Discover Recreation!

REGISTRATION BEGINS APRIL 1

May – August 2019
www.hanoverparksrec.com
MISSION STATEMENT
It is the mission of the Parks and Recreation Department to promote, advocate, and provide the highest quality park and recreational resources and leisure services.

Hanover County VA
PARKS & RECREATION

Administrative Office & Mailing Address:
Hanover Parks & Recreation
13017 Taylor Complex Lane
Ashland, VA 23005
Monday - Friday 8:30am to 5:00pm
(804) 365-7150
Fax (804) 365-4696

Hearing Impaired:
Dial 711 (Virginia Relay) for assistance

parksandrec@hanovercounty.gov

2019 HANOVER COUNTY PARKS AND RECREATION ADVISORY COMMISSION

Jim Hunt Ashland
Chad Snellings Ashland
Roger Braxton, Sr. Beaverdam
Rob Monolo Beaverdam
Bill Berry Chickahominy
Tanya Scott-Hickman Chickahominy
Elton Wade, III Cold Harbor
Chuck Boyle Cold Harbor
Mary Waddy Henry
Manny Tavares Henry
Elizabeth Mundy Mechanicsville
David Fuller Mechanicsville
Paul Hodge South Anna
Todd Winston South Anna
Vacant HCPS
Sue Dibble HCSB
Frank Harksen, Jr. County Admin
Aubrey Stanley BOS
Scott Wyatt BOS

The Hanover County Parks and Recreation Advisory Commission meetings are held in January, March, April, May, July, September, October and November on the fourth Monday of these months at 7pm at the Parks and Recreation Taylor Complex Administrative Office.

2019 BOARD OF SUPERVISORS
Dedicated to the quality of life in Hanover

Chair:
W. Canova Peterson Mechanicsville

Vice Chair:
Scott A. Wyatt Cold Harbor

Wayne T. Hazzard South Anna
Angela Kelly-Wiecek Chickahominy
Faye O. Pritchard Ashland
Aubrey M. Stanley Beaverdam
Scott A. Wyatt Cold Harbor
Sean Davis Henry

Pole Green Community Center
8996 Pole Green Park Lane
Mechanicsville, VA 23116
Mon & Tues 8:30am - 4:30pm

Athletic Field Conditions
Hotline:
(804) 365-4698
and
/hanoverparksrec

Follow Us On

Register Online:
www.hanoverparksrec.com

Hotline:
(804) 365-4698
and
/hanoverparksrec

Follow Us On

Register Online:
www.hanoverparksrec.com
To register for a course:
Pre-registration with payment is required for all classes.

Registration deadline is two weeks prior to start of program.

Join Taylor in registering for programs using Discover Recreation Online!

Online:
www.hanoverparksrec.com

Mail to:
13017 Taylor Complex
Ashland, VA 23005

Fax to:
(804) 365-4696

Email:
parksandrec@hanovercounty.gov

Drop box Locations:
Pole Green Community Center
8996 Pole Green Park Lane
Mechanicsville, VA 23116
Taylor Complex Office
13017 Taylor Complex Lane
Ashland, VA 23005

Payment Types:
Cash and checks are processed at the Taylor Complex office only.
Credit Cards (accepted at both locations): VISA, MasterCard, Discover, American Express

Program Refund Policy

- Full refund will be issued if a program is full or cancelled by the department, if a change in day, time or location prohibits participant’s attendance, or if participant withdraws prior to the first class meeting.
- If a participant wishes to withdraw from a class/program after the first meeting date, they must do so in writing within two business days.
- Refunds will not be considered once a program has ended.
- Refund requests may be considered on a case by case basis.
- Refunds may take up to four weeks to process if paid by check.

Summer Programs
Children with disabilities who are interested in securing the assistance of a Therapeutic Recreation Aide should contact Parks and Recreation to inquire about the TR Aide Program at (804) 365-7150 or parksandrec@hanovercounty.gov. Applications also available online at www.hanovercounty.gov

Share your Passion!
Become a Contracted Instructor

Contact
Parks and Recreation:
804-365-7150
or email
parksandrec@hanovercounty.gov
Discover Your Parks.

All Hanover County Parks are open daily from dawn until dusk throughout the year. Athletic field lighting provides department approved extended hours at Pole Green Park, Courthouse Park, Montpelier Park and Poor Farm Park. Call the Athletic Field Weather Hotline at (804) 365-4698 or visit Twitter at www.twitter.com/hanoverparksrec for updates during inclement weather.

Addresses for parks can be found on page 32.
Visit www.hanovercounty.gov for more information on all of our parks

Boat Ramps
- Rt. 1/North Anna Ramp
- Rt. 33/South Anna Ramp
- Rt. 54/South Anna Ramp
- Rt. 301/Pamunkey (Littlepage)

Courthouse Park
- Concession Bldg (seasonal)
- Jogging/Walking Trails
- Picnic Tables
- Pond (Public Fishing w/ license)
- Floating Dock
- Picnic Shelter (w/electricity)
- Restrooms (seasonal)
- Roller Hockey Rink
- Multipurpose Fields
- Playground
- Park Acreage: 120 Acres

Hanover Wayside Park
- Horseshoe Pits
- Jogging/Walking Trails
- Open Play Areas
- Picnic Shelters (w/ electricity)
- Picnic Tables
- Playground
- Veterans Memorial
- Volleyball Court
- Park Acreage: 36 Acres

Cold Harbor Battlefield Park
- Civil War Info/Signage
- Jogging/Walking Trails
- Picnic Tables
- Park Acreage: 50 Acres

Montpelier Park
- Softball Field
- Community Center
- Concession Bldg (seasonal)
- Jogging/Walking Trails
- Open Play Areas
- Picnic Shelter (w/ electricity)
- Picnic Tables
- Restrooms (seasonal)
- Multipurpose Fields
- Playground
- Park Acreage: 50 Acres
**Pole Green Park**
- Community Center
- Concession Bldgs (seasonal)
- Softball Fields
- Equestrian Ring
- Jogging/Walking Trails
- Open Play Areas
- Picnic Shelter (w/ electricity)
- Picnic Tables
- Restrooms (seasonal)
- Skateboard Park
- Multipurpose Fields
- Playgrounds
- Pickleball Courts (coming soon)
- Volleyball Court
- Dog Park
- Park Acreage: 217 Acres

**Poor Farm Park**
- Baseball/Softball Fields
- Concession Bldg (seasonal)
- Horseshoe Pits
- Jogging/Walking Trails
- Multipurpose Fields
- Open Play Areas
- Picnic Shelters (w/ electricity)
- Picnic Tables
- Restrooms (seasonal)
- Playgrounds
- Volleyball Courts
- Park Acreage: 254 Acres

**North Anna Battlefield Park**
- Civil War Info/Signage
- Jogging/Walking Trails
- Virginia Birding & Wildlife Trail
- Picnic Tables
- Park Acreage: 172 Acres

**Taylor Park**
- Community Center
- Jogging/Walking Trails
- Playground
- Picnic Tables
- Picnic Shelter
- Multipurpose Fields
- Dog Park
- Park Acreage: 53 Acres

**Washington Lacy Park**
- Jogging/Walking/Equestrian/ Bicycle Trails
- Picnic Shelter & Tables
- Park Acreage: 216 Acres
Shelter & Facility Reservations

Park Shelter Reservations*

Shelters may be reserved for the day (10am - 7pm) and applications may be submitted one year in advance of date desired. Shelters may be reserved online at hanoverparksrec.com. Please complete and submit shelter reservation form with payment. Shelters are reserved on first-come, first served basis. Fees are as follows:

<table>
<thead>
<tr>
<th>Shelter Type</th>
<th>Capacity</th>
<th>Resident Fee</th>
<th>Non-Resident Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Shelter</td>
<td>max 25</td>
<td>$20</td>
<td>$40</td>
</tr>
<tr>
<td>Medium Shelter</td>
<td>max 50</td>
<td>$40</td>
<td>$60</td>
</tr>
<tr>
<td>Large Shelter</td>
<td>max 100</td>
<td>$60</td>
<td>$80</td>
</tr>
</tbody>
</table>

*Shelters may be reserved for the day (10am - 7pm) and applications may be submitted one year in advance of desired date. Shelters are reserved on first-come, first served basis. Fees are as follows:

- Small Shelter: Hanover County Resident $20, Non-County Resident $40
- Medium Shelter: Hanover County Resident $40, Non-County Resident $60
- Large Shelter: Hanover County Resident $60, Non-County Resident $80

Please allow 2 weeks for your application to be processed.

Athletic Field Reservations

All athletic fields are closed from December 1 through the 2nd Monday in March. Annually, applications will be accepted as follows:

- Requested Use: March - July
- August - November
- Deadline to Submit: January 1
- April 1
- Notification of Approval: February 1
- May 1

Please allow 2 weeks for your application to be processed.

Tournaments: $50 field/day
Field Prep (softball only): $30 field/day
Hanover Based - at least 50% of membership or rosters are comprised of Hanover County Residents. Must be open to all individuals, regardless of skill level and must allow any eligible player to participate. A completely open league/organization.

- Hanover Based - lighted fields: $15 field/day
- Hanover Based - non-lighted fields: $10 field/day
- Non-Hanover Based - lighted fields: $30 field/day
- Non-Hanover Based - non-lighted fields: $20 field/day

Equestrian Facility (Pole Green Park)
- Hanover County Resident: $150
- Non-County Resident: $300

5K Course (Pole Green Park)
- Hanover County Resident: $200
- Non-County Resident: $300

All applications may be found at www.hanovercounty.gov, or may be obtained by contacting Hanover County Parks and Recreation at 804-365-7150 or athletics@hanovercounty.gov

TAYLOR'S PIRATE FISHING FUN!

Aye! Taylor, the Hanover Parks and Recreation mascot, has his pirate costume on and is ready for some Pirate Fishing FUN! Kids will also have the opportunity to make a craft project and get a pirate tattoo in the “Children’s Cove”. Taylor is bringing his large inflatable pirate ship for you to play in, just in case the fish aren’t biting.

