The 24th annual Tattoo features over 1,000 performers from eight countries and promises to be one of the most moving ever, as they commemorate, remember, and celebrate the men and women who changed the course of history, not only for the United States but for the world. Trip includes: Virginia International Military Tattoo Show, lunch at Stripers Waterside (grilled chicken sandwich, beef lasagna or fish sandwich), roundtrip motorcoach transportation with refreshments, tax and gratuities on inclusions. Please note your lunch selection when registering.

Fee: \$168, registration deadline April 3, or as space permits

1648 Su 5/3 9:00a-6:30p

► Norfolk's 44th Annual Harborfest

Trip includes: visit to Norfolk's 44th Annual Harborfest, the largest, longest-running maritime festival in the nation, visiting Tall Ships, military vessels, tug boats, and skipjacks, join a regatta of private yachts sailing down the Elizabeth River into downtown Norfolk, (you will participate in the Parade of Sails aboard the Spirit of Norfolk), lunch aboard a sight-seeing cruise, roundtrip motorcoach transportation with refreshments, tax and gratuities on inclusions.

Fee: \$155, registration deadline May 5, or as space permits

1649 F 6/5 8:00a-6:30p

Hobbies & Clubs

Pole Green Community Center will be closed December 1-January 21. There will be no club meetings during this time.

► Open Art Studio

Red, blue, yellow...What's on your palette for the day? Grab your canvas and pack your art supplies and join other local artists for fellowship and support while working on your art projects. Artists are self-directed and work independently. Mondays, 10a-2p at Pole Green CC.

► Pinochle Club

Playing with two, three or four players and a unique deck of 48 cards, accumulate points by winning tricks or melding a combination of cards.

Club meets on the 2nd and 4th Monday of each month, 9:30a-11:30a at Pole Green Community Center.

► Hanover Diners Club

Pre-registration required, as space is limited. 11:30a-1p

January 8: Outback Steakhouse, Mechanicsville

February 5: Debbie's Kitchen, Glen Allen

March 4: Roma's Ristorante Italiano, Mechanicsville

April 1: Hanover Tavern, Hanover

► Canasta Club

This fun game is a relaxing way to spend time with friends or make some new ones. Club meets each Monday, 12 noon-3:30p at Pole Green Community Center.

► Social Bridge

Bridge players with basic knowledge of the game may join fellow players for fun and fellowship. Players will rotate tables throughout the social.

Club meets Tuesdays, 10a-3p at Pole Green Community Center.

► Mah Jongg

Ages: 18 and up. Enjoy the American version of Mah Jongg - a Chinese tile game that is similar to Gin Rummy but uses sets of tiles and score cards that shows sequences needed to compete a winning Mah Jongg hand.

Club meets the 1st Monday of each month, from 9:30-11:30a at Pole Green Park Community Center.

► Country School Quilters

The Country School Quilters come together to enjoy, share, learn, and preserve the art of quilting.

Meetings are held from 7-9p on the second Tuesday of each month at Montpelier Park Community Center.

"Sewing Days" are on the second Saturday of each month from 9a-4p, and the Friday proceeding the second Saturday, from 9a-4p.

The Country School Quilters welcome new members and guests of all skill levels to join them at any time.

For more information see <http://countryschoolquilters.blogspot.com/>.

► Euchre Club

Join us for a fun-filled afternoon of playing Euchre. No complicated scoring needed in this action-packed game. All levels of players are welcome.

Club meets at Montpelier Park Community Center the third and fourth Fridays, 1-4p.



ENROLL AND PAY ONLINE TO GUARANTEE YOUR SPACE
HANOVERPARKSREC.COM

For Office Use Only:
staff: _____ date: _____
 cash check credit

Or submit completed form to Hanover County Parks & Recreation

Mail: 13017 Taylor Complex Lane, Ashland, VA 23005 Fax: (804) 365-4696 Email: parksandrec@hanovercounty.gov

Adult or Parent/Guardian Information:

please print clearly

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Phone (H): _____ (W): _____ (C): _____

If willing to receive text messages, please identify cell provider: _____

Email Address: _____

Photo Waiver *Initial here*

I hereby fully consent to allow Hanover County Parks and Recreation to use photographs taken during this program for publicity purposes.

