IN THE NEWS

Michael G. Harman Sr., who began a 50-year career with the Fire service in 1968, was honored by Hanover Fire/EMS with its Service Award in January. Harman served as the first Public Safety Director when Fire and EMS were merged in 2002.

Hanover’s favorite dog-centered event, the K9 Heroes Day featuring Pooch Pursuit 5k Run/2k Walk, will be held at Pole Green Park on Saturday, April 20. Enjoy amazing demonstrations in the areas of command, protection, obedience and search and rescue and entertaining games and contests in the K9 Fun Zone along with many activities. Pre-registration and payment required for the Pooch Pursuit by April 17. Contact Parks & Recreation at 365-7150 or email parksandrec@hanovercounty.gov

See page 8 for summer listings. Registration begins April 1.
My colleagues on the Board of Supervisors honored me at the beginning of the year by selecting me to chair the board for the 2019 year. Part of the responsibility of this position is to prepare this communication for The Hanover Review. While this is not my first column, it is the first since 2013.

By the time you are reading this, spring will be in the air and hopefully you will be able to peruse the Review in your lawn chair or hammock instead of in front of the fireplace. In either case, I want to share something very special about our county.

I have had the opportunity to participate in many DARE graduation ceremonies at a number of our county’s elementary schools over the years I’ve been serving on the Board. One morning in February, I had the opportunity to participate in the DARE graduation ceremony at Washington & Henry Elementary School and as I looked out over the room filled with eager fifth grade students, their parents, grandparents and siblings, their teachers, the Principal and especially their obviously beloved DARE officer, Mike Carr, a light bulb went off in my head and I decided that this was going to be the basis of my message.

The DARE program is designed to give our young people the tools necessary to empower them to respect others and choose to lead lives free from violence, substance abuse, and other dangerous behaviors. The children in front of me had adopted those tools. Their parents, educators and law enforcement personnel were there building up their confidence and preparing them to use those tools as they go forward to middle school and later on to high school. It was pointed out that there will be attempts to lead them astray and into making inappropriate and harmful decisions; but, they were assured that with their acquired tools and mutual support, they can and will be able to overcome those temptations.

The DARE program is also a microcosm of what we see happening in Hanover County every day. This program is effective; but, it is only effective because of teamwork. The DARE program only succeeds because students and their families work in cooperation with Hanover County Public Schools and the Hanover County Sheriff’s Department who pool their resources to insure a seamless experience of education and empowerment for our children.

We are fortunate in Hanover County to have citizens who are concerned and willing to get actively involved whenever community needs arise. We are also fortunate to have a government in which all departments are made aware that their purpose is to serve. Just
Proposed County Budget

Public hearing on April 3 at 7 p.m

County Administrator Cecil R. Harris Jr. has proposed a County Fiscal Year 2020 budget of $492 million, a 6.3% increase made possible by a strong local economy. Tax revenues are up in all categories and Harris proposes to meet needs in schools, public safety and the County workforce.

“Focusing on our traditional priorities, this budget meets the service needs of today while establishing a strong blueprint for the future through the funding of significant new school facilities, major road improvements and new parks and libraries,” Harris wrote in his budget letter.

Education and Public Safety continue to be the areas in which Hanover invests the most. His proposal includes 18 new positions in the Schools and 17 positions in Public Safety, primarily the Sheriff’s Office and Fire/EMS.

The six new positions in Fire/EMS would allow 24/7 coverage at the Ashland Fire Station. Of the seven new deputy sheriff positions, two would be assigned to the schools to enhance security.

Harris is proposing 3% salary increases for teachers and County employees.

For the 14th consecutive year, no increase to property tax rates is proposed. The only rate increases in the proposed FY20 budget are water and wastewater rates for Public Utilities customers. With these increases, the average bill would increase by $3.24 every two months.

FROM THE

County Administrator

Rhu Harris

Last month Dr. Gill was named the 2019 Region I Superintendent of the Year by the Virginia Association of School Superintendents. There are 15 school districts in Region 1, and now our superintendent will be among those competing for the Virginia Superintendent of the Year award.

It was less than a year ago that the Virginia PTA named Dr. Gill as its 2018 Superintendent of the Year. While I have known for some time just how lucky we are to have Dr. Gill as our School superintendent, our secret has gotten out.

Dr. Gill has been an incredible champion for Hanover students and faculty. Together we have continued the long standing teamwork of County and Schools working together to meet the needs of the Hanover community. My congratulations to Dr. Gill on the Region 1 recognition, and I along with many others will be pulling for him to receive the Virginia Superintendent of the year award.

I also want to express my appreciation to a key member of our leadership team who retired last month. I have worked with Sterling Rives since he came to Hanover as our County Attorney in September 1987 and can say confidently that Hanover will miss him.

Those of us who have worked with him have long known Sterling for his outstanding legal mind and quick wit, but most residents are not aware of the significant role he has played in shaping Hanover’s course. Sterling’s insights in policy matters from Comprehensive Planning to law enforcement policies have helped Hanover retain the rural character we have today all the while helping us improve the quality of life we cherish so much.

As I have written about before, we pride ourselves in working as a team and Sterling has been an integral part of that team his entire career. I am proud to call Sterling a friend and wish him a great retirement exploring the world and riding his motorcycle for the next 40 years.

Major Capital Improvements

Several major capital investments are proposed, including a new Montpelier library and community center. This facility will replace the current leased space and include a gymnasium.

New park property is being sought in the eastern end of the County, using proceeds from the sale of the previously-planned Cold Harbor Park to the American Battlefield Association.

Other major capital projects reflected in this year’s budget include the widening of Sliding Hill Road to the New Ashcake Road intersection; construction of a roundabout at the intersection of Creighton and Cold Harbor Road; and improvements to the intersection of Rt. 360 and Lee-Davis Road.

A new terminal building will be built on the east side of the Hanover Airport and a new Fire Training Burn building will be built at the current site of the Fire Training Center.

Major capital investments in the school system include funding for the consolidation of Henry Clay and John M. Gandy Elementary Schools into a new school and to purchase a new secondary school site.

Continued improvements to the Schools technology program are funded in each year of the capital improvements plan. These investments include upgrades to the wireless infrastructure as well as the purchase of devices for teachers.

The County Administrator’s proposed budget is online; go to Budget under quick links at www.hanovercounty.gov.
Dr. Michael Gill

After a winter full of dramatic weather fluctuations, we eagerly await the warmth and renewal of spring. Despite the weather, the instruction in each of our buildings continues to be top notch and our students are making remarkable progress, thanks to our outstanding teachers and support staff. A notable change this academic year for all public school divisions in the Commonwealth are the new, more rigorous Standards of Accreditation implemented by the Virginia Department of Education. This new model will assess multiple data points in addition to SOL scores, including graduation, career readiness, and attendance measures. Although this will make it more difficult for schools and school divisions to earn full accreditation, we embrace this change as it places greater emphasis on the success of all learners. As we have long believed and expressed, standardized test scores should never be the sole judge of a student’s knowledge or an educator’s effectiveness, and our focus will continue to be on the development of the whole child—academic, social-emotional, career readiness, citizenship, and more.

We reinforce our comprehensive approach to education in several ways, as seen in the work of our Profile of a Hanover Graduate Committee and our Equity Committee. The Profile of a Hanover Graduate is a learner profile that emphasizes not just academic skills, but those skills that will serve our students well into their adult lives. Modeled upon the state’s framework, the Profile of a Hanover Graduate will ensure that our students graduate with the ability to collaborate, communicate, and think critically in order to pursue their own personal and professional interests and contribute meaningfully to their community. The profile will be presented to the School Board later this school year, and it will operate alongside our division’s Long Range Plan. The Equity Committee is comprised of a diverse group of internal and external school division stakeholders. They are looking at the school division’s work through the comprehensive lens of meeting the needs of diverse learners throughout the division. Their recommendations will be important as we differentiate resources and examine our practices so that all students can reach their potential regardless of socioeconomic status, race or ethnicity, or special learning needs.

We remain committed to upholding our longstanding tradition of excellence, which is reflected in the School Board’s approved budget for the next fiscal year (FY20). Our employees are our most valuable resource and are vital to our ongoing success. As a result, the budget includes a proposed 3% pay raise for all division employees and a salary scale adjustment to the teacher pay plan that will help us to recruit and retain the very best talent. Similarly, the proposed budget underscores our commitment to meeting the ever-increasing and evolving needs of our students with the addition of counseling, mental health, and special education resources and supports. The budget also includes continued funding of the Five-Year Technology Plan, as well as outlines a plan to begin the replacement or renovation of several of our aging facilities over the next several years.

It is an exciting time to be a part of Hanover County Public Schools, and we invite you to become involved with us. Whether it is volunteering in a classroom or cafeteria, serving on a committee, or attending an athletic or performing arts event, your partnership is important to us. We look forward to welcoming you.
Battling the Opioid crisis

Hanover joins with regional partners to provide information across all media

Opioid abuse is a deadly problem that affects all communities, including Hanover County. In the last two years, 30 people have died in Hanover from overdoses, according to the Hanover Sheriff's Office.

Hanover is working with its regional partners – Henrico, Chesterfield and the City of Richmond – to combat this crisis. Last month, leaders from all four jurisdictions announced the launch of a yearlong media campaign under the name Opioid Solutions RVA to highlight the dangers of opioid abuse and to connect those struggling with addiction to information, treatment and resources.

