



IX.

Agenda Item

County of Hanover

Board Meeting: June 10, 2015

Subject: Appropriation – Community Services Board - \$68,425 and Approval of New Position (Clinician)

Summary of Agenda Item: The Pamunkey Regional Jail (PRJ) has agreed to enter into a partnership with the Hanover Community Services Board to expand mental health services in the jail. PRJ will fully fund the salary and benefits for a full-time clinician. This staff will be a CSB employee, with all administrative and supervisory oversight as well as back-up support, as necessary, provided by the CSB. The staff will be located at PRJ and will serve inmates who are identified as in need of crisis intervention, counseling and support. The clinician will assist with assessment of risk and discharge planning back into the community, both of which have been identified as critical needs by PRJ leadership.

The funding is provided for the period is July 1, 2015 to June 30, 2016. This board action addresses the first year of funding; ongoing funding will be included in the annual budget process.

This request has been developed in conjunction with the Pamunkey Regional Jail and the Hanover Finance Department; both concur with the requested action.

County Administrator's Recommended Board Motion: Approve the appropriation of \$68,425 to the Community Services Board and approval of new clinician position.

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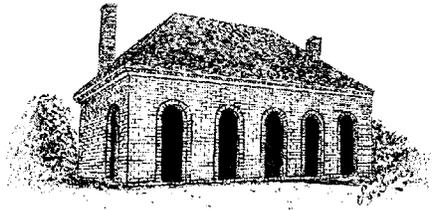
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HANOVER COURTHOUSE

HANOVER COUNTY

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COMMUNITY SERVICES BOARD

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MEMORANDUM

TO: Cecil R. Harris Jr., County Administrator

FROM: Ivy T. Sager, Executive Director
Hanover Community Services Board

CC: James Willett, Superintendent
Pamunkey Regional Jail

Members, Hanover Community Services Board

DATE: June 2, 2015

RE: June 10, 2015 Board of Supervisors Agenda Item –
Appropriation – Community Services Board (CSB) - \$68,425 and Approval of New Position

The following is offered as additional information related to the upcoming Board of Supervisors agenda item referenced above:

For the past several years, officials at the Pamunkey Regional Jail have been concerned about the rise in mental health treatment needs in the facility. From 2010 to 2014, there has been a 27.66% increase in psychotropic medications prescribed by physicians in the jail (734 to 947). During that same period there was a 97.24% increase in psychiatric referrals for further treatment (435 to 858). In addition, the number of incarcerated individuals making verbal threats of suicide, either to loved ones prior to incarceration, the arresting officer, or jail staff which resulted in an increased level of observation rose from 41 in 2010 to 159 in 2014, a 287.8% increase.

The jail has long recognized that an overlap exists between persons making statements of self-harm and other mental health needs, and that the incarcerated members of our community would benefit from a full-time mental health clinician to provide services and suicide watch follow-up care. The addition of a full-time mental health clinician represents an expansion to the services already in place at the jail. Currently, a CSB clinician dedicates 20 hours of services in the jail each week and a CSB psychiatrist is available, on site, to the jail population 8 hours a month. In addition, the CSB crisis team responds to mental health emergencies in the jail 24 hours a day, 7 days a week to determine appropriateness for

psychiatric hospitalization. Lastly, any inmate that is an open client with the CSB at the time of incarceration receives ongoing support through the CSB case manager, service coordination with the jail, and discharge planning.

In February 2014, the jail issued a job posting for a full-time mental health clinician to develop and operate a mental health follow-up care program at the facility, but after numerous months of searching, failed to find a suitable candidate.

A report issued early last year by the Virginia State Inspector General (VSIG) concluded that close collaboration between a local or regional jail and CSB is an integral component for success in providing inmate services which span disciplines between criminal justice and mental health/substance abuse services. The VSIG report recommended CSBs and local jails should develop written and joint agreements among affected CSBs when individuals with treatment needs are in regional jails. In addition, consideration should be given to the creation of pods in local and regional jails to serve to expand active treatment for individuals with substance abuse or mental illness needs.

In addition, an executive summary commissioned by the Hanover County Sheriff's Office in late 2013 recommended that the jail formalize their already excellent relationship with the Hanover CSB by taking elements of existing programs, tailoring them to the unique needs of our community and implementing them at PRJ, with an emphasis on aftercare, utilizing a program which Hanover CSB staff would develop, monitor, and implement at PRJ.

Through a series of meetings and communication last year between the jail and CSB, the CSB put together an informal proposal on how the CSB might be able to facilitate this service, or to provide something comparable. In response, the CSB offered the following:

- The position would be a CSB position (funded by PRJ) so that: the CSB can hire and supervise; assist the person with licensure; the pay scale is consistent with other CSB clinicians; and the CSB can respond to issues consistent with county and CSB policy.
- CSB staff would provide backup coverage in the event of vacancy or long-term leave.
- Individual and/or group mental health therapy would be provided to inmates, which would be a companion to, not a duplication of, services provided by other jail partners. As well, the clinician would be responsible for aftercare planning, ensuring that inmates are offered resource information and connection to community-based services in preparation for discharge.
- Evaluation of inmates who present with suicidal and homicidal ideation, including completion of prescreening as appropriate and coordination of hospitalization or safety response.
- Consultation with and referrals to Psychiatric Doctor/CSB designated clinician who is currently in the jail half time for inmate medication evaluation.
- Addressing and evaluating inmate suicide watches in a timely manner, including taking inmates off of suicide watch and providing follow-up care as needed to inmates.
- Providing education and training to PRJ staff regarding mental health issues, assessment, and intervention. This may include CIT, MH First Aid, or Recognizing and Responding to Suicide Risk.

As the program develops, the CSB and PRJ will continue to work collaboratively to provide an enhanced continuum of care for inmates who are in the facility and when they are returning to the community. The jail feels that such an arrangement would well serve the inmate population now and well into the future.

COUNTY OF HANOVER, VIRGINIA
Budget Supplement Detail

Department: Community Services Board (CSB)

General Fund

Expenditures:

 Additions to Expenditures

 Community Services Board (CSB)

 Personnel

67,825

 Operating (telecommunications)

600

 Total additions to expenditures

\$ 68,425

Net change to expenditures:

\$ 68,425

Revenues:

 Additions to Revenues

 Charges for Services

68,425

 Total additions to revenues

\$ 68,425

Net change to revenues:

\$ 68,425

Net change to fund

\$ 68,425