No fishing license needed. Bait and rods will be available on a first come, first served basis so please bring your own.

Proudly sponsored by:

SATURDAY
JUNE 8
4pm – 7pm
Courthouse Park FREE
Pole Green Park
Saturday, April 20
9:00 AM - 1:00 PM

Amazing demonstrations in the areas of command, protection and tracking, pet-friendly vendors with the latest pet-related products and our K9 Fun zone with activities including the exciting DogLoversDays Lure Course, for your canine hero ($10 per dog), the adorable Puppy Dash and Dog-Gone Egg Hunt.

Dogs are required to remain on a secure leash and have current license and rabies vaccination.

Hanover Green Veterinary Clinic will be the onsite Veterinarian during the event.

Lace up your running shoes and bring your four-legged running partner. Register for the chip-timed Pooch Pursuit 5K run or 2K walk. The first 100 registered participants will receive a t-shirt and a pet friendly goodie bag. Awards presented to the top finishers in overall and age group (5K only). The 5K is a trail course with grass, gravel and mulch surfaces. The 2K is on a grass surface.

(Registration deadline is April 17)

Program #7172

5K Fee: $30 - Divisions: Team (Runner and one dog) or Individual (Runner only)

2K Walk Fee: $15 (use coupon code WALK)

All dogs must wear ID tags, on a non-flex leash, socialized, current on rabies vaccinations, at least six months of age and not in heat.

Proudly sponsored by:

A&J Training Solutions, Edward Jones Investments, Holiday Barn Pet Resorts, InkT and Richmond Window Corp.
Annual Tomato Festival
Friday, July 12
5:30pm-8:00pm
& Saturday, July 13
9:00am-4:00pm
Pole Green Park
www.hanovertomatofestival.com

From tomatoes to talented musicians, tomato pies to fried green tomatoes, artisans to agricultural vendors, Bow-Wow Beach to the MaterFUN zone, the pizza race to tomato contests, this event is uniquely Hanover!

Accepting vendor applications now, booth rates begin at $175.

A Special Thank You to Our 2019 Sponsors:

Platinum: The Mechanicsville Local
Silver: AmyLu Soda Company, K95 and Richmond Magazine
Supporter: Commonwealth Event Company, Covenant Woods, Richmond Window Corp. and Sports Clips
Friend: Astro Jump, Dynamo Soccer Club, Edward Jones Investment, Friends of Hanover Dog Parks, Hanover Optimist Club, InkT, Papa John’s, Rotary of Mechanicsville and Washington Henry Lodge No. 344
Ages: 12 and up. Kick off the Hanover Tomato Festival with the popular and fun 4K Pizza Race & Relay! This fun event is all about pizza! The 2.5 mile course includes multiple “pizza stations” at the start and along the race route where a delicious slice of Papa John’s pizza will be waiting for you. Pizza Relay teams consist of five team members, each must run or walk approximately 1/2 mile while carrying a pizza box and consume a slice of pizza at each assigned station.

First place finishers in the male and female divisions completing the 4K, consuming a slice of pizza at each stop, will win Papa John’s Pizza for a year. The first team to finish wins pizza for a year and Pizza Relay team members will win two free large pizzas.

Come dressed in your “Pizza-best” for your chance to win Pizza for a Year!

Fee (includes race t-shirt): $20 (individual) or $10 (relay team member)
Course # 7408

‘Make the Scene’ as we take a step back in time to the Cruise In days when the parking lots at Hanover High (Route 301) fill with beautiful classic automobiles (pre-1998) while the sounds of the 50’s, 60’s and 70’s play in the background.

Classic automobile owners: Make sure you claim ‘dibs’ on your space at the Cruise In. Door prize drawings will be held throughout the evening and sponsored goodie bag items will be available to those owners that drive their classic to the Cruise In.

Campfire Program
Ages: 14 and up. As the summer begins to wrap up, we’ll sing campfire songs (with our guitar-playing song leader Deb), roast marshmallows, stargaze and enjoy the great outdoors!
Fee: $5
7433 Th 8/15 7:30-9:00p Taylor Park

Edible Essentials
Ages: 16 and up. Join us for a fun time cooking together with a chef from Edible Education as we build a better breakfast. Our planned cooking items include blueberry peach stuffed French toast, fresh fruit smoothies and milk tasting station.
Instructor: Edible Education Fee: $5
7426 W 6/5 10:00-11:45a Pole Green Park CC

Field Trip: Rafting Trip with Beyond Boundaries
Ages: 12 and up. Adventure is for everyone. Beyond Boundaries specializes in guiding participants with (and without) disabilities on outdoor adventures. Enjoy rafting on the Lower James River, under the Richmond city skyline for about a 3 hour experience on the river. We will meet at Pole Green Park Community Center and take a school bus down to the meeting point where we’ll take a shuttle to put-in location on the water. Swimming ability not required but must be comfortable in the water, and all participants will wear life preservers.
Limited space available for accompanying caregivers (who should be prepared to take active role in rafting).
Fee: $35
7430 Th 7/25 7:45a-1:00p

Field Trip: Boat Ride on the James
Ages: 18 and up. Join us as we enjoy a pontoon boat trip on the James River (near Rocketts Landing). This unique opportunity with Sailing4All, featured on Virginia Currents, for adults with disabilities or special needs offers a relaxing time on the river. This field trip begins and ends at Pole Green Community Center, riding on a school bus to and from Rocketts Landing.
Instructor: Sailing4All Fee: $20
7431 Th 6/6 8:30-11:15a
7432 Th 6/6 9:30a-12:15p

Field Trip: Richmond Flying Squirrels Baseball
Ages: 14 and up. Take me out to the ball game. Enjoy a night on the town as we take a trip to see the Richmond Flying Squirrels baseball team play the Erie Sea Wolves. We will meet at Pole Green Park Community Center and take a school bus down to the stadium. Participants may purchase items from snack bar at own expense. Return time subject to change based on game length and weather.
Fee: $10
7429 Th 7/18 6:00-10:00p

Prom
Ages: 14 and up. Dance the night away in this annual spring event, including caricature artist, fashion show. Get dressed up and enjoy a night of fun, food, music, friends and more. Flowers donated by King William Florist.
Church of the Redeemer is located at 8275 Meadowbridge Road, Mechanicsville.
Fee: $7
7187 Th 4/25 6:30-8:30p Church of the Redeemer
These annual tours of Hanover County are generously supported by Richmond Region Tourism and Hanover County. Each tour includes a boxed lunch, snacks and water. Transportation for the day will be via chartered bus and tours are led by Richmond Discoveries. You can register for either tour online under Parks & Recreation>Recreation Classes from www.hanoverparksrec.com. When registering for tours, please be sure to note any special dietary needs.

Meet bus at Hanover County Government Complex, 7497 County Government Complex, Hanover, VA 23069.

**Historic Bus Tours: Civil War Battlefields** (7327)
Hanover Court House, Mechanicsville, Beaverdam Creek, Gaines Mill, Totopotomoy Creek, Cold Harbor - these are the battlefields of Hanover, large and small. Journey on the back roads to these and other sites affected as the armies passed through Hanover during the Civil War. It is in these skirmishes and battles that the war became very personal to the citizens of Hanover. Visit the Shelton House (Rural Plains) to see how war affected the civilians of Hanover. The tour also includes a visit to a Confederate Soldier’s camp for a discussion of the life of the common soldier. You will be transported back in time and entertained as our soldier presents history with a healthy dose of humor. Conclude the tour at Cold Harbor battlefield, Lee’s last victory and the only battle Grant said he wished he had never fought.

**Historic Bus Tours: Road to Revolution** (7326)
Hanover played a key role in the American struggle for independence. Beginning at Hanover Court House hear the story of how young Patrick Henry lit the spark of the Revolution. Visit the Pole Green Church site where the young Henry often attended church. Tour Rural Plains which is open especially for this tour and hear the story of Henry’s marriage to Sarah Shelton. Tour Scotchtown, home of Patrick Henry, and while there visit with the Marquis de Lafayette and hear how he helped us win our independence.

**Historic Hanover Bus Tours**
Saturday, May 18 | 9:00 am - 3:30 pm | Fee: $20

Don’t Miss Out! Summer Registration Begins April 1
Explore the Outdoors

Who wants to be stuck inside all day? Join us and Explore the Outdoors! With a variety of activities, such as a nature walk to learn about native plants and animals, learning some basic camping and outdoor skills, making a solar oven for s’mores and painting and placing inspirational rocks! A lifetime of outdoor adventures starts here!

<table>
<thead>
<tr>
<th>Location</th>
<th>Meets</th>
<th>Prog. No.</th>
<th>Week beginning</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Baptist Church</td>
<td>M-F</td>
<td>7801</td>
<td>6/17 6/24</td>
</tr>
<tr>
<td>800 Thompson St, Ashland</td>
<td></td>
<td></td>
<td>7/8 7/15</td>
</tr>
<tr>
<td>Mechanicsville UMC</td>
<td>M-F</td>
<td>7802</td>
<td>7/22 7/29</td>
</tr>
<tr>
<td>7356 Atlee Road, Mech.</td>
<td></td>
<td></td>
<td>8/5 8/12 8/19</td>
</tr>
<tr>
<td>Messiah Lutheran Church</td>
<td>M-F</td>
<td>7803</td>
<td></td>
</tr>
<tr>
<td>8154 Atlee Rd, Mech.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Montpelier Park CC</td>
<td>M-F</td>
<td>7804</td>
<td></td>
</tr>
<tr>
<td>Pole Green Park CC</td>
<td>M-F</td>
<td>7805</td>
<td></td>
</tr>
</tbody>
</table>

Expressive Outlets

Exploring the cultural arts and its many forms, we will touch on the culinary, visual and performance arts in a way that will excite campers and send them home with amazing creations. We will explore DIY arts and crafts, simple snack and meal preparations, music, theater and more!