A new website – opioidSolutionsrva.com – provides information on education, prevention, treatment and recovery in all four localities.

The website directs those needing immediate help or recovery support to resources, and it offers practical guidance, for example, on discussing pain-relieving alternatives with a doctor as well as what parents can do if their child is suspected of using drugs.

Clicking on the Hanover County seal under the main photo on the home page takes you to the Community Services Board page on the County’s website. In Hanover, you can get help for mental health or drug crisis services 24/7 by calling 365-4200.

The opioidSolutionsrva.com website also contains a community calendar for special programs and initiatives, such as drug take-back drives (the next one in Hanover is on April 27) and classes on how to administer naloxone, which can be used to revive someone following a suspected opioid overdose.

“This website makes it easy for residents of our region to find news and resources that are specific to the place where they live and events that are near their homes,” remarked Canova Peterson, Chairman of the Hanover Board of Supervisors, at the official kickoff event on February 7.

“Regardless of our street address or zip code, we are all residents of the Richmond region,” Peterson added. “This website, and this initiative, has been a great example of regional cooperation. We are all in this together.”

Over the next year, you may see and hear a number of advertisements and announcements on various media platforms, including billboards, radio, social media, TV and print. The $100,000 cost is being shared by the four localities.

From the Chairman

Continued from Page 2

as in the DARE program, when citizens and their government work together, as a team, our county becomes an even better place to live and prosper.

I am proud to call Hanover my home and feel blessed to have had the opportunity to raise my family in this wonderful place, made special by the special citizens of Hanover County.

Prescription drugs ‘taken back’ on April 27 with no questions asked

If you have unwanted prescription drugs around your home, you will have the opportunity to get rid of them on Saturday, April 27.

The Hanover County Sheriff’s Office, in cooperation with Ashland Police Department and Hanover County Public Works, will conduct a Prescription Drug Take-Back Day between 10 a.m. and 2 p.m. on April 27.

Hanover County residents can drop off their expired, used or unwanted pharmaceuticals and medications at the Mechanicsville Solid Waste Center at 7427 Verdi Lane and the Ashland Police Department at 601 England St in Ashland.

This is a free service to Hanover County and Town of Ashland citizens, who can safely surrender their expired, unwanted, or unused pharmaceuticals and medications- no questions asked, no identification required. These items include prescription medications and over-the-counter solid dosage medications (e.g., tablets, capsules, pills, etc.) and liquid products, such as prescription cough syrups (please keep sealed in original container).

Items that can be collected are: prescription, or over-the-counter solid dosage medications (e.g., tablets, capsules, pills, etc.) Liquid products, such as cough syrups need to be in sealed in their original container.

No needles, intra-venous solutions, nor illicit substances such as marijuana, or methamphetamine will be accepted.
Difficult to replace
Sterling Rives retires after 31 years

For the first time in more than 31 years, Hanover County will have a new Attorney later this spring. Sterling E. Rives III retired effective March 1, ending a distinguished career in local government law and public service.

Rives represented Hanover County before judges and state legislators and in Board rooms. His advice to the Board of Supervisors and to other members of staff helped guide the Board’s actions on innumerable zoning and ordinance decisions and helped strengthen the Comprehensive Land Use Plan, which the Board uses to manage growth in the County.

When Rives came here in September 1987, Hanover was transitioning from a mostly-rural community to one that was beginning to experience even stronger growth pressures because of its quality of life and its prime location within the Richmond region.

“Hanover’s population has significantly increased over the last 30 years,” Rives recalls. “By the design of the Comprehensive Plan, 70% of the new growth has been in the Suburban Services Area. Having this influx of population and business development in the Suburban Services Area means that the County must provide water and sewer to that area and build the infrastructure required to serve that growth.”

The greatest challenge
Rives successfully defended the County’s Comprehensive Plan in a number of cases. Perhaps its greatest challenge came between 2000 and 2006, when opponents to the proposed Totopotomoy wastewater treatment plant sought to stop the project in state and federal courts.

“Without that plant, Hanover could not have continued to provide services to the Suburban Services Area and could not have continued to maintain the Comprehensive Plan that has been so successful,” Rives said. “There were seven lawsuits related to the construction of that plant, and ultimately we were successful in each of them. All of us are proud of that accomplishment.”

In Rives’ view, what has changed the most in Hanover over his three decades of service is the quality of services and county facilities.

“Dramatic improvements”
“There have been dramatic improvements in the quality of services, not only education and public safety, but also our parks, public utilities and public works,” he said.

While County residents remain generally “self-reliant,” Rives said, as Hanover has grown, the local government has taken on more responsibilities. As one example, he noted, “back in 1987 the County didn’t have anything to do with roads in the County and we weren’t involved with right-of-way acquisition, that was a state function. Road improvement projects take a lot of our time and effort now.” When water and sewer were extended from Rt. 1 to Rt. 33, the County had to acquire easements across more than 100 parcels, a process that took years.

Rives is quick to emphasize that he was just one member of a talented and dedicated team.

“I am very proud to have been one member of a team of elected officials, constitutional officers, citizen appointees to boards and commissions and county employees who have worked hard to improve services to Hanover citizens while maintaining a stable tax rate,” he said. “All across the state, Hanover has the reputation of being a well-run county government. I’m proud to have played a role in that.” Rives also credits the “excellent team of attorneys and legal assistants” in the County Attorney’s Office with its success.

A prestigious award
In 2008, Rives received the Edward J. Finnegan Award for Distinguished Public Service from the Local Government Attorneys of Virginia, Inc. (LGA). The LGA is an organization of over 725 public and private sector attorneys that provide legal services to the cities, counties and towns of the Commonwealth.

Rives, his peers said, “demonstrated a commitment to the highest professional and ethical standards and has enhanced the image of local government attorneys in the Commonwealth of Virginia.”

The Board of Supervisors, to whom the County Attorney reports directly, has begun the search for a new County Attorney. In December the Board authorized the Department of Human Resources to work with an executive search firm to develop a list of top candidates. The Board will interview the top finalist candidates.

What will Rives be doing in his well-earned retirement? “I like working with my hands and fixing things,” he said. “I’ve got an old car, an old boat and an old house, and all three of them require a lot of attention.” He also looks forward to spending more time traveling with his wife, Nancy.
A 300th birthday!

County to seek community partners, sponsors

Hanover County turns 300 next year, and the Board of Supervisors has appointed a citizen’s committee to plan the celebration.

A community partnerships subcommittee is identifying organizations that could partner with the County, an events subcommittee is considering events and a fundraising subcommittee will seek financial support.

Later this spring, Hanover County will unveil a logo. Events that participate in the 300th birthday celebration will be able to use the logo with the committee’s approval and the County will promote approved events.

In addition, one or more new events could be created by the committee. The County’s actual birthday is in November 2020 but that ‘party’ could be the culmination of a year’s worth of events.

Community participation and financial support will be key to the success of the celebration. For more information or to offer help, contact us at this e-mail address: hanover300@hanovercounty.gov.

In January, the General Assembly passed a resolution recognizing Hanover’s “unique role in events that have shaped the Commonwealth and the United States.”

For example, Hanover native Patrick Henry was one of the great patriots in the American Revolution and fellow Hanover native Henry Clay was one of the greatest statesmen of the 19th century.

Hanover’s historic Courthouse is the second oldest in Virginia still in use and the historic Polegreen Church was the hub of the struggle for religious liberty in the years before the American Revolution.

POLEGREEN CHURCH

The historic Polegreen Church is located off Rural Point Road just west of its intersection with Polegreen Road. The church burned down during the Civil War, but in 1990 the remains of its foundation were found. The white skeleton of the church visible on the site represents the size and frame of the historic church and 110 acres around it have been preserved. Admission is free and the Polegreen is open from sunrise to sunset, year-round. For more information on this Hanover treasure, go to www.historicpolegreen.org. It is also part of the “Road to Revolution” Historic Hanover Bus Tour featured on this page.
SUMMER CAMPS

Explore the Outdoors

Who wants to be stuck inside all day? Join us and Explore the Outdoors! With a variety of activities, such as a nature walk to learn about native plants and animals, learning some basic camping and outdoor skills, making a solar oven for s’mores and painting and placing inspirational rocks! A lifetime of outdoor adventures starts here!

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Expressive Outlets

Exploring the cultural arts and its many forms, we will touch on the culinary, visual and performance arts in a way that will excite campers and send them home with amazing creations. We will explore DIY arts and crafts, simple snack and meal preparations, music, theater and more!

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SUMMER CAMPS
8:00 a.m. - 5:00 p.m.

Kidventures
Filled with mental and physical challenges all week long, there will be no shortage of winners at this camp! With individual, small and large group activities, campers will be challenged by competition style games and contests, scavenger hunts, a series of clue and puzzle based tasks and Olympic-style sports. You had better bring your “A-Game!”

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Weird Science
School may be on a summer break, but your brain doesn’t need to be! Join us for a fun filled week of bonkers biology, crazy chemistry, exciting engineering and more! Hands on experiments, STEM themed visitors and a field trip to boot...let us help keep your child’s mind active this summer with some Weird Science.

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Fees:
Hanover Resident / Non- Hanover Resident

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**EPIC Elementary**  |  **Rising 1st – 5th Graders**
Experience the fun of a day camp program with activities, games, crafts, special visitors and one field trip each week. Our elementary aged campers are sure to have an epic time at EPIC Elementary! Each week's theme will keep campers moving, playing and creating. Scheduled activity and theme information will be available online and included in registration confirmation.