Email Communication *Initial here*

I would like to receive occasional e-mail communications about Hanover County programs, services and events. By agreeing to receive the above e-mail communication, I understand my e-mail address WILL NOT be disclosed to any other organization, and I may unsubscribe to this service at any time.

Allergies/medical conditions/special accommodations:

Participation Waiver: I, the undersigned participant/parent or guardian, if under eighteen, desire to participate in the Hanover County Parks and Recreation Department programs and all special events, hereby release and agree to indemnify and save harmless Hanover County, the Parks and Recreation Department, their employees, and any official of the special activity from any and all claims of any nature for injury or loss that may result in such participation or preparation for such participation. I hereby fully consent to emergency medical care rendered by competent personnel or hospitals, should such attention become necessary during the special events. Further, I certify that the entrant is in good physical condition and capable of participating in programs.

Participant or Parent/Guardian Signature: _____ Date: _____

Program and Participant Information:

First Name	Last Name	Birth Date	Grade	Gender	Program #	Program Title	Location	Fee
		/ /						
		/ /						
		/ /						
		/ /						

Participant Emergency Contact (Name): _____ Total amount due: _____

Home: _____ Cell: _____

Pre-payment required to complete registration

Cash (please bring correct change, cash accepted only at the Taylor Complex Office) Check (Make payable to Hanover County)

Credit Card



Please DO NOT provide your card number on this registration form. Please provide us with your contact information where we can call during business hours to securely receive your payment information.

Name: _____ Phone Number: _____



Pole Green Park
Friday, July 10
6:00 - 8:00 pm

ARE YOU READY FOR SOME PIZZA? AND A LITTLE EXERCISE?

Pizza Race: This race is all about pizza! The extremely short course, only 2.5 miles will include a pizza station strategically placed where a delicious slice of pizza will be waiting for you on each lap.

First place finishers in the male and female & age divisions that complete the 4K course, consuming a slice of pizza at each stop, will win Pizza for a year!

Pizza Relay: Consist of four (4) team members. Each member must run or walk a little over 1/2 mile while carrying a pizza box and consume a slice of pizza at each assigned station. The first team to cross the finish line will win pizza for a year and each winning team member will win two free large pizzas.

Don't forget, come dressed in your "Pizza-best" for your chance to win Pizza for a Year!

1568	Individual runner	\$20
1653	Relay Team member	\$10



Sponsored by Papa Johns Pizza

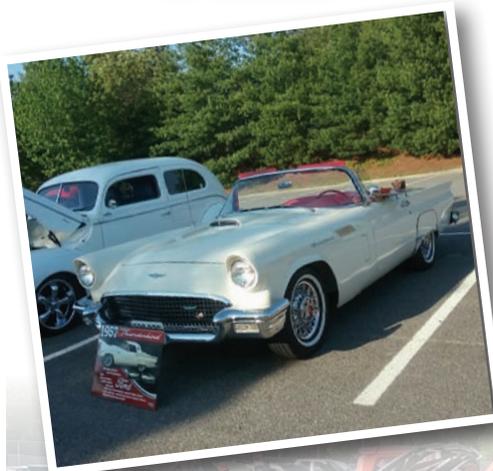


SATURDAY
MAY 16
4:00 - 7:00 PM
Hanover High School
FREE

Make the Scene' as we take a step back in time to the Cruise In days when the parking lots at Hanover High (Route 301) fill with beautiful classic automobiles (pre-1998) while the sounds of the 50's, 60's, 70's and 80's play in the background. Free event and open to the public. Sponsored goodie items available to those that drive their classic to the Cruise In.