<table>
<thead>
<tr>
<th>Location</th>
<th>Meets</th>
<th>Prog. No.</th>
<th>Week beginning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lee Davis HS</td>
<td>M-Th</td>
<td>7813</td>
<td>6/17 6/24</td>
</tr>
<tr>
<td>Mechanicsville UMC</td>
<td>M-F</td>
<td>7814</td>
<td>7/8 7/15</td>
</tr>
<tr>
<td>7356 Atlee Road, Mech.</td>
<td></td>
<td></td>
<td>7/22 7/29</td>
</tr>
<tr>
<td>Montpelier Park CC</td>
<td>M-F</td>
<td>7815</td>
<td>8/5 8/12 8/19</td>
</tr>
<tr>
<td>New Highland BC</td>
<td>M-F</td>
<td>7816</td>
<td></td>
</tr>
<tr>
<td>9200 New Ashcake Rd, Mech.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Taylor Park Complex</td>
<td>M-F</td>
<td>7817</td>
<td></td>
</tr>
</tbody>
</table>
**SUMMER CAMPS**  
*All planned activities are subject to change.*

**8:00 a.m. - 5:00 p.m.**

**Kidventures**

Filled with mental and physical challenges all week long, there will be no shortage of winners at this camp! With individual, small and large group activities, campers will be challenged by competition style games and contests, scavenger hunts, a series of clue and puzzle based tasks and Olympic-style sports. You had better bring your “A-Game!”

<table>
<thead>
<tr>
<th>Location</th>
<th>Meets</th>
<th>Prog. No.</th>
<th>Week beginning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cool Spring Baptist Church</td>
<td>M-F</td>
<td>7822</td>
<td>6/17</td>
</tr>
<tr>
<td>9283 Atlee Station Road, Mech.</td>
<td></td>
<td></td>
<td>6/24</td>
</tr>
<tr>
<td>Henry Clay ES</td>
<td>M-Th</td>
<td>7823</td>
<td>7/8</td>
</tr>
<tr>
<td>Montpelier Park CC</td>
<td>M-F</td>
<td>7826</td>
<td>7/15</td>
</tr>
<tr>
<td>Montpelier Park CC</td>
<td>M-F</td>
<td>7827</td>
<td>7/22</td>
</tr>
<tr>
<td>New Highland BC</td>
<td>M-F</td>
<td>7828</td>
<td>7/29</td>
</tr>
<tr>
<td>9200 New Ashcake Road, Mech.</td>
<td></td>
<td></td>
<td>8/5</td>
</tr>
<tr>
<td>Pole Green Park CC</td>
<td>M-F</td>
<td>7829</td>
<td>8/12</td>
</tr>
</tbody>
</table>

**Weird Science**

School may be on a summer break, but your brain doesn’t need to be! Join us for a fun filled week of bonkers biology, crazy chemistry, exciting engineering and more! Hands on experiments, STEM themed visitors and a field trip to boot...let us help keep your child’s mind active this summer with some Weird Science.

<table>
<thead>
<tr>
<th>Location</th>
<th>Meets</th>
<th>Prog. No.</th>
<th>Week beginning</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Baptist Church</td>
<td>M-F</td>
<td>7832</td>
<td>6/17</td>
</tr>
<tr>
<td>800 Thompson St, Ashland</td>
<td></td>
<td></td>
<td>6/24</td>
</tr>
<tr>
<td>Henry Clay ES</td>
<td>M-Th</td>
<td>7833</td>
<td>7/8</td>
</tr>
<tr>
<td>Lee Davis HS</td>
<td>M-Th</td>
<td>7834</td>
<td>7/15</td>
</tr>
<tr>
<td>Mechanicsville UMC</td>
<td>M-F</td>
<td>7835</td>
<td>7/22</td>
</tr>
<tr>
<td>7356 Atlee Road, Mech.</td>
<td></td>
<td></td>
<td>7/29</td>
</tr>
<tr>
<td>Messiah Lutheran Church</td>
<td>M-F</td>
<td>7836</td>
<td>8/5</td>
</tr>
<tr>
<td>8154 Atlee Rd, Mech.</td>
<td></td>
<td></td>
<td>8/12</td>
</tr>
<tr>
<td>Montpelier Park CC</td>
<td>M-F</td>
<td>7837</td>
<td>8/19</td>
</tr>
</tbody>
</table>

**Beaverdam Baptist Church, 19110 Beaver Dam Road**

Explore the Outdoors / Weird Science  
7800  M-F  8/5-8/9

Expressive Outlets and Kidventures  
7810  M-F  8/12-8/16
Experience the fun of a day camp program with activities, games, crafts, special visitors and one field trip each week. Our elementary aged campers are sure to have an epic time at EPIC Elementary! Each week’s theme will keep campers moving, playing and creating. Scheduled activity and theme information will be available online and included in registration confirmation.

8:00 a.m. - 4:30 p.m.

### EPIC Elementary

<table>
<thead>
<tr>
<th>Location</th>
<th>6/24-6/27</th>
<th>7/1-7/3 M/T/W only</th>
<th>7/8-7/11</th>
<th>7/15-7/18</th>
<th>7/22-7/25</th>
<th>7/29-8/1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Battlefield Park</td>
<td>7900</td>
<td>7901</td>
<td>7902</td>
<td>7903</td>
<td>7904</td>
<td></td>
</tr>
<tr>
<td>Cool Spring</td>
<td>7905</td>
<td>7906</td>
<td>7907</td>
<td>7908</td>
<td>7909</td>
<td></td>
</tr>
<tr>
<td>Gandy</td>
<td>*7910</td>
<td>*7911</td>
<td>*7912</td>
<td>*7913</td>
<td>7914</td>
<td>7915</td>
</tr>
<tr>
<td>Kersey Creek</td>
<td>7920</td>
<td>7921</td>
<td>7922</td>
<td>7923</td>
<td>7924</td>
<td></td>
</tr>
<tr>
<td>Mechanicsville</td>
<td>*7925</td>
<td>*7926</td>
<td>*7927</td>
<td>*7928</td>
<td>7929</td>
<td></td>
</tr>
<tr>
<td>Washington Henry</td>
<td>7930</td>
<td>7931</td>
<td>7932</td>
<td>7933</td>
<td>7934</td>
<td></td>
</tr>
</tbody>
</table>

* Participants can receive free nutritious lunch daily at camp Tuesday, June 25 – Thursday, July 18 through the Hanover County Public Schools Summer Food Service Program, administered by the US Department of Agriculture.

### MEGA Middle

MEGA Middle is a week full of options for your tween, featuring two field trips, hands-on special visitors, interactive group fun, cool crafts and much more! Scheduled field trips and special visitor information will be available online and included in registration confirmation.

8:00 a.m. - 5:00 p.m.

<table>
<thead>
<tr>
<th>Location</th>
<th>6/24-6/27</th>
<th>7/1-7/3 M/T/W only</th>
<th>7/8-7/11</th>
<th>7/15-7/18</th>
<th>7/22-7/25</th>
<th>7/29-8/1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liberty</td>
<td>7950</td>
<td>7951</td>
<td>7952</td>
<td>7953</td>
<td>7954</td>
<td>7955</td>
</tr>
<tr>
<td>Oak Knoll</td>
<td>7960</td>
<td>7961</td>
<td>7962</td>
<td>7963</td>
<td>7964</td>
<td>7965</td>
</tr>
<tr>
<td>Stonewall Jackson</td>
<td>7970</td>
<td>7971</td>
<td>7972</td>
<td>7973</td>
<td>7974</td>
<td>7975</td>
</tr>
</tbody>
</table>
Youth – Day Camps

Arts & Crafts

▶ Deep Blue Sea
Ages: 5 to 10. Grab your goggles and dive into learning and creativity this summer with Young Rembrandts. Our students will create cartoon and realistic illustrations inspired by creatures under the sea. Funny expressions, fish word play and a detailed scuba diving scene are just some of the drawings our campers will illustrate. A sea filled with fun awaits!

Instructor: Young Rembrandts
Fee: $135
7472 M-F 7/29-8/2 9:00a-12:00p Pole Green Park CC
Check out STEMed Club Camp offered 12:30p - 4:30p, for a full day of camp!

▶ Fantasy Forest
Ages: 5 to 10. Magical, mythical, marvelous art is coming your way in the new Young Rembrandts drawing workshop! Join us for five fun filled days of creative thought as we explore deep in the Fantasy Forest. Students will tap into their imagination while learning to draw otherworldly creatures like fairies, trolls and a forest queen. Your child’s talent will truly enchant you as they create beautiful scenery and new masterpieces every day!

Instructor: Young Rembrandts
Fee: $110
7471 M-F 8/5-8/9 9:00a-12:00p Montpelier Park CC
Check out STEMed Club Camp offered 12:30p - 4:30p, for a full day of camp!

Children with disabilities who are interested in securing the assistance of a Therapeutic Recreation Aide should contact Parks and Recreation to inquire about the TR Aide Program at (804) 365-7150 or parksandrec@hanovercounty.gov. Applications also available online at www.hanovercounty.gov

Summer Programs

Hanover County VA
Parks & Recreation

Summer Camp 2019 Handbook
A completed Summer Camp 2019 Handbook is required for every school age child, prior to enrolling in Parks & Recreation Day Camps.
Educational Enrichment

▶ Building is Awesome Camp

Ages: 6 to 10. Join Emmet, Lucy, Unicorn Kitty and Benny on a journey to stop Bad Cop and Lord Business from super-gluing the world. Campers will put their engineering skills to work as they build motorized models, 3D figure models and mosaics while playing fun games and doing cool crafts based on The LEGO Movie and its sequel.

Instructor: Bricks 4 Kidz  Fee: $195
7483  M-F  6/24-6/28  8:00a-5:00p  Pole Green Park CC

▶ Cranium Contraption STEM Camp

Ages: 6 to 10. Build and explore crazy contraptions that really work your brain! Compete with friends in a rousing game of Battle Tops and experiment with the Mini Fig Mover to see how this model will send your mini figure for a ride. Come join us as your budding meteorologist builds and explores the when, where, how and why of the amazing and powerful forces of nature with Lego bricks.