8:00 a.m. - 4:30 p.m.

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<tr>
<th>Location</th>
<th>6/24-6/27</th>
<th>7/1-7/3</th>
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* Participants can receive free nutritious lunch daily at camp Tuesday, June 25 – Thursday, July 18 through the Hanover County Public Schools Summer Food Service Program, administered by the US Department of Agriculture.

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**MEGA Middle**  |  **Rising 6th – 8th Graders**
MEGA Middle is a week full of options for your tween, featuring two field trips, hands-on special visitors, interactive group fun, cool crafts and much more! Scheduled field trips and special visitor information will be available online and included in registration confirmation.

8:00 a.m. - 5:00 p.m.

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<thead>
<tr>
<th>Location</th>
<th>6/24-6/27</th>
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**Fees:**

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<th>Location</th>
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<td>M/Tu/W</td>
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Students enrolled in summer school may register to attend EPIC Elementary in the afternoon.

M-Th: $40, July 1-3, M-W: $30
Youth Day Camp

Arts & Crafts

► Deep Blue Sea

Ages: 5 to 10. Grab your goggles and dive into learning and creativity this summer with Young Rembrandts. Our students will create cartoon and realistic illustrations inspired by creatures under the sea. Funny expressions, fish word play and a detailed scuba diving scene are just some of the drawings our campers will illustrate. A sea filled with fun awaits!

Instructor: Young Rembrandts
Fee: $135
7472 M-F 7/29-8/2 9:00a-12:00p Pole Green Park CC
Check out STEMed Club Camp offered 12:30p - 4:30p, for a full day of camp!

► Fantasy Forest

Ages: 5 to 10. Magical, mythical, marvelous art is coming your way in the new Young Rembrandts drawing workshop! Join us for five fun filled days of creative thought as we explore deep in the Fantasy Forest. Students will tap into their imagination while learning to draw otherworldly creatures like fairies, trolls and a forest queen. Your child’s talent will truly enchant you as they create beautiful scenery and new masterpieces every day!

Instructor: Young Rembrandts
Fee: $110
7466 M-F 8/5-8/9 9:00a-12:00p Montpelier Park CC
Check out STEMed Club Camp offered 12:30p - 4:30p, for a full day of camp!

Educational Enrichment

► Building is Awesome Camp

Ages: 6 to 10. Join Emmet, Lucy, Unicorn Kitty and Benny on a journey to stop Bad Cop and Lord Business from super-gluing the world. Campers will put their engineering skills to work as they build motorized models, 3D figure models and mosaics while playing fun games and doing cool crafts based on the LEGO Movie and its sequel. Whether you take an imaginary ride on Metal Beard’s ship or Emmet’s double-decker couch, be sure to get on over to Building is Awesome!

Instructor: Bricks 4 Kidz Fee: $195
7483 M-F 6/24-6/28 8:00a-5:00p Pole Green Park CC

► Cranium Contraption STEM Camp

Ages: 6 to 10. Build and explore crazy contraptions that really work your brain! Compete with friends in a rousing game of Battle Tops and experiment with the Mini Fig Mover to see how this model will send your mini figure for a ride. Come join us as your budding meteorologist builds and explores the when, where, how and why of the amazing and powerful forces of nature with LEGO bricks. We will examine a map of the “Pacific Ring of Fire” and view a diagram of the tectonic plates and learn how their movement creates earthquakes. Define the area known as “Tornado Alley” in North America, and discover what hurricanes are called in different parts of the world.

Instructor: Bricks 4 Kidz Fee: $195
7480 M-F 6/17-6/21 8:00a-5:00p Taylor Park

► Electronic Game Design – Shark Attack

Ages: 6 to 12. Watch out... it’s a Shark Attack! Join us for Invader Defense: Shark Attack, where the campers will create their own version of an invader defense game that will allow them to protect a coral reef from hungry sharks. We will use the engineering design process to create a storyboard to outline the rules of play and characters for the game. By the end of camp, you will have a game that is ready for you and your friends to play.

Camp held at Pump it Up located at 9555 Kings Charter Drive, Ashland.

Instructor: Engineering for Kids Fee: $185
7487 M-F 7/12-7/16 8:00a-5:00p Pole Green Park CC

► Food Around the World

Ages: 6 to 13. Spin the culinary globe with the chefs from Edible Education. Students will enjoy preparing hands on delicious foods from an array of countries around the world. Extruding pasta, rolling tortillas and flipping crepes are just a few of the skills you will learn from cultures around the world.

Instructor: Edible Education Fee: $195
7462 M-F 6/24-6/28 9:00a-12:00p Taylor Park
Check out STEMed Club Camp offered 12:30p - 4:30p, for a full day of camp!

7461 M-F 8/19-8/23 1:00p-4:00p Pole Green Park CC
Check out STEMed Club Camp offered 8:30a - 12:30p, for a full day of camp!

► Minecraft Medieval Times

Ages: 6 to 12. Knights and Castles and Swords...oh, my! Campers will be introduced to the many uses of Redstone through a Medieval themed adventure of creation, exploration, electrical circuits and castle besieging! We will make mine cart tracks to help them gather resources, work together to build their kingdom, and to design traps to defend their castles...all with the use of Redstone.

Camp held at Pump it Up located at 9555 Kings Charter Drive, Ashland.

Instructor: Engineering for Kids Fee: $185
7500 M-F 6/17-6/21 9:00a-12:00p
7501 M-F 7/15-7/19 9:00a-12:00p

► Mining, Crafting and Capturing Camp

Ages: 6 to 10. Campers will face new challenges each day, building model and crafting key elements from the popular Mindcraft Game! Craft shelters, some of the mobs, critters and tools using LEGO bricks. Then get ready for an adventure in the world of Pokémon! Capture wild Pokémon creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu, Poke Balls and more. Bring your own Pokémon trading cards if you wish to play and trade at the end of each day.

Instructor: Bricks 4 Kidz Fee: $195
7486 M-F 7/22-7/26 8:00a-5:00p Pole Green Park CC
7488 M-F 8/19-8/23 8:00a-5:00p Taylor Park

The deadline to register for a Program is two weeks prior to its start date.
Robots: Robo Olympics
Ages: 6 to 12. What’s more fun than competing in a wrestling match, a basketball game or racing a friend to the finish line? Building and programming your robot to do these things! Students design LEGO MINDSTORM robots to compete in simulated Olympic events such as a sprint race, throwing a basketball, tug of war and sumo wrestling. Students use LEGO motors, sensors and computer software to learn the basics principles of robotics, computer programming and teamwork.
Camp held at Pump it Up located at 9555 Kings Charter Drive, Ashland.
Instructor: Engineering For Kids
Fee: $185
Kings Charter Drive, Ashland.

World of Science STEM Camp
Ages: 6 to 10. Calling all future scientists! Come learn, build and experiment with us! Our budding astronomers, meteorologists, zoologists and inventors will learn about space, weather, animals and more! We’ll build all sorts of awesome scientific models and gadgets that are sure to spark your imagination and intellect. Come build kid-sized versions of clever creations, such as a scissor lift, specialized conveyor belts and even a robot! You’ll learn about the engineering challenges involved in machine design.
Instructor: Bricks 4 Kidz
Fee: $195
7481 M-F 7/15-7/19 8:00a-5:00p
Taylor Park
7482 M-F 8/26-8/30 8:00a-5:00p
Pole Green Park CC

STEMed Club
Ages: 5 to 13. Ever try to get an egg to float or make elephant toothpaste? Use science, technology, engineering and math skills along with critical thinking skills to solve a problem or complete a challenge. Experience hands on lab experiments, including floating eggs, melting chocolate and more!
Instructor: STEMed, LLC
Fee: $125
7454 M-F 6/24-6/28 12:30-4:30p
Taylor Park

Check out Edible Education - Food Around the World offered 9a - 12p, for a full day of camp!
7458 M-F 7/29-8/1 12:30p-4:30p
Pole Green Park CC

Check out Young Rembrandts - Deep Blue Sea offered 9a - 12p, for a full day of camp!
7459 M-F 8/19-8/23 8:30a-12:30p
Pole Green Park CC

Check out Edible Education - Food Around the World offered 1p - 4p, for a full day of camp!
7457 M-W 7/1-7/3 8:30a-12:30p
Pole Green Park CC

Sports & Athletics

International Soccer Camp
Ages: 6 to 16. Challenger has combined the most popular elements of their two existing industry-leading camp programs, British Soccer and TetraBrazil. This camp will feature a groundbreaking technology partner, providing players with an app-based platform to help them learn skills quicker and more efficiently during the week. Campers will receive homework and on-going virtual training throughout their season. Campers will be separated by age and skill level. Campers will play against local club and travel teams.
Instructor: Challenger Sports
Fee: $240
7509 M-F 7/15-7/19 9:00a-4:00p
Taylor Park
7508 M-F 8/12-8/16 9:00a-4:00p
Pole Green Park

Check out Young Rembrandts - Deep Blue Sea offered 1p - 4:30p, for a full day of camp!
7456 M-Th 8/5-8/8 12:30p-4:30p
Montpelier Park CC

Check out Young Rembrandts - Fantasy World offered 9a - 12p, for a full day of camp!
7511 M-T 6/17-6/18 9:00-11:30a
Patrick Henry HS
7512 M-T 7/1-7/2 9:00-11:30a
Hanover HS

Dodgeball Camp
Ages: 6 to 14. Youth Dodgeball Camp will offer dodgeball training, games and a tournament. Campers will be separated by age and size for safe and fun competition.
Instructor: Aaron Bradley
Fee: $50, additional sibling $40
7511 M-T 6/17-6/18 9:00-11:30a
Patrick Henry HS
7512 M-T 7/1-7/2 9:00-11:30a
Hanover HS

Check out Young Rembrandts - Fantasy World offered 1p - 4p, for a full day of camp!