Classic automobile owners: Make sure you claim 'dibs' on your space at the Cruise In. Door prize drawings will be held throughout the evening for those owners that drive their classic to the Cruise In.

Sponsored by: Rick's Tire & Auto, Inc., Napa Auto Parts, and SDWR Service Dogs



TAYLOR'S PIRATE FISHING FUN!

Aye! Taylor, the Hanover Parks and Recreation mascot, has his pirate costume on and is ready for some Pirate Fishing FUN! Kids will also have the opportunity

to make a craft project and get a pirate tattoo in the "Children's Cove". Taylor is bringing his large inflatable pirate ship for you to play in, just in case the fish aren't biting. No fishing license needed. Bait and rods will be available on a first come, first served basis so if you are able, please bring your own.

Sponsored by Bass Pro Shops and Department of Game and Inland Fisheries



Courthouse Park
Saturday, June 6
4pm - 7pm
FREE



deadlines & reminders

Nominate someone for a volunteer award!

Here's a great New Year's Resolution for you! Do your part to honor the community contributions of others and nominate someone for a *Spirit of Volunteerism* award beginning **January 2, 2020**.

All nominees will be recognized at Hanover's annual countywide *Spirit of Volunteerism* Celebration on May 14. Nomination forms and information will be available on January 2 at www.HanoverVolunteers.org. March 16 is the nomination deadline.

The May 14 program will be held at Hanover High School Auditorium. This free event is open to the public and will also celebrate the County's 300th birthday. This inspiring program will include music, award presentations and light refreshments.

Child advocates sought for next CASA training

The Hanover Court Appointed Special Advocate (CASA) Program is now accepting applications for the next volunteer training, scheduled to begin **February 25, 2020**.

CASA trains, recruits, and supervises volunteers to advocate for the best interests of abused and neglected children involved in the Juvenile and Domestic Relations District Court process. CASA volunteers come from all walks of life. No special experience is required to become a CASA Volunteer – just a desire to advocate for children in our community.

Potential volunteers have extensive preparation for their role through a 40+ hour training program.

If you are interested in becoming a CASA volunteer, contact Melanie Baker at 365-4296 or at mbaker@hanovercounty.gov

get connected

Notify Me



www.facebook.com/HanoverCountyVA



Pole Green Park
Saturday, April 18
9:00 AM - 1:00 PM



See amazing demonstrations in the areas of command, protection and tracking, visit pet-friendly vendors to learn about the latest pet-related products, watch K9's have a blast in the DogLover Days Lure Course and have fun in the K9 Fun zone with activities and games designed specifically for K9's, including the adorable Dog-Gone Egg Hunt.

Get ready for Pooch Pursuit and register for the 5K run or the 2K walk! The first 100 registered participants will receive a t-shirt and a pet friendly goodie bag. Awards will be presented to the top finishers in both overall and by age group. Divisions: Team (Runner and canine) or Individual (Runner only).

Dogs are required to remain on a secure leash and have current license and rabies vaccination.

(Registration deadline is April 10)

1550	Pet related vendors	
	\$30 per booth space	
1086	5K Run	\$30
1549	2K walk	\$15

Proudly sponsored by:

HANOVER GREEN
VETERINARY CLINIC



A&J Training Solutions



Event Schedule:

- 8:15-9:15a - Pooch Pursuit Check In/Packet Pick Up
- 9:00a - Vendors Open
- 9:30a - Start Pooch Pursuit 5K Run & 2K Walk
- 10:30a - Awards presentation - Pooch Pursuit 5K
- 11:00a - K9 Demonstrations
- 12:00p - K9 Games & Contests
- 12:30p - Dog Gone Egg Hunt



June 27, 2020



the hanover review

County of Hanover
P.O. Box 470
Hanover, VA 23069-0047
OFFICIAL BUSINESS

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
PERMIT #7
ASHLAND, VA

Postal Customer

Postmaster - Please deliver by December 20.