Instructor: Bricks 4 Kidz  Fee: $195
7480  M-F  6/17-6/21  8:00a-5:00p  Taylor Park

▶ Electronic Game Design – Shark Attack

Ages: 6 to 12. Watch out... it’s a Shark Attack! Join us for Invader Defense: Shark Attack, where the campers will create their own version of an invader defense game that will allow them to protect a coral reef from hungry sharks. We will use the engineering design process to create a storyboard to outline the rules of play and characters for the game. By the end of camp, you will have a game that is ready for you and your friends to play.

Camp held at Pump it Up located at 9555 Kings Charter Drive, Ashland.

Instructor: Engineering for Kids  Fee: $185
7498  M-F  7/8-7/12  9:00a-12:00p
7499  M-F  8/12-8/16  9:00a-12:00p

▶ Food Around the World

Ages: 6 to 13. Spin the culinary globe with the chefs from Edible Education. Students will enjoy preparing hands on delicious foods from an array of countries around the world. Extruding pasta, rolling tortillas and flipping crepes are just a few of the skills you will learn from cultures around the world.

Instructor: Edible Education  Fee: $195
7462  M-F  6/24-6/28  9:00a-12:00p  Taylor Park

Check out STEMed Club Camp offered 12:30p - 4:30p, for a full day of camp!
7461  M-F  8/19-8/23  1:00p-4:00p  Pole Green Park CC

Check out STEMed Club Camp offered 8:30a - 12:30p, for a full day of camp!
**Youth – Day Camps**

**Minecraft Medieval Times**
Ages: 6 to 12. Knights and Castles and Swords... oh, my! Campers will be introduced to the many uses of Redstone through a Medieval themed adventure of creation, exploration, electrical circuits and castle besieging! We will make mine cart tracks to help them gather resources, work together to build their kingdom, and to design traps to defend their castles...all with the use of Redstone.

Camp held at Pump it Up located at 9555 Kings Charter Drive, Ashland.

**Instructor:** Engineering For Kids  
**Fee:** $185

- 7500  M-F  6/17-6/21  9:00a-12:00p
- 7501  M-F  7/15-7/19  9:00a-12:00p

**Mining, Crafting and Capturing Camp**
Ages: 6 to 10. Campers will face new challenges each day, building model and crafting key elements from the popular Mindcraft Game! Craft shelters, some of the mobs, critters and tools using LEGO bricks. Capture wild Pokémon creatures and train them for battle. Bring your own Pokémon trading cards if you wish to play and trade at the end of each day.

**Instructor:** Bricks 4 Kidz  
**Fee:** $195

- 7486  M-F  7/22-7/26  8:00a-5:00p  Pole Green Park CC
- 7488  M-F  8/19-8/23  8:00a-5:00p  Taylor Park

**Robotics: Robo Olympics**
Ages: 6 to 12. What’s more fun than competing in a wrestling match, a basketball game or racing a friend to the finish line? Building and programming your robot to do these things! Students design LEGO MINDSTORM robots to compete in simulated Olympic events such as a sprint race, throwing a basketball, tug of war and sumo wrestling.

Camp held at Pump it Up located at 9555 Kings Charter Drive, Ashland.

**Instructor:** Engineering For Kids  
**Fee:** $185

- 7502  M-F  6/24-6/28  9:00a-12:00p
- 7503  M-F  7/22-7/26  9:00a-12:00p

**World of Science STEM Camp**
Ages: 6 to 10. Calling all future scientists! Come learn, build and experiment with us! Our budding astronomers, meteorologists, zoologists and inventors will learn about space, weather, animals and more! Come build kid-sized versions of clever creations, such as a scissor lift, specialized conveyor belts and even a robot! You’ll learn about the engineering challenges involved in machine design.

**Instructor:** Bricks 4 Kidz  
**Fee:** $195

- 7481  M-F  7/15-7/19  8:00a-5:00p  Taylor Park
- 7482  M-F  8/26-8/30  8:00a-5:00p  Pole Green Park CC

Looking for an Athletic League?
Find a complete listing of Adult and Youth Leagues at www.hanovercounty.gov
All leagues are run independently. Contact league representative for participation and registration information.
**Youth – Day Camps**

**STEMed Club**

**Ages:** 5 to 13. Ever try to get an egg to float or make elephant toothpaste? Use science, technology, engineering and math skills along with critical thinking skills to solve a problem or complete a challenge. Experience hands on lab experiments, including floating eggs, melting chocolate and more!

**Instructor:** STEMed, LLC

**Fees:** $125

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7454</td>
<td>M-F 6/24-6/28</td>
<td>12:30-4:30p</td>
<td>Taylor Park</td>
</tr>
<tr>
<td>7458</td>
<td>M-F 7/29-8/1</td>
<td>12:30p-4:30p</td>
<td>Pole Green Park CC</td>
</tr>
</tbody>
</table>

Check out Edible Education - Food Around the World offered 9a - 12p, for a full day of camp!

Check out Young Rembrandts - Deep Blue Sea offered 9a - 12p, for a full day of camp!

Check out Young Rembrandts - Fantasy Forest offered 9a - 12p, for a full day of camp!

**Register online for summer programs at www.hanoverparksrec.com**

**Sports & Athletics**

**International Soccer Camp**

**Ages:** 6 to 16. Challenger has combined the most popular elements of their two existing industry-leading camp programs, British Soccer and TetraBrazil. This camp will feature a technology partner, providing players with an app-based platform to help them learn skills quicker and more efficiently during the camp, while helping them to continue their education and skill development with camp homework and training throughout their season. Campers will receive a soccer game jersey, camp t-shirt, soccer ball and coach evaluation.

**Instructor:** Challenger Sports  
**Fee:** $240

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7509</td>
<td>M-F 7/15-7/19</td>
<td>9:00a-4:00p</td>
<td>Taylor Park</td>
</tr>
<tr>
<td>7508</td>
<td>M-F 8/12-8/16</td>
<td>9:00a-4:00p</td>
<td>Pole Green Park</td>
</tr>
</tbody>
</table>

**Fee:** $192

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7507</td>
<td>M-F 7/15-7/19</td>
<td>9:00a-12:00p</td>
<td>Taylor Park</td>
</tr>
<tr>
<td>7506</td>
<td>M-F 8/12-8/16</td>
<td>9:00a-12:00p</td>
<td>Pole Green Park</td>
</tr>
</tbody>
</table>

**Dodgeball Camp**

**Ages:** 6 to 14. Youth Dodgeball Camp will offer dodgeball training, games and a tournament. Campers will be separated by age and size for safe and fun competition.

**Instructor:** Aaron Bradley  
**Fees:** $50, additional sibling $40

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7511</td>
<td>M-W 6/17-6/18</td>
<td>9:00-11:30a</td>
<td>Patrick Henry HS</td>
</tr>
<tr>
<td>7512</td>
<td>M-T 7/1-7/2</td>
<td>9:00-11:30a</td>
<td>Hanover HS</td>
</tr>
</tbody>
</table>

**Register online for summer programs at www.hanoverparksrec.com**

**EB’s Hoop N’ Up Summer Camp**

**Ages:** 7 to 13. Get into the high intensity drill sessions and instruction with games to test out your abilities and a life skills session. Pizza party included on the last day of camp and campers get a t-shirt.

**Instructor:** Everything Sports  
**Fee:** $150

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7427</td>
<td>M-Th 7/22-7/25</td>
<td>9:00a-3:00p</td>
<td>Patrick Henry HS</td>
</tr>
</tbody>
</table>
Youth – Day Camps

► Floor Hockey Camp
Ages: 7 to 14. Camp will offer drills and non-contact games, working on skills such as shooting, passing and stick handling. Camp activities will also include warm up and stretching.

Instructor: Aaron Bradley
Fees: $50, additional sibling $40
7521 M-T 7/29-7/30 9:00-11:30a Hanover HS

► Hanover Hawks Football Camp
Ages 5 to 13. Learn the basics and techniques of football with the staff and players of Hanover High Football team. Campers will participate in touch football games, have a punt pass and kick competition and participate in basic football drills. All youth football programs and players are encouraged to attend!

Instructor: Derek Stout
Fees: $85, additional sibling $65
7541 M-Th 6/17-6/20 9:00a-12:00p Hanover HS

► Kickball Camp
Ages: 6 to 14. Camp will include traditional kickball and several variations of this team sport. A PE class favorite activity including pitching, kicking, catching, fielding, running and passing to teammates!

Instructor: Aaron Bradley
Fees: $50, additional sibling $40
7513 M-T 7/15-7/16 9:00-11:30a Hanover HS
7514 M-T 6/17-6/18 12:00-2:30p Patrick Henry HS

► Soccer, Soccer, Soccer
Ages: 7 to 13. Have fun learning skills and playing games to enhance your abilities in the game of soccer. Camp led by Alexandra Wong Richard Montgomery High School, McLean ECNL, VCU women’s soccer team player and recruited twice to train with the U18 US Women’s National Soccer Team. Most recently, the assistant coach for the Glen Allen High Girls Varsity Soccer team.

Instructor: Everything Sports Fee: $80
7428 M-Th 6/24-6/27 9:00a-12:00p Oak Knoll MS

► Tennis: Summer Camp
Ages: 6 to 16. Are you ready for a great summer of tennis? We’ll have games, music, awards, team pictures, t-shirts, and lots of tennis! Campers will learn the basics of tennis and have the chance to participate in our Challenge Program. Camp wraps up with ice cream and an awards party.

Instructor: Play Tennis Hanover
Fees: $115, additional sibling $100
7530 M-Th 6/17-6/20 8:00-10:00a Lee Davis HS
7526 M-Th 6/17-6/20 6:00-8:00p Atlee HS
7524 M-Th 6/24-6/27 8:00-10:00a Atlee HS
7529 M-Th 6/24-6/27 6:00-8:00p Patrick Henry HS
7531 M-Th 7/8-7/11 6:00-8:00p Atlee HS
7527 M-Th 7/15-7/18 6:00-8:00p Lee Davis HS
7532 M-Th 7/22-7/25 6:00-8:00p Atlee HS
7528 M-Th 7/29-8/1 6:00-8:00p Lee Davis HS
7533 M-Th 8/5-8/8 6:00-8:00p Atlee HS
7534 M-Th 8/12-8/15 6:00-8:00p Atlee HS
7525 M-Th 8/19-8/22 8:00-10:00a Atlee HS

► Ultimate Frisbee Camp
Ages: 6 to 14. Ultimate frisbee is an active non-contact sport for everyone! Camp will include feature several variations of classic ultimate, as well as throwing challenges, warm up and stretching.