EB's Hoop N' Up Summer Camp
Ages: 7 to 13. Get into the high intensity drill sessions and instruction with games to test out your abilities and a life skills session. Basketball will be provided. Pizza party included on the last day of camp and campers get a t-shirt.
Instructor: Everything Sports
Fee: $150
7427 M-Th 7/22-7/25 9:00a-3:00p
Patrick Henry HS

Floor Hockey Camp
Ages: 7 to 14. Camp will offer drills and non-contact games, working on skills such as shooting, passing and stick handling. Camp activities will also include warm up and stretching.
Instructor: Aaron Bradley
Fee: $50, additional sibling $40
7513 M-T 7/15-7/19 9:00-11:30a
Hanover HS
7514 M-T 6/17-6/18 12:00-2:30p
Patrick Henry HS

Soccer, Soccer, Soccer
Ages: 7 to 13. Have fun learning skills and playing games to enhance your abilities in the game of soccer. Camp led by Alexandra Wong who played soccer at Richard Montgomery High School, McLean ECNL, VCU women’s soccer team and was recruited twice to train with the U18 US Women’s National Soccer Team. Most recently, she was the assistant coach for the Glen Allen High Girls Varsity Soccer team.
Instructor: Everything Sports
Fee: $80
7428 M-Th 6/24-6/27 9:00a-12:00p
Oak Knoll MS

Tennis: Summer Camp
Ages: 6 to 16. Are you ready for a great summer of tennis? We’ll have games, music, awards, team pictures, t-shirts, and lots and lots of tennis! Campers will learn all the basics of tennis and have the chance to participate in our Challenge Program. Camp wraps up with an awards party. Come to one or all - don’t miss out!
Instructor: Play Tennis Hanover
Fee: $115, additional sibling $100
7530 M-Th 6/17-6/20 8:00 -10:00a
Lee Davis HS
Registration deadline is two weeks before the start of all programs. Don’t let your favorite class get cancelled - register early!

- **Wiffleball Camp**
  Ages: 6 to 14. Camp will include feature several variations of classic wiffleball fun and various hitting and throwing challenges! Camp activities will also include throwing, hitting, warm up and stretching.
  **Instructor:** Aaron Bradley
  **Fees:** $50, additional sibling $40
  7517 M-T 6/17-6/18 3:00-5:30p
  7518 W-Th 7/17-7/18 9:00-11:30a
  Patrick Henry HS

- **Wrestling Camp**
  Ages: 6 to 14. Youth Wrestling Camp offers both introductory skills and advanced techniques for experienced wrestlers. Campers will be grouped by weight, age and experience. Techniques covered include the following: drills, take downs, escapes, reversals and pinning combinations.
  **Instructor:** Aaron Bradley
  **Fees:** $90, additional sibling $75
  7515 M-W 6/24-6/26 9:00a-12:00p
  7516 M-W 7/8-7/10 9:00a-12:00p
  Hanover HS

- **Ultimate Frisbee Camp**
  Ages: 6 to 14. Ultimate Frisbee is an active non-contact sport for everyone! Camp will include feature several variations of classic ultimate, as well as throwing challenges, warm up and stretching.
  **Instructor:** Aaron Bradley
  **Fees:** $50, additional sibling $40
  7519 W-Th 6/19-6/20 12:00-2:30p
  7516 W-Th 7/17-7/18 9:00-11:30a
  Patrick Henry HS

- **Ultimate Frisbee with American Ultimate Academy**
  Ages: 10 to 15. All skill levels are welcome and encouraged to come play Ultimate Frisbee, one of the fastest growing sports in the world. The camp will be comprised of skill building, mini-games, and scrimmages, run by professional Ultimate Frisbee players. All participants receive their very own frisbee and a jersey.
  **Instructor:** American Ultimate Academy
  **Fee:** $165
  7522 M-F 7/29-8/1 8:00-8:00p
  7533 M-Th 8/5-8/8 8:00-8:00p
  7534 M-Th 8/12-8/15 8:00-8:00p
  7525 M-Th 8/19-8/22 8:00-10:00a
  Lee Davis HS

- **Volleyball Camp**
  Ages: 10 to 15. Do you want to learn the basics of volleyball in a fun environment? Then come join us for a week of camp as we introduce you to the basics of court formation, passing, serving and hitting. Camp will conclude with a fun, interactive volleyball tournament!
  **Instructor:** Terri Shelton **Fee:** $75
  7535 M-Th 6/24-6/27 10:00a-12:00p
  Patrick Henry HS

- **Acrylic Painting for Kids**
  Ages: 5 to 16. Come take a break from the heat and learn how to paint with acrylic paints! Learn how to mix paints and apply them on canvas, then paint independently or work on a class step by step acrylic painting lesson. All materials and aprons included.
  **Instructors:** Bee Kreative **Fee:** $35
  7419 Sa 6/22 10:00a-12:00p
  Pole Green Park CC

- **Choose Your Own Clayful Adventure!**
  Ages: 4 to 17. Choose to do one of the following projects: paint your own pottery piece from a variety of pottery pieces, make a beautiful tile mosaic, sculpt some unique pendants to wear or design a ceramic name sign to hang on the front of your house. All supplies are included, just come ready to be creative!
  **Instructor:** Handy Treasures LLC **Fee:** $20
  7312 Sa 5/18 9:30-10:30a
  Montpelier Park CC

- **Mixed Media Art for Kids**
  Ages: 5 to 16. Take a break from the heat and learn how to make a work of art with various materials and techniques! Materials provided include wood, newspaper, paint, modge podge, oil pastels, watercolor paints and more. All materials will be included.
  **Instructors:** Bee Kreative **Fee:** $35
  7420 Sa 7/20 10:00a-12:00p
  Montpelier Park CC

CHECK ONLINE FOR THE MOST UP TO DATE CAMP AND CLASS OFFERINGS

www.hanoverparksrec.com
Educational Enrichment

Paint your Pet
Ages: 5 to 16. Take a break from the heat and learn how to paint your pet with acrylic paints! There will be a short lesson on how to use acrylic paints and then each student will get a canvas with their pet pre-drawn for them to paint with instruction. All materials included.
Instructors: Bee Kreative
Fee: $30
7421 Sa 8/10 10:00-11:30a
Taylor Park

Civil Engineering Workshop
Ages: 5 to 12. Use the engineering design process to design, create, test and refine a bridge designed to withstand the greatest force and examine several different types of bridge designs and discover how the forces of tension, compression, bending, torsion and shear are distributed throughout their structures.
Instructor: Engineering For Kids Fee: $30
7297 Sa 4/27 10:00a-12:00p
Montpelier Park CC

Minecraft Traveling into Future Workshop
Ages: 5 to 12. Join us in an apocalyptic future, one where the Earth has been ravaged by a series of natural disasters. Each day, students will rely on the engineering design process to solve a series of challenges such as building a city on a series of islands, escaping from a bunker on Mt. Everest, and even building a rocket to land on the moon! Through application of engineering principles, students solve numerous challenges as they make their virtual world of Minecraft a safe place for humanity once again.
Instructor: Engineering For Kids Fee: $30
7299 Sa 5/4 10:00a-12:00p
Pole Green Park CC

STEMed Club
Ages: 5 to 12. Join friends for a weekly STEM Challenge! Enhance math and science skills through exciting educational hands-on activities. Children will get the opportunity to use problem-solving and critical-thinking skills through science experiments, cooking, LEGO challenges and more!
Classes run immediately after school for 1 hour.
Instructor: STEMed, LLC
Fees: $65, additional sibling $58.50
7349 Th 4/18-5/23 Beaverdam ES
7350 F 4/26-5/31 Kersey Creek ES

AIM Safety Awareness
Self-discipline, safety awareness and self-defense instruction by a certified black belt instructor geared to promoting safety, self-confidence and when necessary self-defense. This is a fully beltled program offering continued skill building and rank advancement. Each session builds on this foundation and it is recommended that you continue to enroll in subsequent sessions to get the full benefit of the program.
Classes held at Cold Harbor ES.
Instructor: AIM Fee: $35
Beginner: Ages: 4 to 6. 6:00-6:40p
7256 W 4/17-5/8
7257 W 5/15-6/5
Beginner: Ages: 7 to 15. 6:45-7:25p
7260 W 4/17-5/8
7262 W 5/15-6/5
Yellow Belt & above: Ages: 4 to 15. 7:30-8:10p
7266 W 4/17-5/8
7267 W 5/15-6/5