Instructor: Aaron Bradley
Fees: $50, additional sibling $40
7519 W-Th 6/19-6/20 12:00-2:30p Patrick Henry HS
7520 W-Th 7/31-8/1 9:00-11:30a Hanover HS
## Youth – Day Camps

### Ultimate Frisbee with American Ultimate Academy

Ages: 10 to 15. All skill levels are welcome and encouraged to come play Ultimate Frisbee, one of the fastest growing sports in the world. Enjoy skill building, mini-games, and scrimmages, run by professional Ultimate Frisbee players. All participants receive a frisbee and jersey.

**Instructor:** American Ultimate Academy  
**Fee:** $165  
7522 M-F 7/29-8/2 9:00a-12:00p Taylor Park

### Volleyball Camp

Ages: 10 to 15. Do you want to learn the basics of volleyball in a fun environment? Then come join us for a week of camp as we introduce you to the basics of court formation, passing, serving and hitting. Camp concludes with a fun, interactive volleyball tournament!

**Instructor:** Terri Shelton  
**Fee:** $75  
7535 M-Th 6/24-6/27 10:00a-12:00p Patrick Henry HS

### Wiffleball Camp

Ages: 6 to 14. Camp will include feature several variations of classic wiffleball fun and various hitting and throwing challenges! Camp activities include throwing, hitting, warm up and stretching.

**Instructor:** Aaron Bradley  
**Fees:** $50, additional sibling $40  
7517 M-T 6/17-6/18 3:00-5:30p Patrick Henry HS  
7518 W-Th 7/17-7/18 9:00-11:30a Hanover HS

### Wrestling Camp

Ages: 6 to 14. Youth Wrestling Camp offers both introductory skills and advanced techniques for experienced wrestlers. Campers will be grouped by weight, age and experience. Techniques include: drills, take downs, escapes, reversals and pinning combinations.

**Instructor:** Aaron Bradley  
**Fees:** $90, additional sibling $75  
7515 M-W 6/24-6/26 9:00a-12:00p Hanover HS  
7516 M-W 7/8-7/10 9:00a-12:00p Patrick Henry HS

## Youth Programs

### Arts & Crafts

#### Acrylic Painting for the Family

Ages: 5 to 16. Come take a fun painting class with your child where you will learn how to draw and paint a piece of art on canvas with step by step instructions! All materials and aprons included, parent participation is required.

**Instructors:** Bee Kreative  
**Fee:** $45 (includes parent and child)  
7272 Sa 4/27 10:00a-12:00p Pole Green Park CC

#### Acrylic Painting for Kids

Ages: 5 to 16. Come take a break from the heat and learn how to paint with acrylic paints! Learn how to mix paints and apply them on canvas, then paint independently or work on a class step by step acrylic painting lesson. All materials and aprons included.

**Instructors:** Bee Kreative  
**Fee:** $35  
7419 Sa 6/22 10:00a-12:00p Pole Green Park CC

#### Mixed Media Art for Kids

Ages: 5 to 16. Take a break from the heat and learn how to make a work of art with various materials and techniques! Materials provided include wood, newspaper, paint, modge podge, oil pastels, watercolor paints and more. All materials will be included.

**Instructors:** Bee Kreative  
**Fee:** $35  
7420 Sa 7/20 10:00a-12:00p Montpelier Park CC
**Youth Programs**

➤ **Choose Your Own Clayful Adventure!**

Ages: 4 to 17. Choose to do one of the following projects: paint your own pottery piece from a variety of pottery pieces, make a beautiful tiled mosaic, sculpt some unique pendants to wear or design a ceramic name sign to hang on the front of your house. All supplies are included, just come ready to be creative!

**Instructor:** Handy Treasures LLC  
**Fee:** $20  
7312  
Sa  5/18  
9:30-10:30a  
Montpelier Park CC

➤ **Paint your Pet**

Ages: 5 to 16. Take a break from the heat and learn how to paint your pet with acrylic paints! There will be a short lesson on how to use acrylic paints and then each student will get a canvas with their pet pre-drawn for them to paint with instruction. All materials included.

**Instructors:** Bee Kreative  
**Fee:** $30  
7421  
Sa  8/10  
10:00-11:30a  
Taylor Park

**Educational Enrichment**

➤ **Civil Engineering Workshop**

Ages: 5 to 12. Use the engineering design process to design, create, test and refine a bridge designed to withstand the greatest force and examine several different types of bridge designs and discover how the forces of tension, compression, bending, torsion and shear are distributed throughout their structures.

**Instructor:** Engineering For Kids  
**Fee:** $30  
7297  
Sa  4/27  
10:00a-12:00p  
Montpelier Park CC

➤ **Minecraft Traveling into Future Workshop**

Ages: 5 to 12. Join us in an apocalyptic future, one where the Earth has been ravaged by a series of natural disasters. Through application of engineering principles, students solve numerous challenges as they make their virtual world of Minecraft a safe place for humanity once again.

**Instructor:** Engineering For Kids  
**Fee:** $30  
7299  
Sa  5/4  
10:00a-12:00p  
Pole Green Park CC

➤ **STEMed Club**

Ages: 5 to 12. Join friends for a weekly STEM Challenge! Enhance math and science skills through exciting educational hands-on activities. Children will get the opportunity to use problem-solving and critical-thinking skills through science experiments, cooking, LEGO challenges and more!

Classes run immediately after school for 1 hr.

**Instructor:** STEMed, LLC

**Fees:** $65, additional sibling $58.50  
7349  
Th  4/18-5/23  
Beaverdam ES  
7350  
F  4/26-5/31  
Kersey Creek ES
Martial Arts

► AIM Safety Awareness
Self-discipline, safety awareness and self-defense instruction by a certified black belt instructor geared to promoting safety, self-confidence and when necessary self-defense. Each session builds on this foundation and it is recommended that you continue to enroll in subsequent sessions to get the full benefit of the program. Classes held at Cold Harbor ES.
Instructor: AIM Fee: $35
Beginner: Ages 4 to 6. 6:00-6:40p
7256 W 4/17-5/8
7257 W 5/15-6/5
Beginner: Ages 7 to 15. 6:45-7:25p
7260 W 4/17-5/8
7262 W 5/15-6/5
Yellow Belt & above: Ages 4 to 15. 7:30-8:10p
7266 W 4/17-5/8
7267 W 5/15-6/5

► Family Karate Class
Ages: 5 and up. Learn the basics of karate and self-defense with your child. We will be showing you how to defend yourself and your family. This is not a lecture class, so come ready to practice what is learned. No experience necessary. Parent must sign up with child.
Classes held at Isshin Tyu Karate located at 8319 Bell Creek Road, Mechanicsville.
Instructor: Isshin Ryu Karate
Fee: $50 (includes parent and child)
7270 Sa 5/11-5/18 12:00-2:00p
7479 T 7/2-7/30 6:00-7:00p

Sports & Athletics

► Introduction to Fencing
Ages: 6 to 10. Introduction to the modern Olympic sport of fencing with the epee; covers the rules of the sport, basic footwork, simple attacks and defense, and good sportsmanship. After the first session, fencers fence bouts with each other, and the class ends with a class tournament. Taught by an internationally certified Fencing Master.
Classes held at Salle Green Fencing located at 11058 Washington Highway, Glen Allen.
Instructor: Salle Green LLC Fee: $80
7510 Sa 7/27-8/17 10:00-11:00a

GET UP AND GO!
HEALTHY KIDS RUNNING SERIES
MECHANICSVILLE, VA

Sundays: April 7, 14, 28 & May 5, 19
4:30pm - 5:30pm • Pole Green Park
Details and registration online at www.healthykidsrunningseries.org
$35 registration fee for the 5 week series
Single race $10 options available on site
For more information, please contact Michael Hobson at 804.442.6460 or hkrsechnicsville@gmail.com

Youth Programs
Teen

Health & Wellness

► Child and Babysitting Safety with CPR

Ages: 12 and up. Designed for young people who offer babysitting and child care services in their community. CPR with AED for adult, child and infant will be taught along with everything you need to know regarding babysitting – from getting started to dealing with parents and children, to key safety, caregiving and first aid tips. This program is certified by The American Safety and Health Institute.

Instructor: A&J Training Solutions
Fees: $50, additional sibling fee $45
7236 Sa 5/18 9:00a-1:00p West Hanover
Volunteer Rescue Squad
7447 Sa 6/1 9:00a-1:00p East Hanover
Volunteer Rescue Squad
7448 Sa 8/17 9:00a-1:00p Taylor Park

Sports & Athletics

► Introduction to Fencing

Ages: 11 and up. Introduction to the modern Olympic sport of fencing that focuses on fencing with the foil, and teaches safety, the etiquette and rules of the sport, basic footwork, and simple attacks and defense. After the first session, fencers fence bouts with each other and the class ends with a class tournament. Taught by an internationally certified Fencing Master.

Classes held at Salle Green Fencing located at 11058 Washington Highway, Glen Allen.

Instructor: Salle Green LLC
Fee: $80
7444 Sa 6/29-7/20 10:00-11:00a

Tennis: All Girls Prep for Tennis Team Camp

Ages: 11 to 18. This camp is for girls playing or hoping to play on their middle and high school tennis team. Emphasis will be on match play, both singles and doubles and skill improvement. Coaches (including area middle school coaches) and players are ready to help you learn what you need to make the team. We’ll have a pizza party at the end of camp and lots of fun!

Instructor: Play Tennis Hanover
Fees: $115, additional sibling $100
7523 M-Th 8/26-8/29 6:00-8:00p Atlee HS

Early Childhood

Educational Enrichment

► American Sign Language for Preschoolers

Ages: 5 and under. Let’s learn to communicate with our hands! This parent and me class will teach you 10-15 American Sign Language vocabulary signs through songs, games and children’s books.

Instructor: The Signing Connection
Fee: $40 (includes parent and child)
7418 W 7/17-8/14 9:30-10:15a Pole Green Park CC
7417 Sa 7/20-8/17 9:30-10:15a Taylor Park

► American Sign Language for Toddlers

Ages 1 1/2 to 3. This parent and me class will teach you and your toddler 10-15 American Sign Language vocabulary signs for common words through songs, games and children’s books.

Instructor: The Signing Connection
Fee: $50 (includes parent and child)
7391 T 4/16-5/14 6:00-6:45p Taylor Park
Early Childhood

**Fitness & Exercise**

**Parent and Me Dance**

Ages: 1 1/2 to 2. Introduce your little one to dance class with you by their side! Your dancer will begin to learn the basics of dance, along with rhythm work, listening and social skills, all while having fun! We’ll get you and your child moving and grooving together. Adult participation is required. Mom or dad, grandparents or babysitters are all welcome to attend with child.

Classes held at 804 Dance Place located at 10180 Lakeridge Parkway, Ashland.

**Instructor:** 804 Dance Place, LLC

**Fees:** $45, additional sibling $36

7422  W  7/10-8/7  11:00-11:30a
7423  W  7/10-8/7  6:00-6:30p

**Petite Feet**

Ages: 3 to 5. Children will explore movement through music while developing skills and emphasizing growth in kinesthetic awareness, social interaction, concentration, self esteem, basic dance technique and creative expression.

Classes held at 804 Dance Place located at 10180 Lakeridge Parkway, Ashland.

**Instructor:** 804 Dance Place, LLC

**Fees:** $60, additional sibling $55

7424  W  7/10-8/7  10:00-10:45a
7425  W  7/10-8/7  5:15-6:00p

**Dancing Little Princesses**

Ages: 3 to 6. Introductory creative dance and ballet program is an educational and developmental dance class offering ballet technique and skills, posture and balance, gross and fine motor development, flexibility, grace and poise.

Shalom Baptist Church is located at 8116 Walnut Grove Road, Mechanicsville.

**Instructor:** Stretch ‘n Grow

**Fees:** $55, additional sibling $50

7324  T  4/23-5/21  6:00-6:45p  Pearson’s Corner ES
7536  T  6/25-7/30  6:15-7:00p  Pole Green Park CC
7538  Th  6/27-8/1  10:15-11:00a  Shalom Baptist Church

**Little Rangers**

Ages: 2 to 5. Buckle up as we hop, skip and jump our way across the nation visiting our magnificent National Parks. From adventures with alligators in the Everglades, swimming with the ponies in Chincoteague, and riding ide a mule down the Grand Canyon, hit the road with energizing music, engaging props and educational experiences to discover the hidden treasures of our nation’s parks!

Shalom Baptist Church is located at 8116 Walnut Grove Road, Mechanicsville.

**Instructor:** Stretch ‘n Grow

**Fees:** $40, additional sibling $36

7537  T  6/25-7/30  5:30-6:00p  Pole Green Park CC
7539  Th  6/27-8/1  11:15-11:45a  Shalom Baptist Church
# Early Childhood

## Sports & Athletics

### Soccer for Tots

Tots are given their first soccer experience in this program. Children will play movement and skill games work on eye-foot coordination and balance. Basic soccer fundamentals such as dribbling, passing and trapping will be covered. We’ll introduce the concepts of team work and cooperation in a non-competitive environment. Each child will receive a t-shirt and medal.

**Instructor:** Stretch ‘n Grow  
**Fees:** $55, additional sibling $50  
**Ages:** 3 to 6  
7322  T  4/30-5/28  5:30-6:15p  Courthouse Park  
7412  T  7/16-8/13  6:15-7:00p  Pole Green Park  
7416  T  7/16-8/13  7:15-8:00p  Pole Green Park

### Tiny Tykes International Soccer Camp

Ages: 3 to 5. A fun introduction to soccer focusing on the delivery of immersive and interactive games and adventures influenced by the very popular year-round Tiny Tykes curriculum. Includes games and activities to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching.

**Instructor:** Challenger Sports  
**Fee:** $100  
7504  M-F  7/15-7/19  8:00-9:00a  Taylor Park  
7505  M-F  8/12-8/16  8:00-9:00a  Pole Green Park

---

## Arts & Crafts

### Acrylic Painting

Ages: 16 and up. Take a break from the heat and learn how to paint with acrylic paints! After learning how to mix paints and apply them on canvas, choose to paint independently or work on a class step by step acrylic painting lesson. All materials will be provided.

**Instructors:** Bee Kreative  
**Fee:** $45  
7489  Sa  6/22  1:00-3:30p  Pole Green Park CC

### Mixed Media Art

Ages: 16 and up. Come take a break from the heat and learn how to make a work of art with various materials and techniques! Materials provided include wood, newspaper, paint, mod podge, oil pastels, watercolor paper, watercolor paints and more. All materials are included.

**Instructors:** Bee Kreative  
**Fee:** $45  
7490  Sa  7/20  1:00-3:30p  Montpelier Park CC

### Stained Glass UFOs

Ages: 16 and up. What are Stained Glass UFOs? Unfinished objects! Bring your unfinished project(s) and finish them up so you can finally display them or get a head start on a project. Must have stained glass experience.

**Instructor:** By Celeste LLC  
**Fee:** $25  
7435  T  8/20-8/27  7:00-9:00p  Pole Green Park CC

---

The deadline to register for a Program is two weeks prior to its start date.
Adult

Watercolor Workshop

Ages: 16 and up. Take a break from the heat and learn how to use various forms of watercolor tools including paints, pencils, and pens. After learning how to use the materials, choose to draw and paint independently or make a step by step watercolor painting with the class. All materials included.

Instructors: Bee Creative  Fee: $45
7491  Sa  8/10  12:30-3:00p  Taylor Park

Educational Enrichment

Basic Dog Obedience

Ages 12 and up. Pet and pet owner will learn a better understanding of each other. All dogs will be trained on leashes and praised for proper behavior. Instruction will include sit, stay, come on command, walk on loose lead and more. Dog must be at least 12 weeks old and be up to date on shots.

Instructor: Walter Hawkins  Fee: $80
7406  W  4/10-5-29  10:00-11:00a  Taylor Park
7434  W  4/10-5-29  7:00-8:00p
Chenault Veterinary Hospital, 351 Hill Carter Pkwy, Ashland

Fluffy and Me Pack Walk and Basic Obedience

Ages: 18 and up. Build a stronger bond with your dog through weekly structured pack walks through the scenic trails at Pole Green Park. Watch your dog’s leash manners improve with each walk! Class starts with a 40 minute pack walk on the nature trail and ends with 20 minutes of training/relaxation. We offer guidance on adjusting unwanted leash behaviors and can provide space for your dog to ensure a successful experience.

Instructor: Alpha Love Dog Training
Fees: $55, additional dog within the same household $27.50 (if you have a second dog in your household, you must enroll a second adult handler at the same time to receive the discount)

Meet at the Shelter at Pole Green Park
7191  Sa  5/4-5/18  4:00-5:00p
7449  Sa  6/1-6/15  6:00-7:00p
7450  Sa  6/22-7/6  6:00-7:00p

Meet at Shelter 2 at Hanover Wayside Park
7451  Sa  7/13-7/27  6:00-7:00p
7452  Sa  8/10-8/24  6:00-7:00p
7453  Sa  8/31-9/14  6:00-7:00p

Concealed Carry Handgun – CHP

T.A.C. - Solutions

Ages: 18 and up. Learn strategies on how to avoid an encounter, and how to win if you have to pull your weapon. Topics include safe gun handling, personal safety, defensive handgun skills, prepare for the legal and civil aspects of carrying a firearm and choosing the right handgun. S.W.A.T. veteran for an instructor in this non-shooting course.

Do not bring your gun to class. There is no test. Participants will receive a course completion certificate. This class meets and exceeds the requirements for the Virginia Concealed Carry Permit.

Instructor: TAC-Solutions  Fee: $65
7194  T  4/9  5:30-9:30p  Taylor Park
7195  T  5/21  5:30-9:30p  Pole Green Park CC
7199  Sa  5/4  2:30-6:30p  Taylor Park
Adult

- **Utah Concealed Carry Class**
  **T.A.C.-Solutions**
  Ages: 18 and up. Qualify for your Utah non-resident permit that gives you all of the states that Virginia gives you for concealed carry, plus three additional states including Vermont, Delaware, and Washington State. Topics include Utah self-defense and firearms laws, civil ramifications, caring open or concealed and much more. Do not bring your gun to class. There is no test. Participants will receive a course completion certificate. This class meets and exceeds the requirements for the Utah non-resident Concealed Carry Permit.
  **Instructor:** TAC-Solutions  **Fee:** $75
  7203 M  5/6  6:00-9:00p  Montpelier Park CC

- **CPR with AED**
  **A&J Training Solutions**
  Ages: 12 and up. Designed for people who are occupationally required or just desire to have CPR and AED knowledge, such as emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters. This class covers adult, child, and infant CPR/AED and the new American Heart Association protocols.
  **Instructor:** A&J Training Solutions
  **Fees:** $50, additional family member $45
  7241 Sa  4/27  9:00a-12:00p  Taylor Park
  7243 Sa  5/11  9:00a-12:00p  East Hanover Volunteer Rescue Squad
  7445 W  6/26  6:00-9:00p  East Hanover Volunteer Rescue Squad
  7446 W  8/28  6:00-9:00p  West Hanover Volunteer Rescue Squad

- **First Aid & Safety**
  - **Basic First Aid**
    **A&J Training Solutions**
    Ages: 12 and up. Certified through the American Safety and Health Institute for a 2-year period, this program will give you the basics of pre-hospital, emergency medical care. Class is intended for those who are not healthcare providers or professional rescuers, but simply desire or are required to be certified in basic emergency medical care.
    **Instructor:** A&J Training Solutions  **Fee:** $45
    7246 Th  4/18  5:30-9:00p  West Hanover Volunteer Rescue Squad

- **Fitness & Exercise**
  - **Gentle Yoga**
    Ages: 15 and up. A less vigorous mat and standing practice suitable for beginners and those at risk for, or living with life-altering illnesses or recovering from injury (with physician approval). Focus is on flexibility, breathing, relaxation, self-empowerment, and poses/sequences to navigate and revitalize the mind, body, and spirit as you journey to your new normal.
    Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.
    **Instructor:** Cynthia Sinanian
    **Fees:** $37.50, additional family member $32.50
    7221 Th  4/25-5/30  4:30 -5:30p
    7440 Th  6/6-7/11*  4:30-5:30p
    *no class 7/4
    7441 Th  7/25-8/29*  4:30-5:30p
    *no class 8/15
Adult

➤ Get Zumba Fit
Ages: 10 and up. Looking for a fitness class that is truly addictive? Zumba is for you! It offers the heart pumping, fat burning, energy building fun you need! Using Latin inspired dance moves and up tempo, catchy beats, this fitness class will have you wanting more! Burn hundreds of calories each class while getting a total body toning workout! Anyone can do it, no dance experience necessary.