Family Karate Class
Ages: 5 and up. Learn the basics of karate and self-defense with your child. These classes are a great way to see what karate is all about and how it can benefit both of you! We will be showing you how to defend yourself and your family. This is not a lecture class, so come ready to practice what is learned. No experience necessary. Parent must sign up with child.
Classes held at Isshin Tyu Karate located at 8319 Bell Creek Road, Mechanicsville.
Instructor: Isshin Ryu Karate
Fee: $50 (includes parent and child)
7270 Sa 5/11-5/18 12:00-2:00p
7479 T 7/2-7/30 6:00-7:00p

Sports & Athletics

Introduction to Fencing
Ages: 6 to 10. Introduction to the modern Olympic sport of fencing with the epee; covers the rules of the sport, basic footwork, simple attacks and defense, and good sportsmanship. After the first session, fencers fence bouts with each other and the class ends with a class tournament. Taught by an internationally certified Fencing Master.
Classes held at Salle Green Fencing located at 11058 Washington Highway, Glen Allen.
Instructor: Salle Green LLC Fee: $80
7510 Sa 7/27-8/17 10:00-11:00a

Teen

Health & Wellness

Child and Babysitting Safety with CPR
Ages: 12 and up. Designed for young people who offer babysitting and child care services in their community.
CPR with AED for adult, child and infant will be taught along with everything you need to know regarding babysitting - from getting started to dealing with parents and children, to key safety, caregiving and first aid tips. This program is certified by The American Safety and Health Institute.
Instructor: A&J Training Solutions
Fees: $50, additional sibling fee $45
7236 Sa 5/18 9:00a-1:00p
West Hanover Volunteer Rescue Squad
7447 Sa 6/1 9:00a-1:00p
East Hanover Volunteer Rescue Squad
7448 Sa 8/17 9:00a-1:00p
Taylor Park
Sports & Athletics

Introduction to Fencing
Ages: 11 and up. Introduction to the modern Olympic sport of fencing that focuses on fencing with the foil, and teaches safety, the etiquette and rules of the sport, basic footwork, and simple attacks and defense. After the first session, fencers fence bouts with each other and the class ends with a class tournament. Taught by an internationally certified Fencing Master.
Classes held at Salle Green Fencing located at 11058 Washington Highway, Glen Allen.
Instructor: Salle Green LLC  Fee: $80
7444 Sa 6/29-7/20 10:00-11:00a

Tennis: All Girls Prep for Tennis Team Camp
Ages: 11 to 18. This camp is for girls playing or hoping to play on their middle and high school tennis team. Emphasis will be on match play, both singles and doubles and skill improvement. Coaches (including area middle school coaches) and players are ready to help you learn what you need to make the team. We’ll have a pizza party at the end of camp and lots of fun!
Instructor: Play Tennis Hanover
Fees: $115, additional sibling $100
7523 M-Th 8/26-8/29 6:00-8:00p
Atlee HS

Early Childhood

Educational Enrichment

American Sign Language for Preschoolers
Ages: 5 and under. Let’s learn to communicate with our hands! This parent and me class will teach you 10-15 American Sign Language vocabulary signs through songs, games and children’s books.
Instructor: The Signing Connection
Fee: $40 (includes parent and child)
7418 W 7/17-8/14 9:30-10:15a
Pole Green Park CC
7417 Sa 7/20-8/17 9:30-10:15a
Taylor Park

American Sign Language for Toddlers
Ages 1 1/2 to 3. This parent and me class will teach you and your toddler 10-15 American Sign Language vocabulary signs for common words through songs, games and children’s books.
Instructor: The Signing Connection
Fee: $50 (includes parent and child)
7391 T 4/16-5/14 6:00-6:45p
Taylor Park

Fitness & Exercise

Parent and Me Dance
Ages: 1 1/2 to 2. Introduce your little one to dance class with you by their side! Your dancer will begin to learn the basics of dance, along with rhythm work, listening and social skills, all while having fun! We’ll get you and your child moving and grooving together.
Adult participation is required. Mom or dad, grandparents or babysitters are all welcome to attend with child.
Classes held at 804 Dance Place located at 10180 Lakeridge Parkway, Ashland.
Instructor: 804 Dance Place, LLC
Fees: $45, additional sibling $36
7422 W 7/10-8/7 11:00-11:30a
7423 W 7/10-8/7 6:00-6:30p

Petite Feet
Ages: 3 to 5. Children will explore movement through music while developing skills and emphasizing growth in kinesthetic awareness, social interaction, concentration, self esteem, basic dance technique and creative expression.
Classes held at 804 Dance Place located at 10180 Lakeridge Parkway, Ashland.
Instructor: 804 Dance Place, LLC
Fees: $60, additional sibling $55
7424 W 7/10-8/7 10:00-10:45a
7425 W 7/10-8/7 5:15-6:00p

Dancing Little Princesses
Ages: 3 to 6. Introductory creative dance and ballet program is an educational and developmental dance class offering ballet technique and skills, posture and balance, gross and fine motor development, flexibility, grace and poise. Designed to give your little ones a life-long love of movement and a foundation for dance and ballet, every class is a fun, interactive princess adventure in dance! Your dancing little princess will have tu-tu much fun!
Shalom Baptist Church is located at 8116 Walnut Grove Road, Mechanicsville.
Instructor: Stretch ‘n Grow
Fees: $55, additional sibling $50
7324 W 4/23-5/21 6:00-6:45p
Pearson’s Corner ES
Fees: $60, additional sibling $54
7356 T 6/25-7/30 6:15-7:00p
Pole Green Park CC
7358 Th 6/27-8/1 10:15-11:00a
Shalom Baptist Church

Little Rangers
Ages: 2 to 5. Buckle up as we hop, skip and jump our way across the nation visiting our magnificent National Parks. Thrills will abound as we learn about and explore a different National Park each week. From adventures with alligators in the Everglades, swimming with the ponies in Chincoteague, and riding Ide a mule down the Grand Canyon, hit the road with energizing music, engaging props and educational experiences to discover the hidden treasures of our nation’s parks!
Shalom Baptist Church is located at 8116 Walnut Grove Road, Mechanicsville.
Instructor: Stretch ‘n Grow
Fees: $40, additional sibling $36
7357 T 6/25-7/30 5:30-6:00p
Pole Green Park CC
7359 Th 6/27-8/1 11:15-11:45a
Shalom Baptist Church

GET UP AND GO!
HEALTHY KIDS RUNNING SERIES
MECHANICSVILLE, VA

Sundays: April 7, 14, 28 & May 5, 19
4:30pm - 5:30pm
Pole Green Park

Details and registration online at www.healthykidsrunningseries.org
$35 registration fee for the 5 week series
Single race $10 options available on site
For more information, please contact Michael Hobson at 804.442.6460 or hkrsmechanicsville@gmail.com

HEALTHY KIDS RUNNING SERIES
WEEKLY RACES:

9:30-10:15a
Sundays: April 7, 14, 28 & May 5, 19

6:00-6:45p
Sundays: April 7, 14, 28 & May 5, 19

www.healthykidsrunningseries.org

Petite Feet

Dancing Little Princesses

Little Rangers

Healthy Kids Running Series

Early Childhood

American Sign Language for Preschoolers

American Sign Language for Toddlers

Parent and Me Dance

Petite Feet

Dancing Little Princesses

Little Rangers

Fitness & Exercise
Parenting Education
Taught by Hanover County Community Services Board.
All of these free Parenting Education courses are held at Hanover County Community Services Board, located at 9734 Atlee Commons Drive, Ashland, VA 23005. (804) 365-4222.
Pre-registration is required, as space is limited.

Parent enrollment in concurrent workshop is required.

► 1-2-3 Magic (Course 7467)
Ages: 18 and up. This workshop is based on the award-winning, best-selling 1-2-3 Magic book by Thomas Phelan, Ph.D. It will provide practical and easy-to-learn parenting techniques for setting limits and developing strategies that are effective in promoting self-discipline in children. Parents will learn specific techniques to minimize whining, arguing, and tantrums in children. The workshop will also provide strategies to encourage positive behavior in children (cleaning up after themselves, going to bed on time, and completing homework assignments).

Making Healthy Choices (Course 7468)
Ages: 5 to 11. Children are invited to attend a life skills workshop and learn skills they need to make healthy life choices.

Th    7/18 6:15-7:45p

► Creating Positive Sibling Relationships (Course 7477)
Ages: 18 and up. It is difficult to watch children love quarrel and fight. We want our children to be compassionate and loving with one another. Sibling relationships are typically the longest lifetime friendship your child will ever have. In this workshop, parents will learn specific strategies to help their children resolve conflict peacefully with their siblings.

Peaceful Siblings (Course 7478)
Ages: 5 to 11. Children are invited to attend a life skills workshop on developing strong sibling relationships. Participants will learn how to identify the process of conflict and negotiation and explore effective techniques for creating resolutions to potential future conflicts.

Th    8/1 6:30-7:30p

► Giving Children Responsibility for Themselves (Course 7463)
Ages: 18 and up. Responsibility is a character trait that helps children become self-reliant, proactive, cooperative, and confident. This workshop will help parents provide children with responsibilities that are commensurate with their age and abilities.

The Path of Responsibility (Course 7464)
Ages: 5 to 11. Children are invited to attend a life skills workshop. They will learn valuable lessons in personal responsibility by encouraging independence and self-awareness.

Th    7/25 6:30-7:30p

► Helping Children Cope with Stress (Course 7473)
Ages: 18 and up. All children will experience stress from time to time. Any period of adjusting to change like starting a new school or getting used to having a new baby brother or sister can be hard. Problems with schoolwork or conflicts with other children can cause stress. This workshop will help parents teach their children how to handle new or frustrating situations and teach ways of managing stress.