**Instructor:** Lauren Bew  **Fee:** $30
7212  Th  5/2-5/30  7:00-7:45p  Pearson’s Corner ES

➤ Let’s Go Social Dancing
Ages: 13 and up. No partner required, singles welcome! Classes introduce steps in partner dances like Swing, Waltz, Rumba, Cha-Cha, Foxtrot and focus on social dance technique and using the steps in a realistic dance setting. Each week you will be introduced to the basic steps in a new dance, and review all the steps covered.

Classes held at Off and Dancing! located at 110 Thompson Street, Ashland.

**Instructor:** Off And Dancing!  **Fee:** $72
7273  T  4/16-5/21  6:00-6:55p
7224  Th  4/25-5/30  6:00-7:15p
7442  Th  6/6-7/11*  6:00-7:15p
7438  T  6/11-7/9  6:00-7:15p
7439  T  7/23-8/27*  6:00-7:15p
7443  Th  7/25-8/29*  6:00-7:15p
*no class 8/13
*no class 8/15

➤ Yoga: Relax, Refresh, Restore and Rejuvenate
Ages: 15 and up. Yoga is not a new fad—it’s been here for thousands of years helping people to increase their flexibility and focus. Would you like to learn how to relax deeply, restore your inner-peace, and rejuvenate your body? Then this class is perfect for you! This Integral Yoga style class is appropriate for all levels; as variations of poses will be presented.

Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

**Instructor:** Cynthia Sinanian
**Fees:** $48, additional family member $40
7218  T  4/16-5/21  6:00-7:15p
7224  Th  4/25-5/30  6:00-7:15p
7442  Th  6/6-7/11*  6:00-7:15p
7438  T  6/11-7/9  6:00-7:15p
7439  T  7/23-8/27*  6:00-7:15p
*no class 8/13
7443  Th  7/25-8/29*  6:00-7:15p
*no class 8/15

Sports & Athletics

➤ Beginner Tennis – Ladies Only
Ages: 18 and up. If you’ve always wanted to learn how to play tennis, or wanted to bring back your skills you had in the past, now is your chance! We will learn the basic strokes (backhand, forehand, volley, overhead, serve), scoring and match play. Learn/re-learn the lifetime sport of tennis - come join us as we play tennis, make friends, and laugh a lot! Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor.

**Instructor:** Play Tennis Hanover
**Fees:** $115, additional family member $100
7386  Sa  4/20-6/1  8:00-9:00a  Chickahominy MS

The deadline to register for a Program is two weeks prior to its start date.
**Adult**

**Intermediate Tennis – Ladies Only**

Ages: 18 and up. This course is designed for ladies who have already taken Ladies Only Beginner Tennis, as well as, for any ladies who already have some experience/skill at tennis. This class will focus more on match play (mostly doubles), but still with an emphasis on fun! Come join us as we play tennis, make friends, and laugh a lot! Equipment provided, just bring your desire for fun! Classes led by a USPTA Certified Instructor.

**Instructor:** Play Tennis Hanover  
**Fees:** $115, additional family member $100

7387  Sa  4/20-6/1  9:00-10:00a  Chickahominy MS

---

**Seniors**

**Arts & Crafts**

**Choose Your Own Clayful Adventure**

Ages: 50 and up. Choose to do one of the following projects: paint your own pottery piece from a variety of pottery pieces, make a beautiful tiled mosaic, sculpt some unique pendants to wear, or design a ceramic name sign to hang on the front of your house. All supplies are included, just come ready to be creative!

**Instructor:** Handy Treasures LLC  
**Fee:** $20

7234  Sa  5/18  11:00a-12:00p  Montpelier Park CC

---

**Introduction to Art**

Ages: 50 and up. Welcome to the wonderful world of art where we will explore popular art mediums and help you find your artistic niche! Each week will be a different type of art - acrylic painting, watercolor painting, oil pastels and mixed media art! Aprons and all materials will be provided.

**Instructors:** Bee Creative  
**Fee:** $65

7302 Sa  4/27-5/18  1:00-2:30p  Pole Green Park CC

---

**Watercolor Workshop**

Ages: 50 and up. Take a break from the heat and learn how to use various forms of watercolor tools including paints, pencils, and pens. After learning how to use the materials, choose to draw and paint independently or make a step by step watercolor painting with the class. All materials included.

**Instructors:** Bee Creative  
**Fee:** $35

7492 (Sunflower) S  6/23  2:00-4:30p  Pole Green Park CC  
7493 (Trees) Sa  7/20  4:00-6:30p  Montpelier Park CC  
7494 (Summer) Sa  8/10  3:30-6:00p  Taylor Park
Seniors

Fitness & Exercise

▶ Gentle Chair Yoga
Ages: 50 and up. Gentle Chair Yoga uses stretching, breathing, and relaxation techniques to increase flexibility, encourage a positive mind-body relationship, and deepen relaxation. Whether fully in the chair or using it for light support, this gentle yoga practice gives youth benefits of traditional Hatha yoga. Suitable for those with conditions impacting balance/mobility, seniors, and those whose doctors have cleared them for a gentle yoga practice. Beginners welcome!
Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.

Instructor: Cynthia Sinanian
Fees: $37.50, additional family member $32.50
7215  T  4/16-5/21  4:30-5:30p
Fees: $31.25, additional family member $26.25
7436  T  6/11-7/9  4:30-5:30p
7437  T  7/23-8/27*  4:30-5:30p
*no class 8/13

Senior Adult Trips

All trips are for active adults, age 50 and older.
Bus departs from Courthouse Park.

▶ Washington’s Mount Vernon with Boat Ride Trip
Your trip includes:
• Round-trip motorcoach transportation
• Potomac Riverboat 1 ½ hour narrated cruise down the Potomac River to Mount Vernon
• Lunch at the Mount Vernon Inn
• Admission to Mount Vernon
• Visits to the Ford Orientation Center and the Donald W. Reynolds Museum and Education Center
• Refreshments served aboard the motorcoach
• Tax and gratuity on inclusions
• Driver gratuity
Please note that this is a walking tour. Please wear comfortable shoes.
Fee: $170 | Registration deadline: May 10, or as space permits.
7330  T  6/11  7:30a-6:30p

▶ Treasures of Maryland’s Solomons Island Trip
Visit Solomons Island, Maryland a place of uncommon charm and unspoiled beauty, where the Patuxent River meets the Chesapeake Bay in Southern Maryland.
Your trip includes:
• Round-trip motorcoach transportation
• Hour-long cruise aboard the William B. Tennison
• Lunch at the Kingfishers Seafood Bar and Grill
• Tour of the Lore Oyster House, a 1934 seafood packing house, now a National Historic Landmark
• Admission to the newly renovated Patuxent River Naval Air Museum
• Refreshments served aboard the motorcoach
• Tax and gratuity for lunch
• Driver gratuity
Fee: $155 | Registration deadline: August 19, or as space permits.
7460  W  9/18  8:00a-6:30p
Hobbies & Interests

▶ Pinochle Club
Playing with two, three or four players and a unique deck of 48 cards, accumulate points by winning tricks or melding a combination of cards. Club meets on the 2nd and 4th Monday of each month, 9:30a–11:30a at Pole Green Community Center.

▶ Hanover Diners Club
Club meets the first Wednesday of each month, 11:30a-1:00p. Pre-registration required, deadline is one day before each lunch.
May 1: Outback Steakhouse, Mechanicsville
June 5: Trackside Grill, Ashland
July 3: Bell Café, Mechanicsville
August 7: Islamorada Fish Company, Ashland

▶ Canasta Club
This fun game is a relaxing way to spend time with friends or make some new ones. Club meets each Monday, 12 noon–3:30p at Pole Green Community Center.

▶ Social Bridge
Bridge players with basic knowledge of the game may join fellow players for fun and fellowship. Players will rotate tables throughout the social. Club meets Tuesdays, 10:00a–3:00p at Pole Green Community Center.

▶ Mah Jongg
Ages: 18 and up. Enjoy the American version of Mah Jongg – a Chinese tile game that is similar to Gin Rummy but uses sets of tiles and score cards. Club meets the 1st Monday of each month, from 9:30 - 11:30a at Pole Green Park Community Center.

▶ Mechanicsville Chess Club
Casual chess, club/rated chess (with a clock), blitz, bullet, and bughouse are all welcome, everything chess. A few chess sets may be available, please bring your own set and clock if you have them. Club meets Tuesdays 6:30–8:30p at Atlee Library.

▶ Country School Quilters
Meetings are held from 7:00–9:00p on the second Tuesday of each month at Montpelier Park Community Center.
“Sewing Days” are on the second Saturday of each month from 9:00a–4:00p, and the Friday proceeding the second Saturday, from 9:00a–4:00p.
For more information see http://countryschoolquilters.blogspot.com/.