Butterflies in My Stomach (Course 7474)
Ages: At least 5 but less than 12. Children will discover effective ways for calming down, releasing their worries and coping through relaxation skills.

Th    7/11 6:30-7:30p

► Nurturing Self-Esteem in Children (Course 7469)
Ages: 18 and up. Self-esteem influences the self-confidence your child will have throughout his or her life. It will have an impact on your child’s friendships, creativity, productivity, relationships with family members, and success in school. This workshop will help parents discover the main sources of self-esteem and gain skills for developing self-esteem in children.

Positive Me (Course 7470)
Ages: 5 to 11. Children will discuss how positive thoughts and feelings equal positive actions.

Th    6/27 6:30-7:30p

► Parenting a Child with ADHD (Course 7475)
Ages: 18 and up. This workshop is designed to address the unique parenting skills needed to parent a child with ADHD. You will learn specific strategies to help your child develop positive habits and minimize negative behaviors, help your child understand and manage their feelings, and optimize learning at school.

Skill Building in Children with ADHD (Course 7476)
Ages: At least 5 but less than 12. Children are invited to attend a life skills workshop. They will learn skills on organization, setting goals, and managing strong feelings.

Th    8/8 6:30-7:30p

► More Than Sad: Understanding Teen Depression
Ages: 18 and up. Participants will learn how depression can affect adolescents. This workshop is ideal for anyone who works with teens or is a parent of an adolescent. At the end of the workshop, participants will be able to identify different ways depression can be expressed in adolescents, and understand the most effective treatments for depression in teens. Participants will be linked with local resources to help teens with depression.

7485 T 6/11 9:00-11:30a

► Strengthening Families Program
Ages: 18 and up. Do you want to improve your relationship with your child? This program is designed for families with teens and is unique because it is designed for the whole family. This free program is limited to the first ten (10) Hanover families with a child age 10 - 14. Dinner is provided. Parents meet to learn about adolescent development and share ideas that work, while the middle-schoolers learn their own set of skills. Then the two groups join together to practice what they’ve learned and have some fun.

Parent topics include the following: using love and limits, making house rules, encouraging good behavior, using consequences, building bridges, and protecting against substance abuse.

Teen topics focus on healthy decision making, friendships, handling frustrations, and communication and are fun and interactive.

Younger siblings (ages 3 - 9) will have a supervised group of their own.

7484 T 7/9-8/20 5:30-8:00p

► Youth Mental Health First Aid
Ages: 18 and up. This workshop is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens the skills to help an adolescent (age 12-18) who is experiencing a mental health crisis or addiction. It teaches a 5-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care.

7487 T 7/2 8:30a-5:00p
**Sports & Athletics**

**Soccer for Tots**  
Tots are given their first soccer experience in this program. It’s fast-paced fun exposure to the most popular sport in the world! Children will play movement and skill games work on eye-foot coordination and balance. Basic soccer fundamentals such as dribbling, passing and trapping will be covered. We’ll introduce the concepts of team work and cooperation in a non-competitive environment. Each child will receive a t-shirt and medal.

**Instructor:** Stretch ‘n Grow  
**Fees:** $55, additional sibling $50

**Ages:** 3 to 6
- 7/322 T 4/30-5/28 5:30-6:15p  
  Courthouse Park
- 7/415 T 7/16-8/13 6:15-7:00p  
  Pole Green Park
- 7/416 T 7/16-8/13 7:15-8:00p  
  Pole Green Park

**Tiny Tykes International Soccer Camp**  
Ages: 3 to 5. A fun introduction to soccer focusing on the delivery of immersive and interactive games and adventures influenced by the very popular year-round Tiny Tykes curriculum. Includes games and activities to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching.

**Instructor:** Challenger Sports  
**Fees:** $100

**Ages:** 3 to 5
- 7/504 M-F 7/15-7/19 8:00-9:00a  
  Taylor Park
- 7/505 M-F 8/12-8/16 8:00-9:00a  
  Pole Green Park

**Mixed Media Art**

**Art**  
Ages: 16 and up. Come take a break from the heat and learn how to make a work of art with various materials and techniques! Materials provided include wood, newspaper, paint, mod podge, oil pastels, watercolor paper, watercolor paints and more. All materials are included.

**Instructor:** Bee Kreative  
**Fee:** $48

**Program:**
- 7/49 T 6/22 1:00-3:30p  
  Montpelier Park CC

**Stained Glass UFOs**

**Art**  
Ages: 16 and up. What are Stained Glass UFOs? Unfinished objects! Bring your unfinished project(s) and finish them up so you can finally display them or get a head start on a project. Must have stained glass experience.

**Instructor:** By Celeste LLC  
**Fee:** $25

**Program:**
- 7/435 T 8/20-8/27 7:00-9:00p  
  Pole Green Park CC

**Watercolor Workshop**

**Art**  
Ages: 16 and up. Take a break from the heat and learn how to use various forms of watercolor tools including paints, pencils, and pens. After learning how to use the materials, choose to draw and paint independently or make a step by step watercolor painting with the class. All materials included.

**Instructor:** Bee Kreative  
**Fee:** $45

**Program:**
- 7/491 Sa 8/10 12:30-3:00p  
  Taylor Park

**Educational Enrichment**

**Concealed Carry Handgun – CHP T.A.C.-Solutions**

**Certification**  
Ages: 18 and up. Learn strategies on how to avoid an encounter, and how to win if you have to pull your weapon. Learn how to stay safe from harm and most importantly use the muscle memory to implement the strategies. Topics include safe gun handling, personal safety, defensive handgun skills, prepare for the legal and civil aspects of carrying a firearm and choosing the right handgun. S.W.A.T. veteran for an instructor in this non-shooting course. Do not bring your gun to class. There is no test. Relaxed classroom environment. Participants will receive a course completion certificate. This class meets and exceeds the requirements for the Virginia Concealed Carry Permit.

**Instructor:** TAC-Solutions  
**Fee:** $65

**Program:**
- 7/194 T 4/9 5:30-9:30p  
  Taylor Park
- 7/195 T 5/21 5:30-9:30p  
  Pole Green Park CC
- 7/199 Sa 5/4 2:30-6:30p  
  Taylor Park

**Fluffy and Me Pack Walk and Basic Obedience**

**Program**  
Ages: 18 and up. Build a stronger bond with your dog through weekly structured pack walks through the scenic trails at Pole Green Park. Watch your dog’s leash manners improve with each walk! Class starts with a 40 minute pack walk on the nature trail and ends with 20 minutes of training/relaxation. We offer guidance on adjusting unwanted leash behaviors and can provide space for your dog to ensure a successful experience.

**Instructor:** Alpha Love Dog Training  
**Fee:** $55, additional dog within the same household $27.50 (if you have a second dog in your household, you must enroll a second adult handler at the same time to receive the discount)

**Program:**
- 7/191 Sa 5/4-5/18 4:00-5:00p  
  Pole Green Park
- 7/144 Sa 6/1-6/15 6:00-7:00p  
  Pole Green Park
- 7/145 Sa 6/22-7/6 6:00-7:00p  
  Pole Green Park

Meet at the Shelter at Pole Green Park
- 7/191 Sa 5/4-5/18 4:00-5:00p  
  Pole Green Park
- 7/144 Sa 6/1-6/15 6:00-7:00p  
  Pole Green Park
- 7/145 Sa 6/22-7/6 6:00-7:00p  
  Pole Green Park

Meet at Shelter 2 at Hanover Wayside Park
- 7/451 Sa 7/13-7/27 6:00-7:00p  
  Pole Green Park
- 7/452 Sa 8/10-8/24 6:00-7:00p  
  Pole Green Park
- 7/453 Sa 8/31-9/14 6:00-7:00p  
  Pole Green Park
UTAH CONCEALED CARRY CLASS

**T.A.E. Solutions**

**Ages:** 18 and up. Qualify for your Utah non-resident permit that gives you all of the states that Virginia gives you for concealed carry, plus three additional states including Vermont, Delaware, and Washington State. Topics include Utah self-defense and firearms laws, civil ramifications, caring open or concealed and much more. Do not bring your gun to class. There is no test. Participants will receive a course completion certificate. This class meets and exceeds the requirements for the Utah non-resident Concealed Carry Permit.

**Instructor:** TAC-Solutions  
** Fee:** $75

7203 M 5/6 6:00-9:00p
Montpelier Park CC

**First Aid & Safety**

**Basic First Aid**

**A & J TRAINING SOLUTIONS**

**Ages:** 12 and up. Certified through the American Safety and Health Institute for a 2-year period, this program will give you the basics of pre-hospital, emergency medical care. Class is intended for those who are not healthcare providers or professional rescuers, but simply desire or are required to be certified in basic emergency medical care. This is an interactive class, where we will actually practice lessons.

**Instructor:** A&J Training Solutions  
** Fee:** $45

7246 Th 4/18 5:30-9:00p
West Hanover Volunteer Rescue Squad

**CPR with AED**

**A & J TRAINING SOLUTIONS**

**Ages:** 12 and up. Designed for people who are occupationally required or just desire to have CPR and AED knowledge, such as emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters. Most students simply wish to learn this life saving technique. This class covers adult, child, and infant CPR/AED and the new American Heart Association protocols.

**Instructor:** A&J Training Solutions  
** Fee:** $50, additional family member $45

7241 Sa 4/27 9:00a-12:00p
Taylor Park

7243 Sa 5/11 9:00a-12:00p
East Hanover Volunteer Rescue Squad

7445 W 6/26 6:00-9:00p
East Hanover Volunteer Rescue Squad

7446 W 8/28 6:00-9:00p
West Hanover Volunteer Rescue Squad

**Get Zumba Fit**

**Instructor:** Cynthia Sinanian  
**Fees:** $37.50, additional family member $32.50

7221 Th 4/25-5/30 4:30-5:30p

7440 Th 6/6-7/11* 4:30-5:30p

*no class 7/4

7441 Th 7/25-8/29* 4:30-5:30p

*no class 8/15

**Fitness & Exercise**

**Gentle Yoga**

**Instructor:** Cynthia Sinanian  
**Fees:** $31.25, additional family member $26.25

7219 Th 5/6-7/11* 6:00-7:15p

*no class 7/4

7438 T 6/11-7/9 6:00-7:15p

7439 T 7/23-8/27* 6:00-7:15p

*no class 8/13

7443 Th 7/25-8/29* 6:00-7:15p

*no class 8/15

**Let’s Go Social Dancing**

**Instructor:** Cynthia Sinanian  
**Fees:** $37.50, additional family member $32.50

7221 Th 4/25-5/30 4:30-5:30p

7440 Th 6/6-7/11* 4:30-5:30p

*no class 7/4

7441 Th 7/25-8/29* 4:30-5:30p

*no class 8/15

**Yoga: Relax, Refresh, Restore and Rejuvenate**

**Instructor:** Cynthia Sinanian  
**Fees:** $48, additional family member $40

7218 T 4/16-5/21 6:00-7:15p

7224 Th 4/25-5/30 6:00-7:15p

**Sports & Athletics**

**Beginner Tennis – Ladies Only**

**Instructor:** Play Tennis Hanover  
**Fees:** $48, additional family member $40

7218 T 4/16-5/21 6:00-7:15p

7224 Th 4/25-5/30 6:00-7:15p

**Intermediate Tennis – Ladies Only**

**Instructor:** Play Tennis Hanover  
**Fees:** $115, additional family member $100

7386 Sa 4/20-6/1 8:00-9:00a Chickahominy MS

**Music & Dance**

**Off and Dancing!**

**Instructor:** Cynthia Sinanian  
** Fee:** $72

7273 T 4/16-5/21 6:00-6:55p

**Intermediate Swimming**

**Instructor:** Cynthia Sinanian  
** Fee:** $72

7273 T 4/16-5/21 6:00-6:55p

**Open Water Swimming**

**Instructor:** Cynthia Sinanian  
** Fee:** $72

7273 T 4/16-5/21 6:00-6:55p

**Water Aerobics**

**Instructor:** Cynthia Sinanian  
** Fee:** $72

7273 T 4/16-5/21 6:00-6:55p
**Senior**

**Arts & Crafts**

- **Choose Your Own Clayful Adventure**
  Ages: 50 and up. Choose to do one of the following projects: paint your own pottery piece from a variety of pottery pieces, make a beautiful tiled mosaic, sculpt some unique pendants to wear, or design a ceramic name sign to hang on the front of your house. All supplies are included, just come ready to be creative!
  **Instructor:** Handy Treasures LLC  **Fee:** $20
  7234  Sa  5/18  11:00a-12:00p
  Montpelier Park CC

- **Introduction to Art**
  Ages: 50 and up. Welcome to the wonderful world of art where we will explore popular art mediums and help you find your artistic niche! Each week will be a different type of art - acrylic painting, watercolor painting, oil pastels and mixed media art! Aprons and all materials will be provided.
  **Instructors:** Bee Kreative  **Fee:** $65
  7302  Sa  4/27-5/18  1:00-2:30p
  Pole Green Park CC

**Senior Adult Trips**

All trips are for active adults, age 50 and older. Bus departs from Courthouse Park.

- **Washington’s Mount Vernon with Boat Ride Trip**
  Your trip includes:
  • Round-trip motorcoach transportation
  • Potomac Riverboat 1 ½ hour narrated cruise down the Potomac River to Mount Vernon
  • Lunch at the Mount Vernon Inn
  • Admission to Mount Vernon
  • Visits to the Ford Orientation Center and the Donald W. Reynolds Museum and Education Center
  • Refreshments served aboard the motorcoach
  • Tax and gratuity on inclusions  • Driver gratuity
  **Please note that this is a walking tour. Please wear comfortable shoes.**
  **Fee:** $170  |  **Registration deadline:** May 10, or as space permits.
  7330  T  6/11  7:30a-6:30p

- **Treasures of Maryland’s Solomons Island Trip**
  Visit Solomons Island, Maryland a place of uncommon charm and unspoiled beauty, where the Patuxent River meets the Chesapeake Bay in Southern Maryland.
  Your trip includes:
  • Round-trip motorcoach transportation
  • Hour-long cruise aboard the William B. Tennison
  • Lunch at the Kingfishers Seafood Bar and Grill
  • Tour of the Lore Oyster House, a 1934 seafood packing house, now a National Historic Landmark
  • Admission to the newly renovated Patuxent River Naval Air Museum
  • Refreshments served aboard the motorcoach
  • Tax and gratuity for lunch  • Driver gratuity
  **Fee:** $155  |  **Registration deadline:** August 19, or as space permits.
  7460  W  9/18  8:00a-6:30p

**Fitness & Exercise**

- **Gentle Chair Yoga**
  Ages: 50 and up. Gentle Chair Yoga uses stretching, breathing, and relaxation techniques to increase flexibility, encourage a positive mind-body relationship, and deepen relaxation. Whether fully in the chair or using it for light support, this gentle yoga practice gives youth benefits of traditional Hatha yoga. Suitable for those with conditions impacting balance/mobility, seniors, and those whose doctors have cleared them for a gentle yoga practice. Beginners welcome!
  **Classes held at Northside Baptist Church, located at 7600 Studley Road, Mechanicsville.**
  **Instructor:** Cynthia Sinanian
  **Fees:** $37.50, additional family member $32.50
  7215  T  4/16-5/21  4:30-5:30p
  7436  T  6/11-7/9  4:30 5:30p
  7437  T  7/23-8/27*  4:30-5:30p
  *no class 8/13

To register for any course: All classes require pre-registration with payment.

Drop boxes are located and payments are accepted at two locations:

- 8996 Pole Green Park Ln, Mechanicsville 23116
- 13017 Taylor Complex Ln, Ashland 23005

Fax to 804-365-4696

Registration deadline is 2 weeks prior to start of program.
Therapeutic Recreation
Programs for individuals with disabilities

In-home support personnel are encouraged to attend program with participant at no cost.

► Campfire Program
Ages: 14 and up. As the summer begins to wrap up, we’ll sing campfire songs (with our guitar-playing song leader Deb), roast marshmallows, stargaze and enjoy the great outdoors!
Fee: $5
7433 Th 8/15 7:30-9:00p
Taylor Park

► Edible Essentials
Ages: 16 and up. Join us for a fun time cooking together with a chef from Edible Education as we build a better breakfast. Our planned cooking items include blueberry peach stuffed French toast, fresh fruit smoothies and milk tasting station.
Instructor: Edible Education Fee: $5
7426 W 6/5 10:00-11:45a
Pole Green Park CC

► Field Trip: Boat Ride on the James
Ages: 18 and up. Join us as we enjoy a pontoon boat trip on the James River (near Rocketts Landing). This unique opportunity with Sailing4All, featured on Virginia Currents, for adults with disabilities or special needs offers a relaxing time on the river. This field trip begins and ends at Pole Green Community Center; riding on a school bus to and from Rocketts Landing.
Instructor: Sailing4All Fee: $20
7431 Th 6/6 8:30-11:15a
7432 Th 6/6 9:30a-12:15p

► Field Trip: Rafting Trip with Beyond Boundaries
Ages: 12 and up. Adventure is for everyone. Beyond Boundaries specializes in guiding participants with (and without) disabilities on outdoor adventures. Enjoy rafting on the Lower James River, under the Richmond city skyline for about a 3 hour experience on the river. We will meet at Pole Green Park Community Center and take a school bus down to the meeting point where we’ll take a shuttle to put-in location on the water. Swimming ability not required but must be comfortable in the water, and all participants will wear life preservers. Limited space available for accompanying caregivers (who should be prepared to take active role in rafting).
Fee: $35
7430 Th 7/25 7:45a-1:00p

► Field Trip: Richmond Flying Squirrels Baseball
Ages: 14 and up. Take me out to the ball game. Enjoy a night on the town as we take a trip to see the Richmond Flying Squirrels baseball team play the Erie Sea Wolves. We will meet at Pole Green Park Community Center and take a school bus down to the stadium. Participants may purchase items from snack bar at own expense. Return time subject to change based on game length and weather.
Fee: $10
7429 Th 7/18 6:00-10:00p

► Prom
Ages: 14 and up. Dance the night away in this annual spring event, including caricature artist, fashion show. Get dressed up and enjoy a night of fun, food, music, friends and more. Flowers donated by King William Florist.
Church of the Redeemer is located at 8275 Meadowbridge Road, Mechanicsville.
Fee: $7
7187 Th 4/25 6:30-8:30p
Church of the Redeemer

All Hanover County Parks are open daily from dawn until dusk throughout the year. Athletic field lighting provides department approved extended hours at Pole Green Park, Courthouse Park, Montpelier Park and Poor Farm Park. Call the Athletic Field Weather Hotline at (804) 365-4698 or visit Twitter at www.twitter.com/hanoverparksrec for updates during inclement weather.
Visit www.hanovercounty.gov for more information on all of our parks

Discover Your Parks.