▶ Euchre Club
Join us for a fun-filled afternoon of playing Euchre. No complicated scoring needed in this action-packed game. Club meets at Montpelier Park Community Center. Check online at www.hanoverparksrec.com for meeting dates and times.

Join us for Mechanicsville’s WALK WITH A DOC
This free walk will be hosted monthly by different community providers. Join us the 3rd Tuesday of each month at 5:30pm!
waklwithadoc.org/our-locations/Mechanicsville-va
Parenting Education
Taught by Hanover County Community Services Board.
Pre-registration is required, as space is limited.

Parent enrollment in concurrent workshop is required.

1-2-3 Magic (Course 7467)
Ages: 18 and up. This workshop is based on the award-winning, best-selling 1-2-3 Magic book by Thomas Phelan, Ph.D. Parents will learn specific techniques to minimize whining, arguing, and tantrums in children. The workshop will also provide strategies to encourage positive behavior in children (cleaning up after themselves, going to bed on time, and completing homework assignments).

Making Healthy Choices (Course 7468)
Ages: 5 to 11. Children are invited to attend a life skills workshop and learn skills they need to make healthy life choices.

Creating Positive Sibling Relationships (Course 7477)
Ages: 18 and up. It is difficult to watch children we love quarrel and fight. We want our children to be compassionate and loving with one another. Sibling relationships are typically the longest lifetime friendship your child will ever have. In this workshop, parents will learn specific strategies to help their children resolve conflict peacefully with their siblings.

Peaceful Siblings (Course 7478)
Ages: 5 to 11. Children are invited to attend a life skills workshop on developing strong sibling relationships. Participants will learn how to identify the process of conflict and negotiation and explore effective techniques for creating resolutions to potential future conflicts.

Giving Children Responsibility for Themselves (Course 7463)
Ages: 18 and up. Responsibility is a character trait that helps children become self-reliant, proactive, cooperative, and confident. This workshop will help parents provide children with responsibilities that are commensurate with their age and abilities.

The Path of Responsibility (Course 7464)
Ages: 5 to 11. Children are invited to attend a life skills workshop. They will learn valuable lessons in personal responsibility by encouraging independence and self-awareness.

Helping Children Cope with Stress (Course 7473)
Ages: 18 and up. All children will experience stress from time to time. Any period of adjusting to change like starting a new school or getting used to having a new baby brother or sister can be hard. Problems with schoolwork or conflicts with other children can all create stress. This workshop will help parents teach their children how to handle new or frustrating situations and teach ways of managing stress.

Butterflies in My Stomach (Course 7474)
Ages: At least 5 but less than 12. Children will discover effective ways for calming down, releasing their worries and coping through relaxation skills.
Nurturing Self-Esteem in Children  
(Course 7469)  
Ages: 18 and up. Self-esteem influences the self-confidence your child will have throughout his or her life. It will have an impact on your child's friendships, creativity, productivity, relationships with family members, and success in school. This workshop will help parents discover the main sources of self-esteem and gain skills for developing self-esteem in children.

Positive Me  
(Course 7470)  
Ages: 5 to 11. Children will discuss how positive thoughts and feelings equal positive actions.

Parenting a Child with ADHD  
(Course 7475)  
Ages: 18 and up. This workshop is designed to address the unique parenting skills needed to parent a child with ADHD. You will learn specific strategies to help your child develop positive habits and minimize negative behaviors, help your child understand and manage their feelings, and optimize learning at school.

Skill Building in Children with ADHD  
(Course 7476)  
Ages: At least 5 but less than 12. Children are invited to attend a life skills workshop. They will learn skills on organization, setting goals, and managing strong feelings.

More Than Sad: Understanding Teen Depression  
Ages: 18 and up. Participants will learn how depression can affect adolescents. This workshop is ideal for anyone who works with teens or is a parent of an adolescent. Participants will be linked with local resources to help teens with depression.

Strengthening Families Program  
Ages: 18 and up. Do you want to improve your relationship with your child? This program is designed for families with teens and is unique because it is designed for the whole family. This free program is limited to the first ten (10) Hanover families with a child age 10 - 14. Dinner is provided. Parents meet to learn about adolescent development and share ideas that work, while the middle-schoolers learn their own set of skills. Then the two groups join together to practice what they've learned and have some fun.

Youth Mental Health First Aid  
Ages: 18 and up. This workshop is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens the skills to help an adolescent (age 12-18) who is experiencing a mental health crisis or addiction. It teaches a 5-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care.
County and School Facilities

**Boat Ramps**

**Rt. 1/North Anna Ramp**
17600 Washington Highway
Doswell, VA 23047

**Rt. 33/South Anna Ramp**
15008 Mountain Road
Glen Allen, VA 23059

**Rt. 54/South Anna Ramp**
13151 West Patrick Henry Road
Ashland, VA 23005

**Rt. 301/Pamunkey Ramp**
13600 Hanover Courthouse Rd
Hanover, VA 23069

**County Parks**

**Cold Harbor Battlefield Park**
6005 Cold Harbor Road
Mechanicsville, VA 23111

**Courthouse Park**
7232 Courtland Farm Road
Hanover, VA 23069

**Hanover Wayside Park**
8225 Hanover Wayside Road
Hanover, VA 23069

**Montpelier Park & Community Center**
17203 Sycamore Tavern Ln
Montpelier, VA 23192

**North Anna Battlefield Park**
11576 Verdon Road
Doswell, VA 23047

**Pole Green Park & Community Center**
8996 Pole Green Park Lane
Mechanicsville, VA 23116

**Poor Farm Park**
13400 Liberty School Road
Ashland, VA 23005

**Taylor Park & Taylor Complex**
13017 Taylor Complex Ln
Ashland, VA 23005

**Washington Lacy Park**
13400 Woodside Lane
Ashland, VA 23005

**County Libraries**

**Ashland Library**
201 S. Railroad Avenue
Ashland, VA 23005

**Atlee Library**
9161 Atlee Road
Mechanicsville, VA 23116

**County Schools**

**Mechanicsville Library**
7461 Sherwood Crossing Place
Mechanicsville, VA 23111

**Rockville Library**
16600 Pouncey Tract Road
Rockville, VA 23146

**Kersey Creek Elementary**
10004 Learning Lane
Mechanicsville, VA 23116

**Laurel Meadow Elementary**
8248 Lee-Davis Road
Mechanicsville, VA 23111

**Lee Davis High**
7502 Mechanicsville Tnpk
Mechanicsville, VA 23111

**Liberty Middle**
13496 Liberty School Road
Ashland, VA 23005

**Mechanicsville Elementary**
7425 Mechanicsville Elem. Dr.
Mechanicsville, VA 23111

**Oak Knoll Middle**
10295 Chamberlayne Road
Mechanicsville, VA 23116

**Patrick Henry High**
12449 West Patrick Henry Rd
Ashland, VA 23005

**Pearsons Corner Elementary**
8290 New Ashcake Road
Mechanicsville, VA 23116

**Pole Green Elementary**
8993 Pole Green Park Lane
Mechanicsville, VA 23116

**Rural Point Elementary**
7161 Studley Road
Mechanicsville, VA 23116

**South Anna Elementary**
13122 Walton’s Tavern Road
Montpelier, VA 23192

**Stonewall Jackson Middle**
8021 Lee Davis Road
Mechanicsville, VA 23111

**Washington-Henry Elementary**
9025 Washington Henry Dr.
Mechanicsville, VA 23116
ENROLL AND PAY ONLINE TO GUARANTEE YOUR SPACE
HANOVERPARKSREC.COM

Or submit completed form to Hanover County Parks & Recreation
Mail: 13017 Taylor Complex Lane, Ashland, VA 23005
Fax: (804) 368-4696
Email: parksandrec@hanovercounty.gov

汉诺瓦县
VA

PARKS & RECREATION

Adult or Parent/Guardian Information: please print clearly

First Name __________________________ Last Name __________________________
Address _____________________________
City __________________________ State ________ Zip __________
Phone (H): ___________ (W): ___________ (C): ___________

If willing to receive text messages, please identify cell provider:

Email Address:

Participation Waiver: I, the undersigned participant/parent or guardian, if under eighteen, desire to participate in the Hanover County Parks and Recreation Department programs and all special events, hereby release and agree to indemnify and save harmless Hanover County, the Parks and Recreation Department, its employees, and any official of the special activity, from any and all claims of any nature for injury or loss that may result in such participation or preparation for such participation. I hereby fully consent to emergency medical care rendered by competent personnel or hospitals, should such attention become necessary during the special events. Further, I certify that the infant is in good physical condition and capable of participating in programs.

Participant or Parent/Guardian Signature: __________________________ Date: __________

Program and Participant Information:

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
<th>Birth Date</th>
<th>Grade</th>
<th>Gender</th>
<th>Program #</th>
<th>Program Title</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Participant Emergency Contact (Name): __________________________
Home: __________________________ Cell: __________________________

Pre-payment required to complete registration
☐ Cash (please bring correct change, cash accepted only at the Taylor Complex Office)
☐ Check (Make payable to Hanover County)
☐ Credit Card

Please DO NOT provide your card number on this registration form. Please provide us with your contact information should we have to reach you during business hours to securely receive your payment information.

Name: __________________________ Phone Number: __________________________
Hanover’s Sounds Festival

featuring

the Richmond Symphony under the Big Tent

What a wonderful way to spend time with family on Mother’s Day weekend!

This free music festival will also feature activities for the entire family to include an instrument petting zoo, craft activities for kids, artisan and craft vendors (to find that perfect gift) and delicious mobile food vendors.

Saturday, May 11
4:00 – 8:00 PM  |  Pole Green Park

Additional Performances by
Hanover County Public Schools
All County Jazz Band
Hanover Concert Band
No BS Brass
The Remnants Rock-n-Soul
MaKo Music School

Hanover County VA
Parks & Recreation
parksandrec@hanovercounty.gov

13017 Taylor Complex Lane, Ashland, VA 23005
(804) 365-7150
www.hanovercounty.gov