Boat Ramps
- Rt. 1/North Anna Ramp
- Rt. 33/South Anna Ramp
- Rt. 54/South Anna Ramp
- Rt. 301/Pamunkey (Littlepage)

Cold Harbor Battlefield Park
Civil War Info/Signage, Jogging/Walking Trails, Picnic Tables

Courthouse Park
Jogging/Walking Trails, Picnic Tables, Pond (Public Fishing w/license), Floating Dock, Picnic Shelter (w/electricity), Restrooms (seasonal), Roller Hockey Rink, Multipurpose Fields, Playground

Hanover Wayside Park
Horseshoe Pits, Jogging/Walking Trails, Open Play Areas, Picnic Shelters (w/ electricity), Picnic Tables, Playground, Veterans Memorial, Volleyball Court

Montpelier Park
Softball Field, Community Center, Jogging/Walking Trails, Open Play Areas, Picnic Shelter (w/electricity), Picnic Tables, Restrooms (seasonal), Multipurpose Fields, Playground

North Anna Battlefield Park
Civil War Info/Signage, Jogging/Walking Trails, Virginia Birding & Wildlife Trail, Picnic Tables

Pole Green Park
Community Center, Concession Bldgs, Softball Fields, Equestrian Ring, Jogging/Walking Trails, Open Play Areas, Picnic Shelter (w/electricity), Picnic Tables, Restrooms (seasonal), Skateboard Park, Multipurpose Fields, Playgrounds, Pickleball Courts (coming soon), Volleyball Court, Dog Park

Poor Farm Park
Baseball/Softball Fields, Horseshoe Pits, Jogging/Walking Trails, Multipurpose Fields, Open Play Areas, Picnic Shelters (w/electricity), Picnic Tables, Restrooms (seasonal), Playgrounds, Volleyball Courts

Taylor Park
Community Center, Jogging/Walking Trails, Picnic Tables, Picnic Shelter, Multipurpose Fields, Dog Park

Washington Lacy Park
Jogging/Walking/Equestrian/Bicycle Trails, Picnic Shelter & Tables
Pinochle Club
Playing with two, three or four players and a unique deck of 48 cards, accumulate points by winning tricks or melding a combination of cards. Club meets on the 2nd and 4th Monday of each month, 9:30a–11:30a at Pole Green Community Center.

Hanover Diners Club
Club meets the first Wednesday of each month, 11:30a-1:00p. Pre-registration required, deadline is one day before each lunch.
May 1: Outback Steakhouse, Mechanicsville
June 5: Trackside Grill, Ashland
July 3: Bell Café, Mechanicsville
August 7: Islamorada Fish Company, Ashland

Canasta Club
This fun game is a relaxing way to spend time with friends or make some new ones. Club meets each Monday, 12 noon–3:30p at Pole Green Community Center.

Social Bridge
Bridge players with basic knowledge of the game may join fellow players for fun and fellowship. Players will rotate tables throughout the social.
Club meets Tuesdays, 10:00a–3:00p at Pole Green Community Center.

Mah Jongg
Ages: 18 and up. Enjoy the American version of Mah Jongg – a Chinese tile game that is similar to Gin Rummy but uses sets of tiles and score cards that shows sequences needed to compete a winning Mah Jongg hand.
Club meets the 1st Monday of each month, from 9:30 - 11:30a at Pole Green Park Community Center.

Mechanicsville Chess Club
Casual chess, club/rated chess (with a clock), blitz, bullet, and bughouse are all welcome, everything chess. A few chess sets may be available, please bring your own set and clock if you have them. Club meets Tuesdays 6:30–8:30p at Atlee Library.

Country School Quilters
The Country School Quilters come together to enjoy, share, learn, and preserve the art of quilting.
Meetings are held from 7:00–9:00p on the second Tuesday of each month at Montpelier Park Community Center. "Sewing Days" are on the second Saturday of each month from 9:00a–4:00p, and the Friday proceeding the second Saturday, from 9:00a–4:00p.
The Country School Quilters welcome new members and guests of all skill levels to join them at any time.
For more information see http://countryschoolquilts.blogspot.com/.

Euchre Club
Join us for a fun-filled afternoon of playing Euchre. No complicated scoring needed in this action-packed game. All levels of players are welcome.
Club meets at Montpelier Park Community Center. Check online at www.hanoverparksrec.com for meeting dates and times.

Social Bridge
Bridge players with basic knowledge of the game may join fellow players for fun and fellowship. Players will rotate tables throughout the social.
Club meets Tuesdays, 10:00a–3:00p at Pole Green Community Center.

Country School Quilters
The Country School Quilters come together to enjoy, share, learn, and preserve the art of quilting.
Meetings are held from 7:00–9:00p on the second Tuesday of each month at Montpelier Park Community Center. "Sewing Days" are on the second Saturday of each month from 9:00a–4:00p, and the Friday proceeding the second Saturday, from 9:00a–4:00p.
The Country School Quilters welcome new members and guests of all skill levels to join them at any time.
For more information see http://countryschoolquilts.blogspot.com/.

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Event Schedule:
8:15-9:15a Pooch Pursuit check in/ packet pick up
9:00a Vendors open
9:30a Pooch Pursuit 5K
10:30a K9 demonstrations
11:00a Awards presentation - Pooch Pursuit 5K run
11:30a K9 games with Friends of Hanover Dog Parks
12:00p Puppy Dash and Dog Gone Egg Hunt starts
12:30p K9 Demonstrations

Proudly sponsored by:
A&J Training Solutions

Join us for Mechanicsville’s
Walk with a Doc
This free walk will be hosted monthly by different community providers. Join us the 3rd Tuesday of each month at 5:30pm!
Friday, July 12 | 6:30 pm | Pole Green Park
www.hanovertomatofestival.com

From tomatoes to talented musicians, tomato pies to fried green tomatoes, artisans to agricultural vendors, Bow-Wow Beach to the MaterFUN zone, the pizza race to tomato contests, this event is uniquely Hanover!

Accepting vendor applications now, booth rates begin at $175.

4K Pizza Race & Relay

Ages: 12 and up. Kick off the Hanover Tomato Festival with the popular and fun 4K Pizza Race & Relay! This fun event is all about pizza! The extremely short course, only 2.5 miles will include multiple “pizza stations” strategically placed at the start and along the race route where a delicious slice of Papa John’s pizza will be waiting for you. Pizza Relay teams consist of five team members, each must run or walk approximately 1/2 mile while carrying a pizza box and consume a slice of pizza at each assigned station.

First place finishers in the male and female divisions that complete the 4K course, consuming a slice of pizza at each stop, will win Papa John’s Pizza for a year. The first team to finish will win pizza for a year and each winning team member will win two free large pizzas.

Come dressed in your “Pizza-best” for your chance to win Pizza for a Year!

Fee: $20 (individual) or $10 (relay team member)
Course # 7408

Taylor’s Pirate Fishing FUN!

Aye! Taylor, the Hanover Parks and Recreation mascot, has his pirate costume on and is ready for some Pirate Fishing FUN! Kids will also have the opportunity to make a craft project and get a pirate tattoo in the “Children’s Cove”. Taylor is bringing his large inflatable pirate ship for you to play in, just in case the fish aren’t biting.

No fishing license needed. Bait and rods will be available on a first come, first served basis so if you are able, please bring your own.

Event is proudly supported by:
Special recycling event on April 20

Hanover County residents can bring household hazardous waste for free recycling and personal information or documents to be shredded to the Mechanicsville trash and recycling center at 7427 Verdi Lane on Saturday, April 20, between 10 a.m. and 2 p.m.

For liquids, aerosols and solids classified as household hazardous wastes, there will be no charge but a 5-gallon limit. No batteries, tube fluorescent light bulbs, explosives or radioactive materials will be accepted.

Up to four boxes (10” by 12” by 18”) of documents will also be accepted for shredding.

No businesses will be permitted. No out-of-county materials will be accepted.

E-waste recycling event on April 27

Hanover County will host an e-waste collection event at the Verdi Lane center on April 27.

Flat screen monitors will cost $6 per unit to recycle and flat screen televisions will cost $14 per unit. CRT (old convex style) monitors or televisions will not be accepted.

All hard drives will be shredded and the other equipment will be destroyed and recycled. They will not be resold.

Printers under 25 pounds will cost $2 per unit to recycle and those over 25 pounds will cost $5 per unit.

You will be able to pay with checks or cash. Credit cards will not be accepted.

All other electrical items (anything with a plug except appliances that contain Freon) including microwaves will be accepted without charge. All items with plugs will be shredded and recycled.

Hanover’s Sounds Festival

featuring
the Richmond Symphony under the Big Tent

What a wonderful way to spend time with family on Mother’s Day weekend!

This free music festival will also feature activities for the entire family to include an instrument petting zoo, craft activities for kids, artisan and craft vendors (to find that perfect gift) and delicious mobile food vendors.

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